# NSU Academic Assessment Annual Report

Academic Program Counselor Education – School Counseling

Date Range 08/2019 – 07/2020 Completed By Dr. Shalini Mathew

Submit this report to the NSU Office of Institutional Research & Assessment via the email address nsuassessment@northern.edu. Also attach to this email a current copy of the assessment plan for the program. The assessment plan should include the rubrics used to assess each learning outcome and a curriculum map showing which required courses focus on and assess each learning outcome.

Learning Objective 1

Objective description To describe the foundations of the school counseling and

educational system.

Method of assessment Informational interviews, Shadowing reflection paper, Midterm

and Final Exams in CGPS 754; ASCA School Counseling

Program assignment in CGPS 774.

Goal for assessment results Students will score at least 80% on the informational interviews,

shadowing reflection paper, Midterm and Final exams in CGPS 754. Students will score at least an 80% on the ASCA School

Counseling Program assignment in CGPS 774.

Data and/or evidence There was only one student in the school counseling program.

Student scored 98% on the Informational Interview in CGPS 754. Student scored 98% on the Shadowing Reflection Paper in CGPS 754. Student had 95% on the Midterm in CGPS 754 and 80% on the Final in CGPS 754. Student scored 98.75% on the ASCA

School Counseling Program assignment in CGPS 774.

Goal met? Met

Learning Objective 2

Objective description To demonstrate self-awareness and sensitivity to others, seeking

supervision when appropriate.

Method of assessment Dispositions in CGPS 765, CGPS 768, CGPS 769, CGPS 795,

CGPS 794; Counseling Skills Acquisition Form in CGPS 795 & 794 (twice per class); Practicum/Internship Student Evaluation of Self; Cultural Immersion Experience in CGPS 765; Project

Implicit reflection in CGPS 765.

Goal for assessment results Students obtain at least an average of a 2 on all dispositions prior

to graduation. Students average at least a 4 on all skills on the Counseling Skills Acquisition Form in CGPS 795. Students will score an average of at least a 6 on all skills on the Counseling Skills Acquisition Form in CGPS 794. Students average at least a

Data and/or evidence

3 on the Practicum/Internship Student Evaluation of Self at both Midterm and Final for CGPS 795. Students average at least a 3 on the Internship Student Evaluation of Self at Midterm and at least a 4 at Final. Students will complete the Cultural Immersion experience with at least a "B" on the assignment. Students will receive at least a "B" on the Project Implicit results reflection portion of their Cultural Autobiography.

The school counseling students in the 2019-2020 academic year had a disposition score of 4.38 across all domains at the Midterm and Final evaluation for Fall 2019 and Spring 2020.

Practicum/Internship students in the Fall had mean disposition scores of 5.37 from their site supervisors at Midterm. They had a mean of 5.85 at Final. From their university supervisors, they had a mean of 5.33 at Midterm and 5.75 at Final. In the Spring, Internship students had a mean of 6.57 at Midterm from their site supervisors and 6.98 at the Final. From their university supervisors, students had a mean score of 5.81 at Midterm and a score of 6.57 at Final. Students in CGPS 795: Practicum and CGPS 794 Internship scored a mean of 3.45 on the Student Evaluation of Self at the Midterm in Fall 2019. Students in CGPS 795: Practicum and CGPS 794: Internship scored an average of 4 on their Final Student Evaluation of Self in the Fall of 2019. Students in CGPS 794: Internship scored an average of 3.72 on the Midterm Student Evaluation of Self in the Spring of 2020. Students in CGPS 794: Internship scored an average of 4.30 on the Final Student Evaluation of Self in the Spring. The one school counseling student who took CGPS 762: Multicultural Counseling in the 2019-2020 school year received a A on the Cultural Immersion experience and the Project Implicit results reflection portion of the Cultural Autobiography.

Goal met?

#### Learning Objective 3

Objective description Method of assessment Met

Goal for assessment results

To implement culturally appropriate counseling practice. Dispositions in CGPS 765, CGPS 768, CGPS 769, CGPS 795, CGPS 794; Counseling Skills Acquisition Form in CGPS 795 & 794 (twice per class); Practicum/Internship Student Evaluation of Self. Cultural Immersion Experience in CGPS 765; Project Implicit reflection in CGPS 765.

Students obtain at least an average of a 2 on all dispositions prior to graduation. Students average at least a 4 on all skills on the Counseling Skills Acquisition Form in CGPS 795. Students will score an average of at least a 6 on all skills on the Counseling Skills Acquisition Form in CGPS 794. Students average at least a 3 on the Practicum/Internship Student Evaluation of Self at both Midterm and Final for CGPS 795. Students average at least a 3

Data and/or evidence

on the Internship Student Evaluation of Self at Midterm and at least a 4 at Final; Students receive at least an 80% on the Midterm and Final exams in CGPS 762.

Students in the 2018-2019 academic year had a mean disposition score of 2.52 across all domains at the Midterm evaluation for Fall 2018. Students in the 2018-2019 Fall semester had a mean 3.00 disposition score across all domains for the Final evaluation. Students in the 2018-2019 Spring semester had a mean disposition score of 2.92 for the Midterm evaluation. Students in the 2018-2019 Spring semester had a mean disposition score of 3.00 for the Final evaluation. Practicum/Internship students in the Fall had mean disposition scores of 5.00 from their site supervisors at Midterm. They had a mean of 5.00 at Final. From their university supervisors, they had a mean of 4.00 at Midterm and 5.00 at Final. In the Spring, Internship students had a mean of 6.00 at Midterm from their site supervisors and 6.00 at the Final. From their university supervisors, students had a mean score of 5.00 at Midterm and a score of 6.00 at Final. Students in CGPS 795: Practicum and CGPS 794 Internship scored a mean of 3.84 on the Student Evaluation of Self at the Midterm in Fall 2019. Students in CGPS 795: Practicum and CGPS 794: Internship scored an average of 3.61 on their Final Student Evaluation of Self in the Fall of 2018. Students in CGPS 794: Internship scored an average of 3.72 on the Midterm Student Evaluation of Self in the Spring of 2019. Students in CGPS 794: Internship scored an average of 4.00 on the Final Student Evaluation of Self in the Spring. No School Counseling students took CGPS 762: Multicultural Counseling in the 2018-2019 school year. Met

Goal met?

#### Learning Objective 4

Objective description
Method of assessment

Goal for assessment results

To adhere to professional standards and codes of ethical conduct. Dispositions in CGPS 765, CGPS 768, CGPS 769, CGPS 795, CGPS 794; Counseling Skills Acquisition Form in CGPS 795 & 794 (twice per class); Practicum/Internship Student Evaluation of Self.; Midterm and Final Exams in CGPS 769. Students obtain at least an average of a 2 on all dispositions prior

Students obtain at least an average of a 2 on all dispositions prior to graduation. Students average at least a 4 on all skills on the Counseling Skills Acquisition Form in CGPS 795. Students will score an average of at least a 6 on all skills on the Counseling Skills Acquisition Form in CGPS 794. Students average at least a 3 on the Practicum/Internship Student Evaluation of Self at both Midterm and Final for CGPS 795. Students average at least a 3 on the Internship Student Evaluation of Self at Midterm and at

Data and/or evidence

least a 4 at Final; Students obtain at least an 80% on the Midterm and Final exams in CGPS 769.

Students in the 2018-2019 academic year had a mean disposition score of 2.52 across all domains at the Midterm evaluation for Fall 2018. Students in the 2018-2019 Fall semester had a mean 3.00 disposition score across all domains for the Final evaluation. Students in the 2018-2019 Spring semester had a mean disposition score of 2.92 for the Midterm evaluation. Students in the 2018-2019 Spring semester had a mean disposition score of 3.00 for the Final evaluation. Practicum/Internship students in the Fall had mean disposition scores of 5.00 from their site supervisors at Midterm. They had a mean of 5.00 at Final. From their university supervisors, they had a mean of 4.00 at Midterm and 5.00 at Final. In the Spring, Internship students had a mean of 6.00 at Midterm from their site supervisors and 6.00 at the Final. From their university supervisors, students had a mean score of 5.00 at Midterm and a score of 6.00 at Final. Students in CGPS 795: Practicum and CGPS 794 Internship scored a mean of 3.84 on the Student Evaluation of Self at the Midterm in Fall 2019. Students in CGPS 795: Practicum and CGPS 794: Internship scored an average of 3.61 on their Final Student Evaluation of Self in the Fall of 2018. Students in CGPS 794: Internship scored an average of 3.72 on the Midterm Student Evaluation of Self in the Spring of 2019. Students in CGPS 794: Internship scored an average of 4.00 on the Final Student Evaluation of Self in the Spring. Students scored a mean of 92.18% on the Midterm exam in CGPS 769. Students scored a mean of 93.09% on the Final exam in CGPS 769. Met

Goal met?

## Learning Objective 5

Objective description
Method of assessment

Goal for assessment results

Data and/or evidence

Goal met?

To articulate a theoretically-based philosophy of counseling. Theory of Change paper in CGPS 795. In CGPS 761, students write three reflection papers: Theory integration into counseling paper, Reflection of "theory sorter" results, and Theory in practice reflection.

Students will receive a "satisfactory" grade on the Theory of Change paper in CGPS 795. Students will attain at least a "B" on the three reflection papers in CGPS 761.

All students obtained a satisfactory grade on their Theory of Change paper in CGPS 795. Students received a mean score of 98.6% on their first reflection paper in CGPS 761, a mean of 100% on the second reflection paper, and a mean of 100% on their third reflection paper.

Met

Learning Objective 6

Objective description

Method of assessment

Goal for assessment results

Data and/or evidence

Goal met?

Learning Objective 7

Objective description

Met

Method of assessment

Goal for assessment results

Data and/or evidence

To demonstrate effective and therapeutic use of research relevant to the practice of school counseling.

Research article reviews in CGPS 736, 739, 752, 754, 762, 765, 768, and 769; Advocacy Activity using research in CGPS 774; Successful completion of EDER 761.

Students will receive at least a "B" on all research article reviews in all courses assigning reviews. Students will receive at least a "B" on their Advocacy Activity in CGPS 774. Students will complete EDER 761 with at least a "C."

Students in CGPS 736 had a mean of 83.71% on their research article reviews. Students in CGPS 752 had a mean of 86.57% on their research article reviews. Students in CGPS 754 had a mean of 97% on their research article reviews. Students in CGPS 762 had a mean of 87.5% on their research article reviews. Students in CGPS 765 had a mean of 91% on their research article reviews. Students in CGPS 768 had a mean of 98.55% on their research article reviews. Students in CGPS 769 had a mean of 89.09% on their research article reviews. Students in CGPS 774 had a mean of 80% on their annotated bibliography. Students will pass EDER 761 with a "C" or better. All counseling students passed EDER 761 with a "C" or better. Only one student got a "C" and the rest obtained an "A" in the course.

To demonstrate knowledge of various needs assessments and to select appropriate assessment strategies to evaluate academic, career, and personal/social development.

Successful completion of CGPS 736 and CGPS 742; Completion of two clinical evaluation papers in CGPS 736, Midterm and Final exams in CGPS 736 and final exam in CGPS 742.

Students will complete CGPS 736 and CGPS 742 with at least a "C" in the course. Students will score at least an 80% on each of the Inventory Report papers in GPS 736. Students will score an average of 80% on the Midterm and Final exams in CGPS 736. Students will score at least an 80% on the Midterm and Final exams in CGPS 742. Students will score at least an 80% on the Assessment inventory in CGPS 742.

Students in CGPS 736 passed the course with a mean of 94.86% with the lowest score being 84.57%. Students in CGPS 742 had a mean score of 94.29% with the lowest score being a 77.20%. Students in CGPS 736 passed their first Inventory report with a mean score of 96% with no one scoring lower than 85%. Students in CGPS 736 passed their second Inventory report with a mean score of 90.57% with one student scoring a 75% on the

report. Students scored a mean of 94.54% on the Midterm in CGPS 736 with the lowest score being 88%. Students scored a mean of 92.29% on the Final in CGPS 736 with the lowest score being an 83%. Students scored a mean of 91.38% on the Final exam in CGPS 742. The lowest score was a 78%.

Goal met?

Learning Objective 8

Objective description To implement appropriate pedagogical strategies, including

differentiated instruction, to promote student achievement.

Method of assessment Lesson plan and classroom management practices in CGPS 774;

Classroom lesson presentation in CGPS 774; Classroom lesson

presentation in CGPS 754.

Goal for assessment results Students will score at least 80% on the Lesson plan and

Classroom management practices assignment in CGPS 774. Students will score at least an 80% on the Classroom lesson presentation in CGPS 774. Students will score at least an 80% on

the Classroom lesson presentation in CGPS 752.

Data and/or evidence Students had a mean of 100% on their Lesson Plan and

Classroom Management assignment. Students had a mean of

100% on the Classroom Lesson Presentation.

Goal met?

Met

Met

Learning Objective 9

Objective description To show knowledge of, and ability to work with, school and

community resources to promote academic, career, and

personal/social development.

Method of assessment Self-Development paper in CGPS 742. Career Center Visit paper

in CGPS 742. Informational Interviews in CGPS 754; Shadowing

Reflections in CGPS 754;

Goal for assessment results Students will score at least an 80% on the Informational Interview

assignment in CGPS 754. Students will score at least an 80% on

the Shadowing Reflection assignment in CGPS 754.

Data and/or evidence Students had a mean of 94.69% on their Self-Development paper

in CGPS 742 with no student scoring less than 85% (one person did not submit the assignment and had a zero for the assignment). Students had a mean of 97.84% on their Career Center Visit paper

in CGPS 742. No one scored lower than a 96% on the assignment. Students had a mean of 99.25% on their

Informational Interviews in CGPS 754 with no one scoring lower than a 97%. Students had a mean of 100% on their Shadowing

Reflection paper in CGPS 754.

Goal met? Met

#### Learning Objective 10

Objective description To assist in the development, implementation, and evaluation of a

school counseling program.

Section of an ASCA School Counseling Plan in CGPS 774 Method of assessment Goal for assessment results

Students will score at least an 80% on the ASCA Section of a

School Counseling Plan assignment in CGPS 774.

Data and/or evidence Students had a mean of 100% on their ASCA Section of a School

Counseling Plan assignment in CGPS 774.

Goal met? Met

## Summary of strengths and/or areas for improvement

The school counseling program has a strong base and students do well in that area. Unfortunately, it is the smaller of the two programs on campus, with only 5 students currently. Four of them will graduate in May 2020. The overall school-counseling arena is shrinking nation-wide. The biggest area for improvement is increasing enrollment.

#### **Action Plans**

Action Item 1

Description The Psychology and Counseling Program will increase its web

presence on the School of Education website.

Goal Increase awareness of the school counseling program.

**Timeline** January 2020

Dr. Karyl Meister, Dr. Shalini Mathew, Dr. Jessica Danielson, Individual(s)

responsible Darla Scarlett, Justin Fraase

Resources needed Updated information on the SOE website concerning the

> School Counseling program, including listing that we have a degree in school counseling on the SOE website, increased

marketing of the Counseling program as a whole.

Action Item 2

Description Increase enrollment in the School Counseling program. Goal

The school counseling program will increase by seven

students.

Timeline August 2020

Individual(s) Dr. Karyl Meister, Dr. Shalini Mathew, Dr. Jessica Danielson

responsible

Resources needed Time to attend other universities and other classrooms at NSU

> to address what our program and what students can do with a counseling degree. Email to connect to other universities. Money for travel to get to other universities/colleges if

necessary.

# Supervisor Response