

NSU Academic Assessment Annual Report



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| Academic Unit/Department | Psychology and Counseling |
| Academic Program | Counselor Education – Clinical Mental Health |
| Date Range | 08/2019 – 07/2020 |
| Completed By | Dr. Karyl Meister |

Submit this report to the NSU Office of Institutional Research & Assessment via the email address nsuassessment@northern.edu. Also attach to this email a current copy of the assessment plan for the program. The assessment plan should include the rubrics used to assess each learning outcome and a curriculum map showing which required courses focus on and assess each learning outcome.

Learning Objective 1

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| Objective description | To describe the foundations of the clinical mental health counseling profession. |
| Method of assessment | Midterm and Final Exam in CGPS 769; Counselor Preparation Comprehensive Exam (CPCE). |
| Goal for assessment results | Students will successfully pass the Midterm and Final exams in CGPS 769 with at least a “B” average. Students will successfully complete the CPCE by scoring within one standard deviation below the mean overall. |
| Data and/or evidence | Eleven students took and passed both the Midterm and Final Exam in CGPS 769 in the Fall of 2019. The mean score for the midterm was 96.72% with the lowest score being 83.33%. The mean score for the final exam was 90.44% with the lowest score being an 83.33%. Thirteen students took the CPCE in the Spring 2020. Of those 13 students, one failed the overall score and had to remediate by taking the CPCE or National Counseling Exam (NCE) and passing that. The student chose to take the NCE exam and passed that in July 2020. The mean score of the CPCE on the first exam attempt for NSU students was 84.70. The overall score on the CPCE for all programs using the CPCE as an exit exam was 84.39 with a standard deviation of 13.51, making our mean 0.31 points above the mean. |
| Goal met? | Partially met |

Learning Objective 2

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| Objective description | To demonstrate self-awareness and sensitivity to others, seeking supervision when appropriate. |
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| Method of assessment | Dispositions twice per semester for each student in the program. Counseling Skills Acquisition Form in CGPS 795 & 794 (twice per class); Practicum/Internship Student Evaluation of Self; Cultural Immersion Experience in CGPS 762; Project Implicit reflection in CGPS 762. |
| Goal for assessment results | Students obtain at least an average of a 2 on all dispositions prior to graduation. Students average at least a 4 on all skills on the Counseling Skills Acquisition Form in CGPS 795. Students will score an average of at least a 6 on all skills on the Counseling Skills Acquisition Form in CGPS 794. Students average at least a 3 on the Practicum/Internship Student Evaluation of Self at both Midterm and Final for CGPS 795. Students average at least a 3 on the Internship Student Evaluation of Self at Midterm and at least a 4 at Final. Students will complete the Cultural Immersion experience with at least a “B” on the assignment. Students will receive at least a “B” on the Project Implicit results reflection portion of their Cultural Autobiography. |
| Data and/or evidence | Students in the 2019-2020 academic year had a mean disposition score of 2.82 across all domains at the Midterm evaluation for Fall 2019. Students in the 2019-2020 Fall semester had a mean 2.89 disposition score across all domains for the Final evaluation. A new disposition form was started in Spring 2020. Students in the 2019-2020 Spring semester had a mean disposition score of 4.31 for the Midterm evaluation. Students in the 2019-2020 Spring semester had a mean disposition score of 4.33 for the Final evaluation. Practicum/Internship students in the Fall had mean disposition scores of 4.00 from their site supervisors at Midterm. They had a mean of 6.00 at Final. From their university supervisors, they had a mean of 5.00 at Midterm and 6.00 at Final. In the Spring, Internship students had a mean of 6.00 at Midterm from their site supervisors and 6.00 at the Final. From their university supervisors, students had a mean score of 5.00 at Midterm and a score of 6.00 at Final. Students in CGPS 795: Practicum and CGPS 794 Internship scored a mean of 4.00 on the Student Evaluation of Self at the Midterm in Fall 2019. Students in CGPS 795: Practicum and CGPS 794: Internship scored an average of 4.18 on their Final Student Evaluation of Self in the Fall of 2018. Students in CGPS 794: Internship scored an average of 3.00 on the Midterm Student Evaluation of Self in the Spring of 2020. Students in CGPS 794: Internship scored an average of 4.13 on the Final Student Evaluation of Self in the Spring. 100% of students in Multicultural class completing the Project Implicit assignment had a mean of 100% on the assignment. One student did not complete the course and retook the course in Summer 2020, obtaining 100% on the Project Implicit assignment. |

Goal met?

Met

Learning Objective 3

Objective description

Method of assessment

To implement culturally appropriate counseling practice.

Dispositions twice per semester, Counseling Skills Acquisition

Form in CGPS 795 & 794 (twice per semester);

Practicum/Internship Student Evaluation of Self. Cultural

Immersion Experience in CGPS 762; Project Implicit reflection in

CGPS 765; Midterm and Final Exams in CGPS 762.

Goal for assessment results

Students obtain at least an average of a 2 on all dispositions prior

to graduation. Students obtain at least an average of a 2 on all

dispositions prior to graduation. Students average at least a 4 on

all skills on the Counseling Skills Acquisition Form in CGPS

795. Students will score an average of at least a 6 on all skills on

the Counseling Skills Acquisition Form in CGPS 794. Students

average at least a 3 on the Practicum/Internship Student

Evaluation of Self at both Midterm and Final for CGPS 795.

Students average at least a 3 on the Internship Student Evaluation

of Self at Midterm and at least a 4 at Final; Students receive at

least an 80% on the Midterm and Final exams in CGPS 762.

Data and/or evidence

Students in the 2019-2020 academic year had a mean disposition

score of 2.82 across all domains at the Midterm evaluation for

Fall 2019. Students in the 2019-2020 Fall semester had a mean

2.89 disposition score across all domains for the Final evaluation.

A new disposition form was started in Spring 2020. Students in

the 2019-2020 Spring semester had a mean disposition score of

4.31 for the Midterm evaluation. Students in the 2019-2020

Spring semester had a mean disposition score of 4.33 for the Final

evaluation. Practicum/Internship students in the Fall had mean

disposition scores of 4.00 from their site supervisors at Midterm.

They had a mean of 6.00 at Final. From their university

supervisors, they had a mean of 5.00 at Midterm and 6.00 at

Final. In the Spring, Internship students had a mean of 6.00 at

Midterm from their site supervisors and 6.00 at the Final. From

their university supervisors, students had a mean score of 5.00 at

Midterm and a score of 6.00 at Final. Students in CGPS 795:

Practicum and CGPS 794 Internship scored a mean of 4.00 on the

Student Evaluation of Self at the Midterm in Fall 2019. Students

in CGPS 795: Practicum and CGPS 794: Internship scored an

average of 4.18 on their Final Student Evaluation of Self in the

Fall of 2018. Students in CGPS 794: Internship scored an

average of 3.00 on the Midterm Student Evaluation of Self in the

Spring of 2020. Students in CGPS 794: Internship scored an

average of 4.13 on the Final Student Evaluation of Self in the

Spring. 100% of students in Multicultural class completing the

Project Implicit assignment had a mean of 100% on the

assignment. One student did not complete the course and retook the course in Summer 2020, obtaining 100% on the Project Implicit assignment. Students average 100% on the midterm exam in CGPS 762 in the fall 2019 course and 98.67% during the summer course. On the final exam, students averaged 99% during the fall semester and 99.5% during the summer course. For the cultural immersion assignment, students averaged a 95.5% with one person scoring a 75%. This assignment was not offered during the summer course due to COVID-19 and social distancing requirements.

Goal met?

Met

Learning Objective 4

Objective description

Method of assessment

To adhere to professional standards and codes of ethical conduct. Dispositions twice per semester for all students; Counseling Skills Acquisition Form in CGPS 795 & 794 (twice per class); Practicum/Internship Student Evaluation of Self.; Midterm and Final Exams in CGPS 769.

Goal for assessment results

Students obtain at least an average of a 2 on all dispositions prior to graduation. Students average at least a 6 on all skills on the Counseling Skills Acquisition Form in CGPS 795 & CGPS 794; Students average at least a 3 on the Practicum/Internship Student Evaluation of Self; Students obtain at least an 80% on the Midterm and Final exams in CGPS 769.

Data and/or evidence

Students in the 2019-2020 academic year had a mean disposition score of 2.82 across all domains at the Midterm evaluation for Fall 2019. Students in the 2019-2020 Fall semester had a mean 2.89 disposition score across all domains for the Final evaluation. A new disposition form was started in Spring 2020. Students in the 2019-2020 Spring semester had a mean disposition score of 4.31 for the Midterm evaluation. Students in the 2019-2020 Spring semester had a mean disposition score of 4.33 for the Final evaluation. Practicum/Internship students in the Fall had mean disposition scores of 4.00 from their site supervisors at Midterm. They had a mean of 6.00 at Final. From their university supervisors, they had a mean of 5.00 at Midterm and 6.00 at Final. In the Spring, Internship students had a mean of 6.00 at Midterm from their site supervisors and 6.00 at the Final. From their university supervisors, students had a mean score of 5.00 at Midterm and a score of 6.00 at Final. Students in CGPS 795: Practicum and CGPS 794 Internship scored a mean of 4.00 on the Student Evaluation of Self at the Midterm in Fall 2019. Students in CGPS 795: Practicum and CGPS 794: Internship scored an average of 4.18 on their Final Student Evaluation of Self in the Fall of 2018. Students in CGPS 794: Internship scored an average of 3.00 on the Midterm Student Evaluation of Self in the

Goal met?

Spring of 2020. Students in CGPS 794: Internship scored an average of 4.13 on the Final Student Evaluation of Self in the Spring. Students scored a mean of 87.15% on the Midterm exam in CGPS 769, with one student scoring 80%. Students scored a mean of 81.4% on the Final exam in CGPS 769 with 2 students scoring 75%.
Met

Learning Objective 5

Objective description
Method of assessment

To articulate a theoretically-based philosophy of counseling. Theory of Change paper in CGPS 795. In CGPS 761, students write three reflection papers: Theory integration into counseling paper, Reflection of “theory sorter” results, and Theory in practice reflection.

Goal for assessment results

Students will receive a “satisfactory” grade on the Theory of Change paper in CGPS 795. Students will attain at least a “B” on the three reflection papers in CGPS 761.

Data and/or evidence

All students obtained a satisfactory grade on their Theory of Change paper in CGPS 795. Students received a mean score of 100% on their first reflection paper in CGPS 761, a mean of 100% on the second reflection paper, and a mean of 100% on their third reflection paper.

Goal met?

Met

Learning Objective 6

Objective description
Method of assessment

To demonstrate effective and therapeutic use of research relevant to the practice of clinical mental health counseling.

Method of assessment

Research article reviews in CGPS 736, 739, 754, 762, and 769; Successful completion of EDER 761.

Goal for assessment results

Students will receive at least a “B” on all research article reviews in all courses assigning reviews. Students will receive at least a “B” on their annotated bibliography in CGPS 774. Students will complete EDER 761 with at least a “C.”

Data and/or evidence

Students in CGPS 736 had a mean of 100% on their research article reviews. Students in CGPS 754 had a mean of 98% on their research article reviews. Students in CGPS 762 had a mean of 100% on their research article reviews. Students in CGPS 768 had a mean of 98.55% on their research article reviews. Students in CGPS 769 had a mean of 97.57% on their research article reviews. Students will pass EDER 761 with a “C” or better. All counseling students passed EDER 761 with a “C” or better.

Goal met?

Met

Learning Objective 7

Objective description

To demonstrate knowledge of various approaches to clinical evaluation and to select appropriate assessment interventions.

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| Method of assessment | Students will write two clinical evaluation papers (Inventory Reports) in CGPS 736; Midterm and Final Exam in CGPS 736. |
| Goal for assessment results | Students will score at least an 80% on each of the clinical evaluation papers. Students will score an average of 80% on the Midterm and Final exams in CGPS 736. |
| Data and/or evidence | Students in CGPS 736 passed their first Inventory report with a mean score of 90.91% with one student not completing the assignment and having a grade of zero on the assignment. Students in CGPS 736 passed their second Inventory report with a mean score of 90.57% with one student scoring a 75% on the report. Students scored a mean of 97% on the midterm in CGPS 736 with the lowest score being 92%. Students scored a mean of 97.73% on the final in CGPS 736 with the lowest score being an 94%. |
| Goal met? | Met |

Learning Objective 8

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| Objective description | To demonstrate appropriate knowledge of the principles of the diagnostic process and use of diagnostic tools. |
| Method of assessment | Students will write two clinical evaluation papers (Inventory Reports) in CGPS 736; Passing grade of 80% or better in CGPS 737. Students will write one Diagnostic Assessment Report and one Case Study with grades of 80% or better on each. |
| Goal for assessment results | Students will pass both their Inventory report papers in CGPS 736 with at least an 80%. Students will successfully pass CGPS 737 and all written tasks in the course, with at least an 80% average in the course. Students will pass the Diagnostic Assessment Report Assignment in CGPS 737 with a grade of 80% or better |
| Data and/or evidence | Students in CGPS 736 passed their first Inventory report with a mean score of 90.91% with one student not completing the assignment and having a grade of zero on the assignment. Students in CGPS 736 passed their second Inventory report with a mean score of 90.57% with one student scoring a 75% on the report. Students in CGPS 737 had a mean score of 90% overall and the lowest grade overall was 85% on their Diagnostic Assessment. Students had a mean score of 100% on their Case Study reports. |
| Goal met? | Met |

Summary of strengths and/or areas for improvement

Overall, the goals of the program were met. Students passed all required courses with a “B” or better average. Students did very well on the assignments in the courses, averaging 90% + on all assignments and tests. The only goal that was partially met was knowing the foundations of the clinical mental health field, as assessed by the CPCE exam. Students largely passed the CPCE on the first exam (12/13 students). He passed the NCE exam as a substitution for the

CPCE in July 2020. Enrollment in the CMH Counseling Program is slightly increased from last year. Significant efforts continue to increase enrollment in the CMH program.

Action Plans

Action Item 1

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| Description | The Foundations of Clinical Mental Health is lacking as evidenced by the scores on the CPCE. |
| Goal | CMH students will pass the CPCE on their first attempt with a score higher than one standard deviation below the national mean. |
| Timeline | March 2021 |
| Individual(s) responsible | Students, Dr. Karyl Meister, Dr. Shuhui, Dr. Shalini Mathew |
| Resources needed | Study time, study resources, availability of faculty to answer questions |

Action Item 2

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| Description | Increase enrollment in the CMH program. |
| Goal | Enrollment in the CMH program will increase by seven students. |
| Timeline | August 2021 |
| Individual(s) responsible | Dr. Karyl Meister, Dr. Shalini Mathew, Dr. Shuhui, Darla Scarlett, Justin Fraase, Erin Fouberg |
| Resources needed | Increased marketing of the Counseling program as a whole with special attention given to the forensic counseling specialization. Information sessions directed to the community as a whole, NSU undergraduate students, and good reviews from previous students. Re-working the program to enable a 3+2 program within CACREP guidelines, and streamlining the undergraduate Psychology program to better funnel students into the graduate program. |

Supervisor Response