



northern *State* university

**Bachelor of Science in Education in Physical Education
Plan of Study**

First Year Fall	
Course	Credit
IDL 190, Freshman Seminar	2
PE 180, Foundations of HPER	2
SPCM 101, Fundamentals of Speech	3
ENGL 101, Composition I	3
EDFN 102, Introduction to Education	3
WEL 100/L, Wellness for Life	2
	15

First Year Spring	
Course	Credit
MUS 100, Music Appreciation*	3
ENGL 201, Composition II	3
MATH 102/L, College Algebra*	3-4
SPED 100, Introduction to Persons w/ Exceptionalities	3
SOC 100, Introduction to Sociology*	3
	15-16

Second Year Fall	
Course	Credit
HIST 122, Western Civilization II*	3
PSYC 101, General Psychology*	3
BIOL 211/L, Environmental Biology*	3
PE 250/L, Human Anatomy and Physiology	4
PE 203, Professional Preparation: Team	1
PE 208, Professional Preparation: Camping	1
	15

Second Year Spring	
Course	Credit
BIOL 101/L, Survey of Biology I*	3
EPSY 302, Educational Psychology	3
PE 200, Professional Preparation: Fitness	1
PE 202, Professional Preparation: Individual and Dual Activities	2
PE 334, Behavioral and Social Science Issues in PE	2
PE 350, Exercise Physiology	3
	14

Third Year Fall	
Course	Credit
HLTH 103, Personal Health	2
PE 352, Adapted Physical Education	3
EPSY 428, Child and Adolescent Development	3
PE 360, K-8 Physical Education Methods	2
PE 400, Exercise Test and Prescription	3
PE 451, Tests and Measurements	2
	15

Third Year Spring	
Course	Credit
PE 341, Curriculum Development and Evaluation	3
PE 440, Organization and Administration of HPER/A	3
EDFN 440, Classroom Management	3
EDFN 338, Foundations of American Education	2
PE 452, Motor Learning and Development	3
PE 454, Biomechanics	3
	17

Fourth Year Fall	
Course	Credit
PE 480, 7-12 Methods of Teaching PE	3
ELRN 385, Educational Technology and Distance Teaching	3
SEED 496, Field Experience	1
INED 411, South Dakota Indian Studies	3
SEED 400, Curriculum and Instruction in Middle and Secondary Schools	3
SEED 450, Reading and Content Literacy	2
	15

Fourth Year Spring	
Course	Credit
EDER 415, Educational Assessment	2
EDFN 442, Meeting the Diverse Needs of Students and Their Families	2
SEED 488, 7-12 Student Teaching	4
ELED 488, K-8 Student Teaching	4
EDFN 475, Human Relations	3
	15

Suggested Minors: Health

Suggested Endorsements: Coaching

*Fulfills a General Education Requirement. Other course options may be available. **Fulfills a major requirement. Other course options may be available. ***Fulfills a general elective. Other course options may be available. This plan of study is not an official document. Depending on placement scores, developmental courses may be required. Course rotations may change. Please visit with a professional advisor at least once a semester to review appropriate course choices and plan updates.