



NORTHERN

Northern State University
Drug-Free Schools and Campuses
Regulations Biennial Review

Academic years 2018-2020

JUNE 1, 2021

Northern State University Prevention Services supports the health and well-being of the NSU campus community by helping students to make low-risk decisions and drive change toward a safe and healthy campus community. Prevention Services delivers evidence-based inclusive programming, services, and initiatives that empower students to make positive choices. Evidence-based programming is used to raise awareness and change environmental factors that can contribute to high-risk decisions. The Insight Program offers a range of services designed to help students evaluate their risk regarding alcohol and substance abuse through an evidence-based approach. NSU Prevention Services is accredited by the Department of Social Services and hosts the NSU Campus Community Coalition, serving the Aberdeen community.

The Northern State University Biennial Review is produced every two years and coordinated by Prevention Services and Student Affairs.

Special thanks to:

Erin Olson

Heather Aldentaler

Sean Blackburn

Angela Senger

Dr. Chelsee Shortt

McKenzie Hassebroek

Jordan Mouna

Susan Bostian

Marty Sabolo

BACKGROUND:

The 1989 amendments to the Drug-Free Schools and Communities Act (DFSCA), as articulated in the Education Department General Administrative Regulations (EDGAR) Part 86,1 —the Drug-Free Schools and Campuses Regulations require institutions of higher education to conduct a biennial review of their alcohol and other drugs programs and policies to determine program effectiveness and consistency of policy enforcement and to identify and implement any changes needed to either. The required review has two objectives:

1. To determine the effectiveness of, and to implement any needed changes to NSU's Drug and Alcohol Abuse Prevention Program.
2. To ensure that NSU enforces the disciplinary sanctions for violating standards of conduct consistently.

NSU will perform a review every two years utilizing the Complying with the Drug-Free Schools and Campuses Regulations [EDGAR Part 86]: A Guide for University and College Administrators, Washington, D.C., 2006 published by the U.S. Department of Education, Office of Safe and Drug-Free Schools, Higher Education Center for Alcohol and Other Drug Abuse and Violence Prevention. Each report will review the Drug and Alcohol Abuse Prevention Program's effectiveness for the previous two academic years. This current document will report 2018-2020.

Completing the 2018-2019 Biennial Review is Key Result 76 of the *Student Affairs Strategic Action Plan (2021-2025)*.

RESPONSIBLE OFFICES AND OFFICIALS FOR BIENNIAL REVIEW:

NSU's commitment to a drug and alcohol-free University is a campus wide effort. In conjunction with other offices and individuals across campus, the following offices and officials work together to produce the biennial review and submit to Northern's Senior Cabinet for approval:

- Erin Olson, Prevention Services Coordinator
- Heather Aldentaler, Director of Counseling and Health Services
- Sean Blackburn, Dean of Students
- Angela Senger, Aberdeen Police Department Officer
- Dr. Chelsee Shortt, Faculty Representative
- McKenzie Hassebroek, Student Representative
- Jordan Mouna, Avera Addiction Care Center, Community Representative
- Susan Bostian, AVP & Director of Human Resources
- Marty Sabolo, Director of Residence Life and Dining Services

NSU's biennial review is available to students, applicants, parents, employees and the general public. A copy will be posted on NSU's website, and can be obtained from the Office of Prevention Services, 605-626-2371.

NSU is a drug and alcohol-free campus. The University seeks to abide by all drug and alcohol related policies, regulations and laws, and to impose consistent disciplinary sanctions against those students and/or employees who violate said policies and laws consistent with local, State or Federal law. NSU will continue to strive for each individual offense to be handled fairly, consistently and in accordance with policies and regulations. Should a student feel that disciplinary action taken or not taken was unfair or inconsistent with any drug or alcohol use or abuse policy, he/she should

contact the Dean of Students. Should an employee feel that disciplinary action taken or not taken was unfair or inconsistent with any drug or alcohol use or abuse policy, he/she should contact the Director of Human Resources.

PROCEDURES FOR DISTRIBUTING ANNUAL AOD NOTIFICATION TO STUDENTS AND EMPLOYEES:

The NSU Student Handbook is electronically available to all NSU students. The NSU Student Handbook, developed by the Office of Student Affairs, includes helpful information about services, administrative policies, and procedures at NSU. It is the responsibility of every student to be aware of current policies. See Appendix A, Copies of the policies distributed to students.

The NSU's Employee Handbook is available electronically to all Northern employees and outlines expectations, services, and policies for employees at NSU. See Appendix B, Copies of policies distributed to employees. Employees are encouraged to consider using the Employee Assistance Program (EAP), see Appendix C, Employee Assistance Program.

NSU Student Drug and Alcohol Policy is published in the Annual Fire Safety and Security Report in compliance with the Jeanne Clery Disclosure of Campus Security and Policy and Crime Statistics Act. An electronic version of this report can be located on our website at <http://www.northern.edu/campus-life/campus-safety>.

NORTHERN ALCOHOL & OTHER DRUGS PROGRAM ELEMENTS:

- 1) Northern State University hosts the NSU Campus Community Coalition quarterly to review data and discuss programming and prevention efforts
 - a. NSU Campus Community Coalition is comprised of community and campus leaders, including law enforcement, students, and administrators.
 - b. Per Department of Social Services grant criteria, a Social Norms Survey assessing student wellness is administered to NSU students and externally evaluated by Mountain Plains Evaluation.
 - c. NSU Campus Community Coalition assess Social Norms data and uses SAMHSA (Substance Abuse and Mental Health Services Administration) approved programs and practices based on data and community climate.
- 2) Northern State University's Insight Program provides three levels of education to students in regards to drug and alcohol misuse:
 - a. Insight Level 0
 - i. Judicial Educator Alcohol Education 101: Choosing a Direction is designed to provide basic alcohol education information to students, though a review of topics related to safe consumption, characteristics of high-risk drinking, social norms and perceived consumption of others, long term effects, and strategies to help students determine if they are struggling with substance misuse.
 - b. Insight Level I
 - i. "Prime for Life" consists of eight hours of alcohol and marijuana education offered to both NSU Students and community members. This class gives students an opportunity to address the issue of alcohol and other drug usage,

genetic factors, and overall understanding of the impact of alcohol and drugs on the body.

c. Insight Level II

- i. Students or community members are able to complete Insight Level II, BASICS (Brief Alcohol Screening and Intervention for College Students). Individuals are required to meet with an NSU Counselor for a minimum of six sessions to review their weekly usage, concerns about their habits, and analyze how to make improvements based on the individual.
- 3) Prevention efforts are primarily led the NSU Counseling Center, Dean of Students, Residence Life, and Director of Student Rights & Responsibilities. AwareWolves, a student-led group promotes social norming of healthy decisions surrounding drug and alcohol usage, while providing alternative activities on campus.
 - a. NSU Counseling Center leads drug and alcohol education for Resident Assistant Training annually, covering alcohol poisoning, signs and symptoms, etc.
 - b. NSU Counseling Center and the Director of Student Rights & Responsibilities met with NSU International Program students to discuss laws and campus rules regarding alcohol usage.
 - c. The Office of Student Rights and Responsibilities manages the Student Code of Conduct program to further the mission of Northern State University and prevent underage and on-campus consumption of alcohol and other drugs. Utilizing a restorative process, SRR educates students to strive for excellence, cultivate personal and academic integrity, contribute to a larger community, take seriously the perspectives of others and develop competence in ethical and moral reasoning and action. See Appendix D. for data on alcohol and drug violations Academic years 2018-2020.
 - d. Human Resources manages employee violations of institutional drug and alcohol policies. See Appendix E. for 2018-2020 Northern State University employee offenses.

STATEMENT OF AOD PROGRAM GOALS:

- 1) Northern State University is proactive in addressing alcohol, drug, and other behaviors within the student population. NSU's overall goal is to create a safe learning environment for all students, both on and off campus. By utilizing prevention methods such as social norming of healthy behaviors, reductions can be made in high-risk behavior of students. By promoting social, recreational, and educational programming, students will become more aware of safe and healthy alternatives to alcohol or drugs.
- 2) Identifying and responding to issues that arise in conjunction to drugs and alcohol effectively and in accordance with the South Dakota Board of Regent Policies.
- 3) Decrease binge drinking, underage drinking, and drunk driving through increased education and data-driven prevention methods.
- 4) Increase activities available to students on campus as an alternative to alcohol or drug usage, as 34% of students identified in 2020 that they would participate in more alcohol-free activities if they were offered.
- 5) Complete a Social Norms Survey no less than biannually to analyze students' beliefs in regards to policies, procedures, drug and alcohol usage and mental health.
- 6) Uniformly distribute policies to students and staff, while effectively training the individuals responsible for the enforcement of campus policies to ensure consistency in enforcement efforts, see Appendix F & G.

- 7) Reduce the illegal availability of alcohol at campus and community events for youth with consistent enforcement.

SUMMARIES OF AOD PROGRAM STRENGTHS AND WEAKNESSES:

1) Strengths of AOD Program

- a. NSU Campus Community Coalition receives \$101,151 in state funding from the Department of Social Services for drug and alcohol prevention, helping to sustain programming.
- b. Funding has allowed multiple staff to be trained in Prime for Life, and three instructors are available to teach classes.
- c. NSU Insight Program offers classes as needed to support NSU Student Conduct and the 5th Judicial Circuit Court System.
- d. “Don’t Cancel That Class” was offered by the NSU Counseling Center in 2018-2019 as an option for faculty to allow for prevention programming in their classroom as an alternative to cancelling class.
- e. Strong relationship with Student Rights & Responsibilities in policy revisions as needed and positive working relationship with staff in Residence Life, and 86% of students surveyed stating that alcohol and drug policies are consistently enforced.

2) Weaknesses of AOD Program:

- a. High staff turnover and changes in administration have interrupted prevention efforts, data collection, and consistent distribution of AOD program information.
- b. Changes in prevention funding from Department of Social Services has influenced services and continuance planning.
- c. Supervisors may not be able to recognize signs of alcohol or drug usage. Additional education may be needed.

RECOMMENDATIONS FOR REVISING AOD PROGRAMS:

The Biennial Review Committee makes the following recommendations for revising and improving the NSU AOD Program:

- 1) The Dean of Student should ensure that the Biennial Review Committee meet no less than once per academic semester to continue reviewing program effectiveness and progress on recommendations.
- 2) The Dean of Students should notify all students, faculty, and staff via e-mail at the beginning of fall and spring semester on NSU’s Student Code of Conduct, Guide to Residence Life, and Security and Fire Safety Report to ensure better distribution of AOD Policies.
- 3) The Director of Human Resources should send out the “Safe Colleges” drug & alcohol training for staff and faculty each fall to include information about the Employee Assistance Program.
- 4) The Director of Human Resources should notify all faculty and staff of drug and alcohol related policies, health risks, and insurance benefits provided.
- 5) Consistent with Key Result 78 of the *Student Affairs Strategic Action Plan (2021-2025)*, create and implement a comprehensive and mandatory alcohol and drug education program for all new students (under 60 credit hours) to improve AOD program education.

- 6) Update NSU's Drug & Alcohol Policy to include NSU Insight Program changes and level descriptions.
- 7) NSU Prevention Services should reinstitute the "Don't Cancel That Class" program for faculty to increase drug and alcohol prevention programming in classrooms.
- 8) Northern should create a working group to evaluate and considered necessary policy changes and prevention efforts if marijuana is legalized in South Dakota in 2021, as data has shown that approximately 10% of students report some usage within 30 days.
- 9) The Biennial Review Committee should review annually those permits issued by NSU allowing alcohol on campus in order to reduce the illegal availability of alcohol at campus and community events for youth.
- 10) The Biennial Review Committee should review and provide feedback to Athletics on alcohol policies for The NSU Regional Sports Complex.
- 11) Update NSU Alcohol Policies to require all alcohol service on campus or in NSU controlled venues to be TIPS (Training for Intervention Procedures) trained, with the goal of providing consistent standards for students regarding the use of alcohol.
- 12) Explore additional funding streams for prevention efforts consistent with college student health challenges, such as understanding the health impacts of marijuana.
- 13) Consistent with Key Result 29 of the *Student Affairs Strategic Action Plan (2021-2025)*, continue to introduce and re-brand Prevention Services across campus and the Aberdeen community.
- 14) Prevention Services should utilize social media platforms to promote social norms, harm reduction messages, and track student engagement. Social norming should address perceptions of peers alcohol usage. 88% of students in 2020 believed that their peers drank 5 or more drinks per week, in comparison to only 35% of students actually consuming 5 or more drinks themselves.
- 15) Consistent with Key Result 37 of the *Student Affairs Strategic Action Plan (2021-2025)* develop and offer a Prime for Life evidence-based motivational prevention program for marijuana and present to the Campus and Community Coalition and courts.
- 16) Consistent with Key Result 36 of the *Student Affairs Strategic Action Plan (2021-2025)* Rebrand the Insight Program and present to the Campus and Community Coalition and courts.
- 17) Consistent with Key Result 35 of the *Student Affairs Strategic Action Plan (2021-2025)*, Prevention Services will create once a semester prescription give-back program with Aberdeen Police Department.
- 18) Consistent with Key Result 31 of the *Student Affairs Strategic Action Plan (2021-2025)*, work with partners to provide standard budget funding for the Prevention Services Coordinator (currently 100% grant funded) in order to maintain program strengths and continue to address AOD program weakness.
- 19) Consistent with Key Result 82 of the *Student Affairs Strategic Action Plan (2021-2025)*, create a sanctioning rubric for all Student Conduct educational sanctions to ensure greater consistency with alcohol and drug sanctioning and increase the 57% of students who believe NSU is concerned with high-risk alcohol use.

Appendix A.

NORTHERN STATE UNIVERSITY'S PHILOSOPHY AND POLICY CONCERNING ALCOHOL AND OTHER DRUGS

I. Statement of Philosophy

Northern State University, in keeping with its institutional commitment to provide a quality educational experience for its students, discourages high-risk behavior with regard to the use of alcohol and other drugs.

Northern State University prohibits the possession of alcohol on University property or at student-sponsored events. Furthermore, Northern State University cannot and will not tolerate the use, possession, manufacture, or distribution of illegal drugs on University property or as part of any University activities.

Northern State University recognizes explicitly that students are adults, which means they are expected to obey the law and take personal responsibility for their conduct.

Individuals make the choice to use – or not use – alcohol and other drugs, but group dynamics and group influences play a particularly important role in the university setting. Throughout the United States, both long-standing traditions and current attitudes create the potential for the abuse of alcohol and other drugs. Northern State University is therefore committed to supporting and encouraging the development of positive activities for all students.

The Alcohol and Other Drugs Policy of Northern State University is established to help ensure the health and safety of all members of the University community, and should be applied in such manner and spirit. It is not the intention of Northern State University to use this or any other policy to regulate the personal affairs of any individual or group of individuals.

II. Definition of Terms

A. Alcohol – In the context of this policy, the terms “alcohol” and “alcoholic beverage” are defined to be any consumed or consumable beverage that has alcohol content. This would include, but not be limited to, all forms of beer, wine, wine coolers, and distilled beverages. Empty alcoholic beverage containers also constitute the presence of alcohol and will be treated as such.

B. Illegal Drug – in the context of this policy, the term “illegal drug” is defined to be any substance whose distribution is somehow controlled or restricted by federal or state law which is not obtained through the legal prescription of a licensed medical professional. This includes, but is not limited to, all drugs classified by the Drug Enforcement Agency as a Schedule I – V drug. It should be noted that alcohol is considered an illegal drug for those persons under the age of twenty-one (21).

III. State and Federal Laws

Northern State University holds its faculty, staff, and students responsible for the observance of state and federal laws with respect to the use of alcohol and other drugs.

A. State Alcohol Laws

Applicable South Dakota alcohol laws can be found in Title 35, Chapter 9 of the South Dakota Codified Laws. They include, but are not limited to, the following:

35-9-1. Furnishing of beverage to child as misdemeanor — Exceptions. It is a Class 1 misdemeanor to sell or give for use as a beverage any alcoholic beverage to any person under the age of eighteen (18) years unless: (1) It is done in the immediate presence of a parent or guardian or spouse, who is at least twenty-one (21) years of age, while not on the premises of an establishment licensed for the retail sale of alcoholic beverages pursuant to § 35-4-2 or at a

special event for which an alcoholic beverage license has been issued pursuant to § 35-4-11.4; or (2) It is done by prescription or direction of a duly licensed practitioner or nurse of the healing arts for medicinal purposes. special event for which an alcoholic beverage license has been issued pursuant to § 35-4-11.4; or (2) It is done by prescription or direction of a duly licensed practitioner or nurse of the healing arts for medicinal purposes.

35-9-1.1. Restrictions on alcohol to persons eighteen (18) years or older but under twenty-one (21). It is a Class 2 misdemeanor to sell or give for use as a beverage any alcoholic beverage to any person who is eighteen (18) years of age or older but less than twenty-one (21) years of age unless it is done in the immediate presence of a parent or guardian or spouse over twenty-one (21) years of age or by prescription or direction of a duly licensed practitioner or nurse of the healing arts for medicinal purposes.

35-9-2. Purchase, possession or consumption of beverage by minor is a misdemeanor — Misrepresentation of age. It is a Class 2 misdemeanor for any person under the age of twenty-one (21) years to purchase, attempt to purchase or possess or consume alcoholic beverages except when consumed in a religious ceremony and given to said person by an authorized person, or to misrepresent his age with the use of any document for the purpose of purchasing or attempting to purchase alcoholic beverages from any licensee licensed under this title.

B. State Drug Laws

Applicable South Dakota drug laws can be found in Title 34, Chapter 20B of the South Dakota Codified Laws.

IV. Policies, Procedures, and Sanctions

A. Student Alcohol Disciplinary Code

The Northern State University student disciplinary code prohibits the following:

1. The manufacture, sale, possession, and consumption of alcohol, marijuana or controlled substances by students on any property controlled by the Board of Regents and in connection with any student sponsored activity; except that alcohol may be served at social activities held in other locations subject to the restrictions set out in this article.
2. Possession of alcoholic beverage containers on campus.
3. Presence in any area on campus where alcoholic beverages are being consumed or alcoholic beverage containers are present.
4. Violation of federal, state or local law on institutional premises or at institutionally sponsored or supervised activities.

Furthermore, Northern State University also prohibits the following:

1. Alcoholic beverages at any student sponsored activity or event whether on or off campus.
2. The manufacture, possession, use or dispensing of marijuana or illegal controlled substances at organizational functions.
3. The expenditure of organizational funds on alcoholic beverages, marijuana or illegal controlled substances.
4. The informal collection from the members or residents of monies to be spent on alcoholic beverages, marijuana or illegal controlled substances.

Off-campus Activities

Policy

Any individual or group of individuals whose participation in an off-campus activity is in some manner being subsidized by Northern State University is expected to, at a minimum, act in accordance with any and all local, state, and county laws and ordinances during the duration of the event, including travel time. Failure to do so may result in disciplinary action being taken, which may include, but not be limited to, the placement of a Letter of Censure into the student's file and participation in Northern State University's Insight class.

Sanctions

Individuals violating any university policy, including those mentioned above, may be subject to sanctions as described in the South Dakota Board of Regents Student Code of Conduct 3:4.

All alcohol violations are reviewed on a case-by-case basis. Students who receive a first time violation may be required to participate in an alcohol educational program. Educational programming is designed to help students make better choices regarding personal health and safety, academic success, and campus policy implications.

In light of the changes in the Higher Education Amendments passed by Congress, Northern State University will contact a student's parents if he or she is under 21 years of age. Northern State University provides the Insight Program for alcohol and other drug related incidents.

Insight Level I - A class that may be required of all students on their first violation of the alcohol and other drug policy. Insight consists of an eight (8) hour class offered once a month. The class gives the student an opportunity to address the issue of alcohol and other drug use, its negative consequences and whether further assistance is needed. A student is required to follow any recommendations of the class facilitators which arise from the class session(s).

Insight Level II - Participation may be required upon the student's second violation of the alcohol and other drug policy. The purpose of Insight Level II is to help students make wiser choices and support them in following the laws and regulations concerning alcohol both on and off campus. A student is required to follow any recommendations of the program facilitators which arise from the program sessions. Exit from the program is determined by the facilitator(s).

Appendix B.

Employee Handbook 2.10 states:

Northern State University, in keeping with its institutional commitment to provide a quality experience for its students, discourages high-risk behavior with regard to the use of alcohol and other drugs.

Northern State University prohibits the possession of alcohol on University property or at student sponsored events. Furthermore, Northern State University cannot and will not tolerate the use, possession, manufacture, or distribution of illegal drugs on University property or as part of any University activities. The Alcohol and Drug Policy of Northern State University and the BOR Drug Free Workplace policy (Number 4:27) are established to help ensure the health and safety of all members of the University community, and should be applied in such a manner and spirit. It is not the intention of Northern State University to this or any other policy to regulate the personal affairs of an individual or groups of individuals.

Northern State University encourages any employee with alcohol and other drug problems or concerns with family members to seek professional help. For more assistance, please call EAP (Employee Assistance Program) at the hotline number (800) 713-6288.

Any employee suspected of drug or alcohol use during working hours may be subject to the Probable Cause process.

Appendix C.

According to the 2021 NSU Employee Handbook, 8.6:

This is a program designed for all employees and their immediate family members. The EAP is designed to provide a free, confidential, professional service to help employees resolve problems that affect their personal lives or job performance. Each employee and/or benefits eligible family member is allowed five consultations per calendar year per issue.

This service is confidential and no information will be given to Northern State University personnel unless you sign a written consent. For more assistance, please call EAP at the hotline number (800) 713-6288. You may also refer to the public folders in your NSU email account under NSU Human Resources.

Appendix D

Table 1

2018-2020 Northern State University Student Offenses

Academic Year	2018-2019	2019-2020
Referrals to Insight Program	44	76
Referrals to Insight Level 0	18	50
Referrals to Insight Level 1	22	25
Referrals to Insight Level 2	2	2
Total Alcohol and Drug Offences	45	85

Appendix E.

Table 2

2018-2020 Northern State University Employee Offenses

Academic Year	2018-2019	2019-2020
Referrals to EAP	2	0
Termination of Employment	1	0
Total	3	0

Northern State University Social Norms Survey

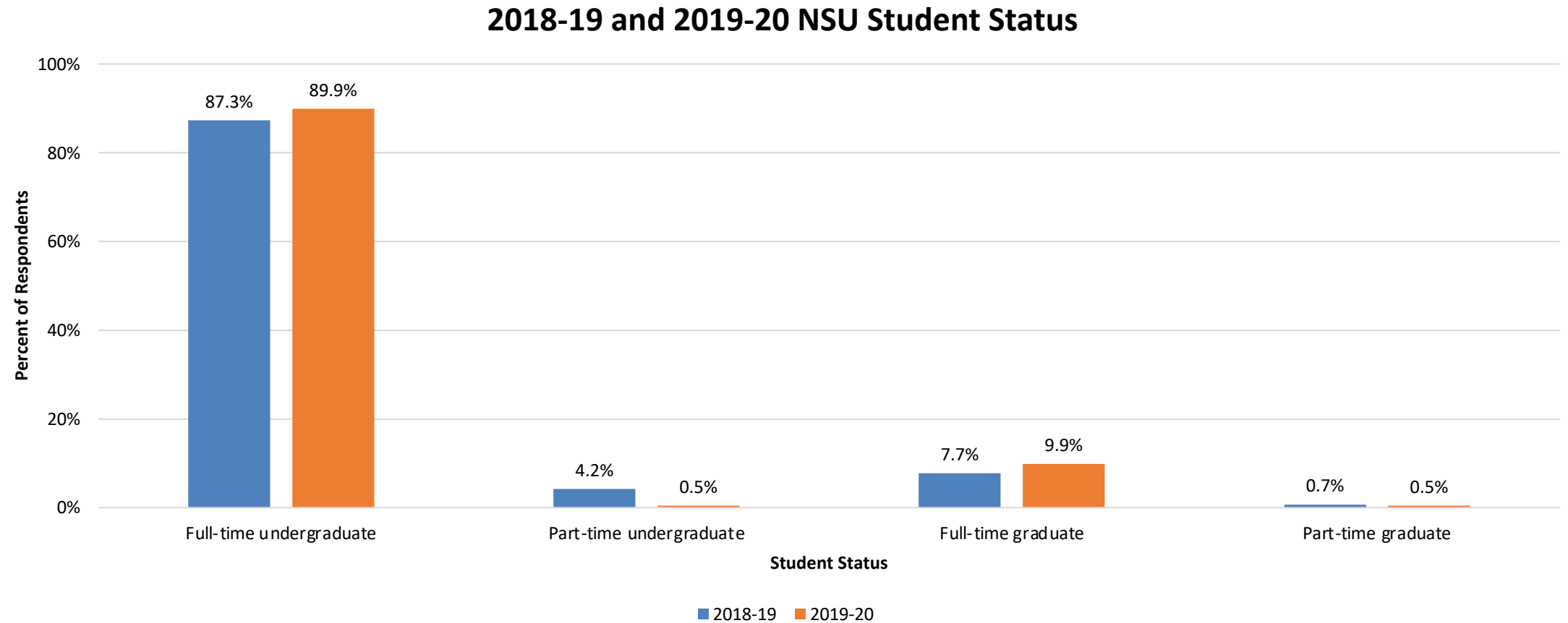
2019-2020

Survey Sample

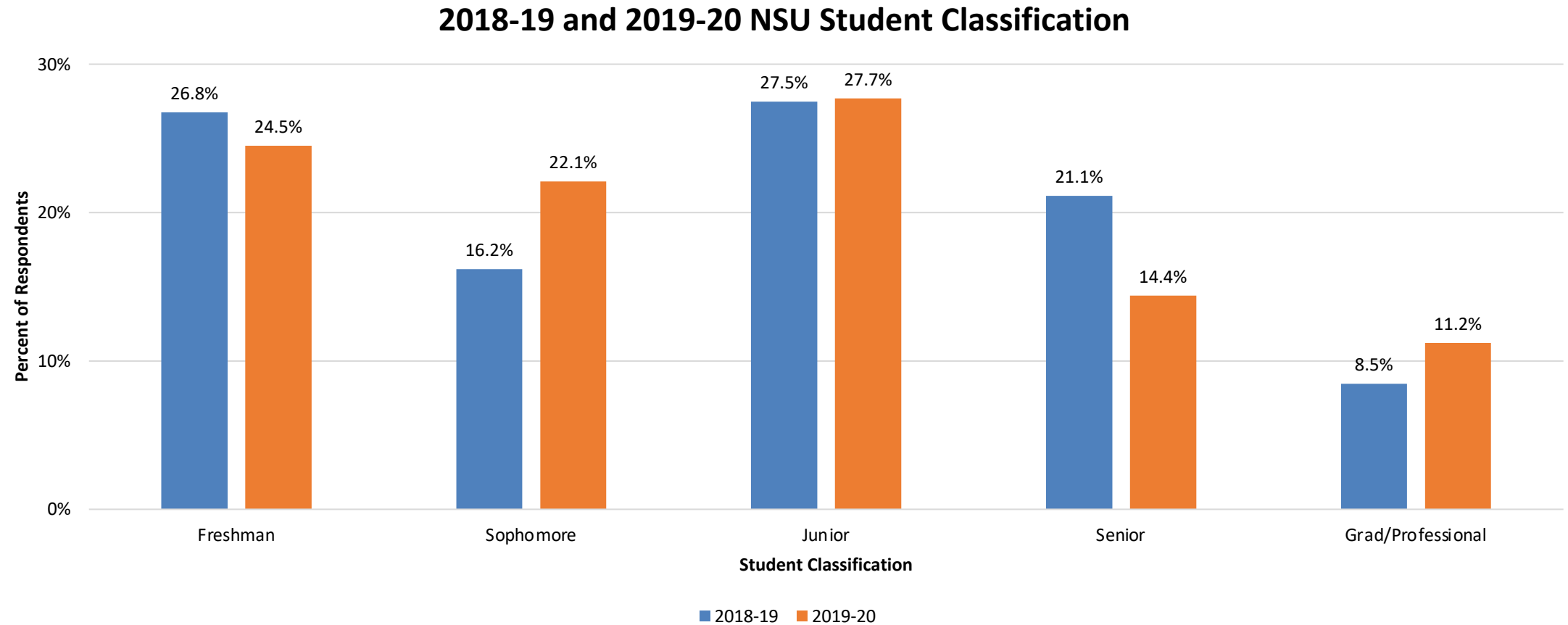
- 2020: Sample included 370 respondents
- 2020: Survey Method was an Online Survey Monkey

Student Respondent Characteristics

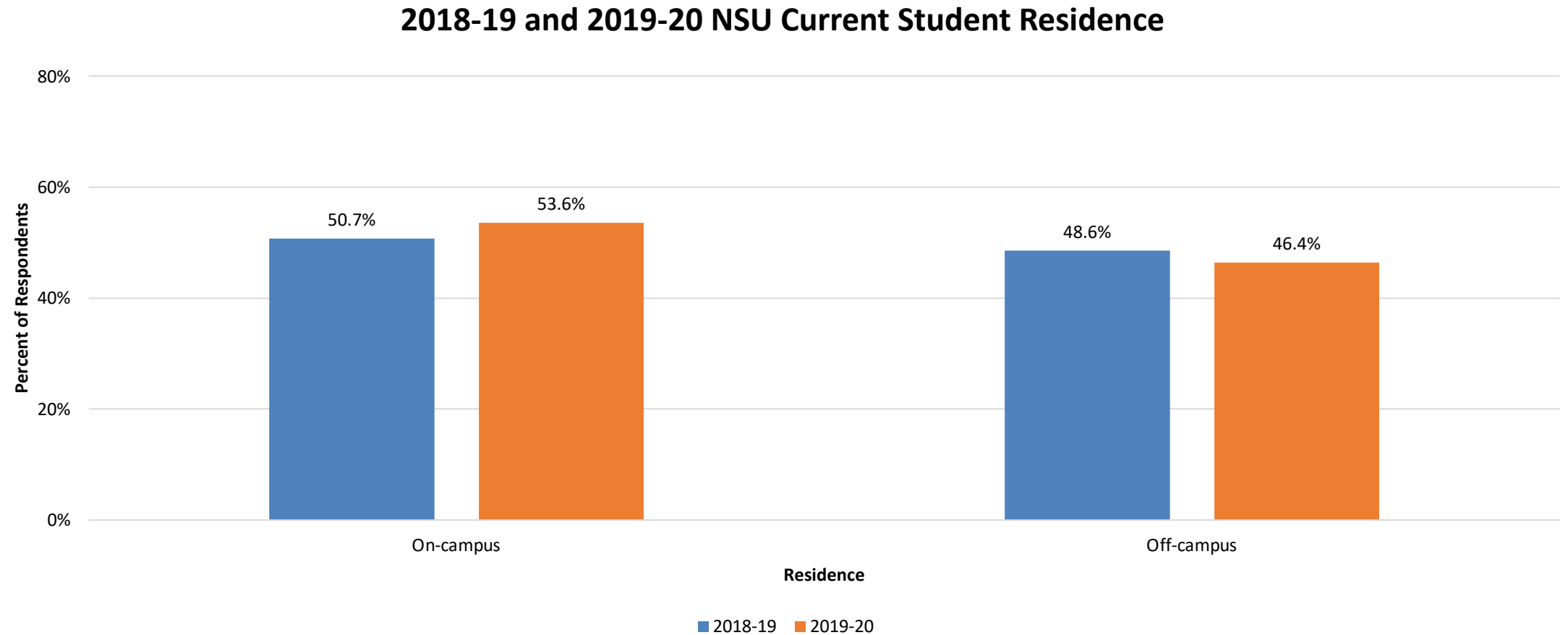
2018-19 and 2019-20: Student Status



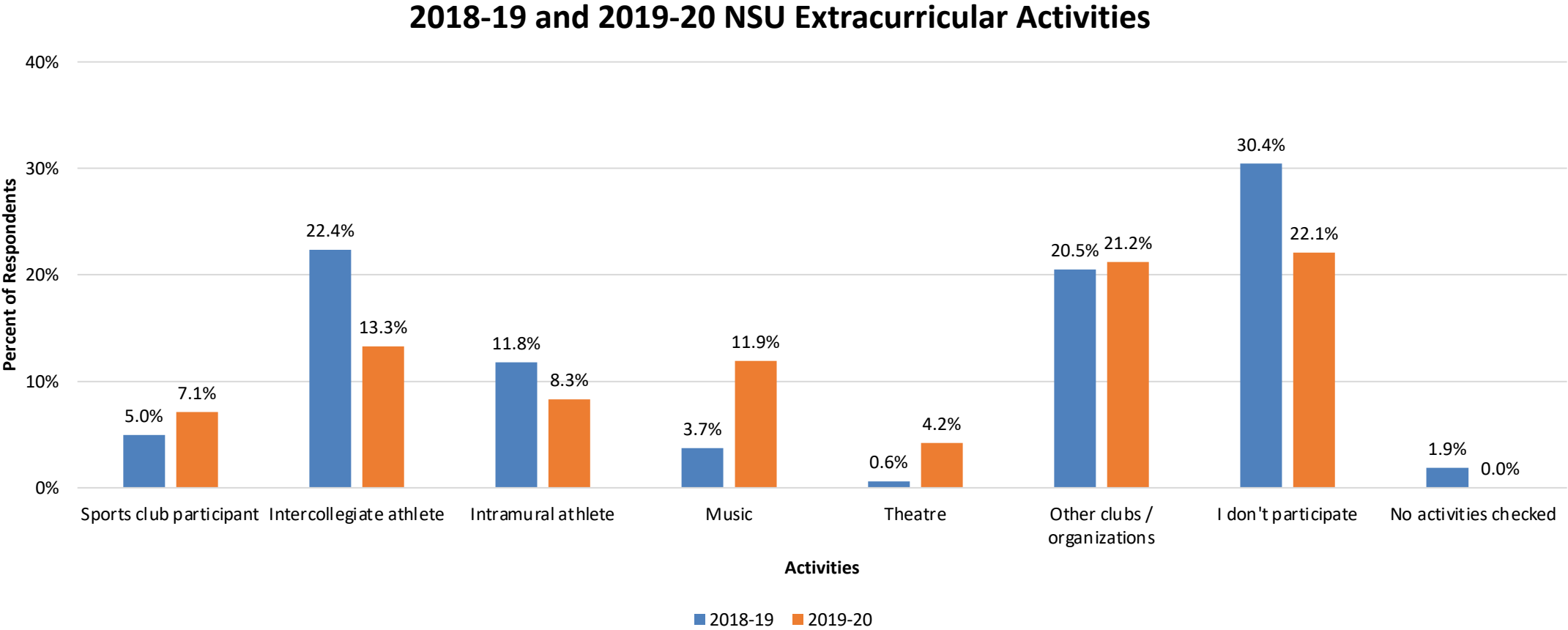
2018-19 and 2019-20: Student Classification



2018-19 and 2019-20: Residence



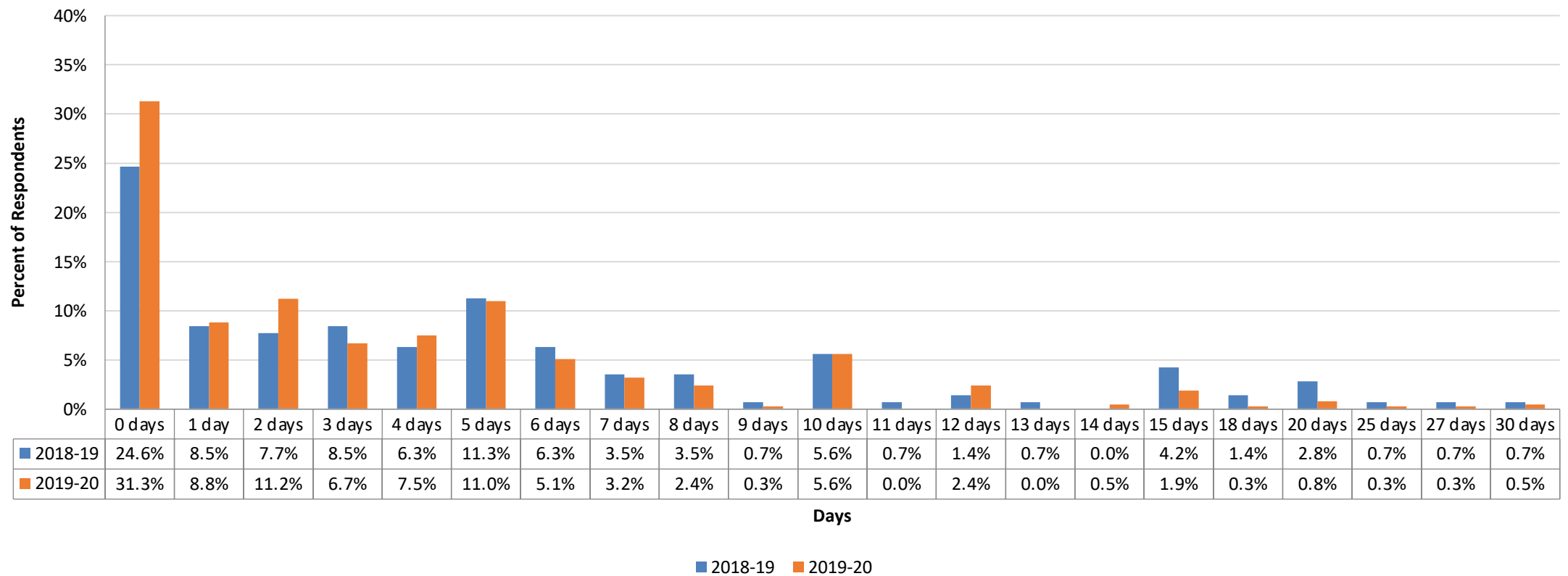
2018-19 and 2019-20: Extracurricular Activities



Alcohol Consumption

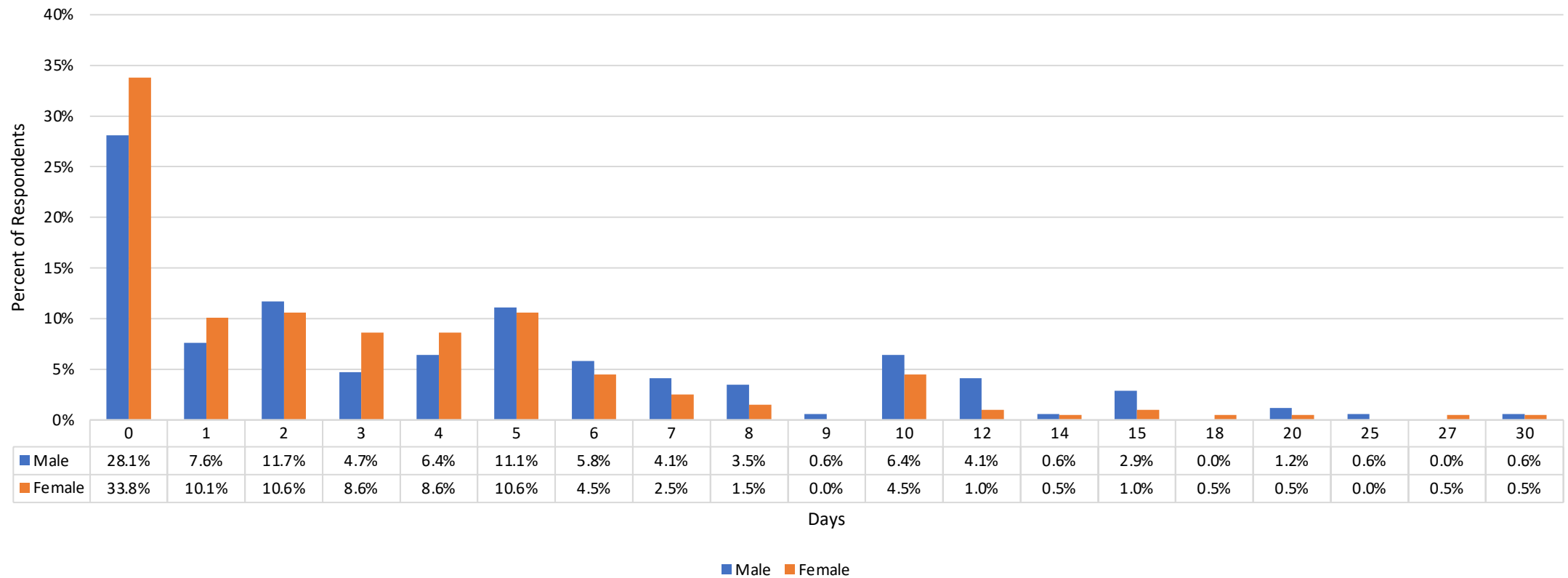
2018-19 and 2019-20: During the past 30 days, on how many days did you drink **one** or more drinks of an alcoholic beverage?

2018-19 and 2019-20 NSU 30 Day Alcohol Use



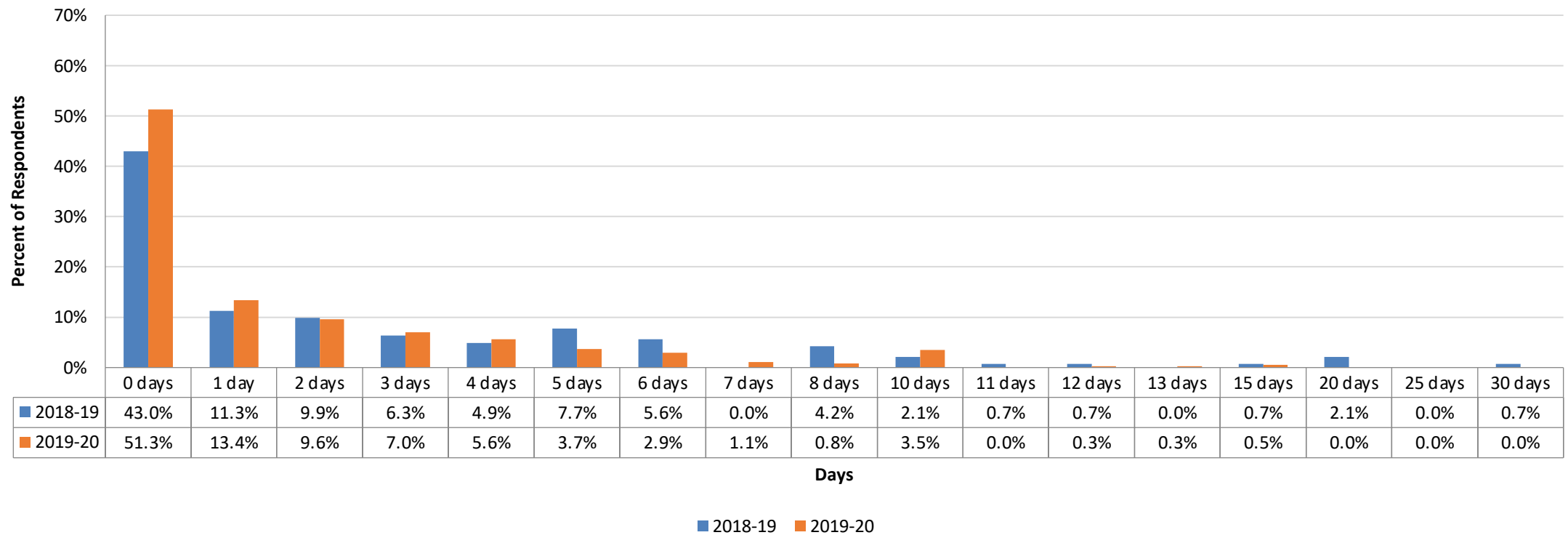
2020: During the past 30 days, on how many days did you drink **one** or more drinks of an alcoholic beverage?

2020 NSU 30 Day Alcohol Use by Gender



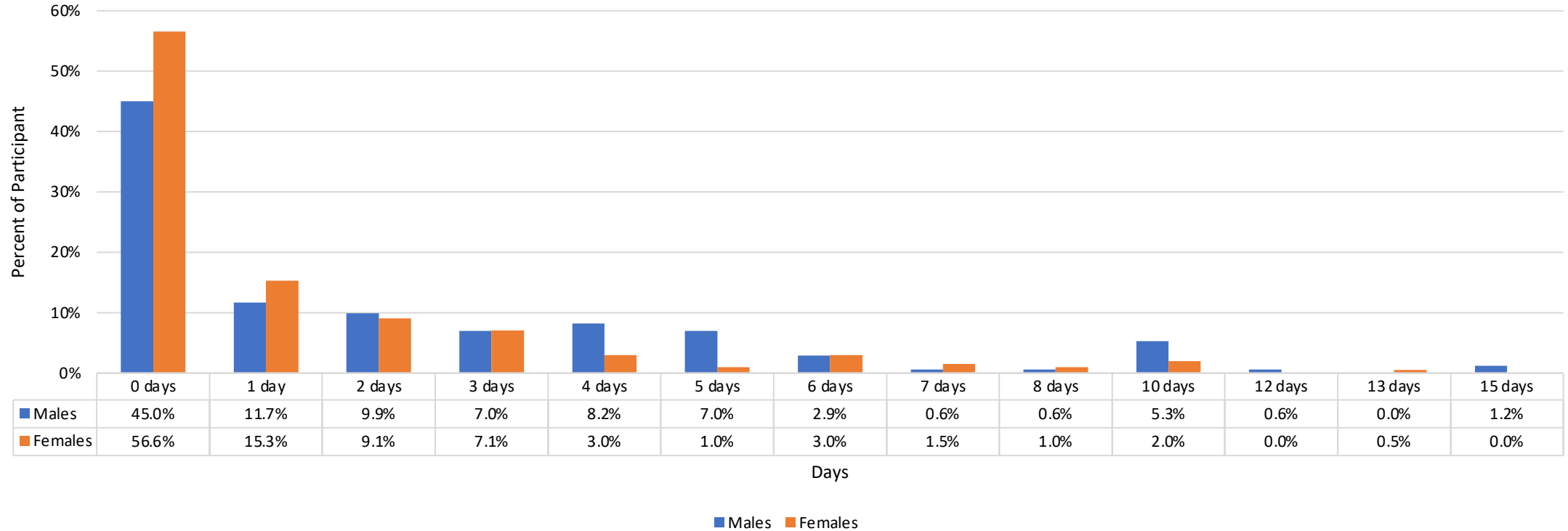
2018-19 and 2019-20: During the past 30 days, on how many days did you drink **five** or more drinks on the same occasion?

**2018-19 and 2019-20 NSU 30 Day Alcohol Use
(5 or more drinks)**

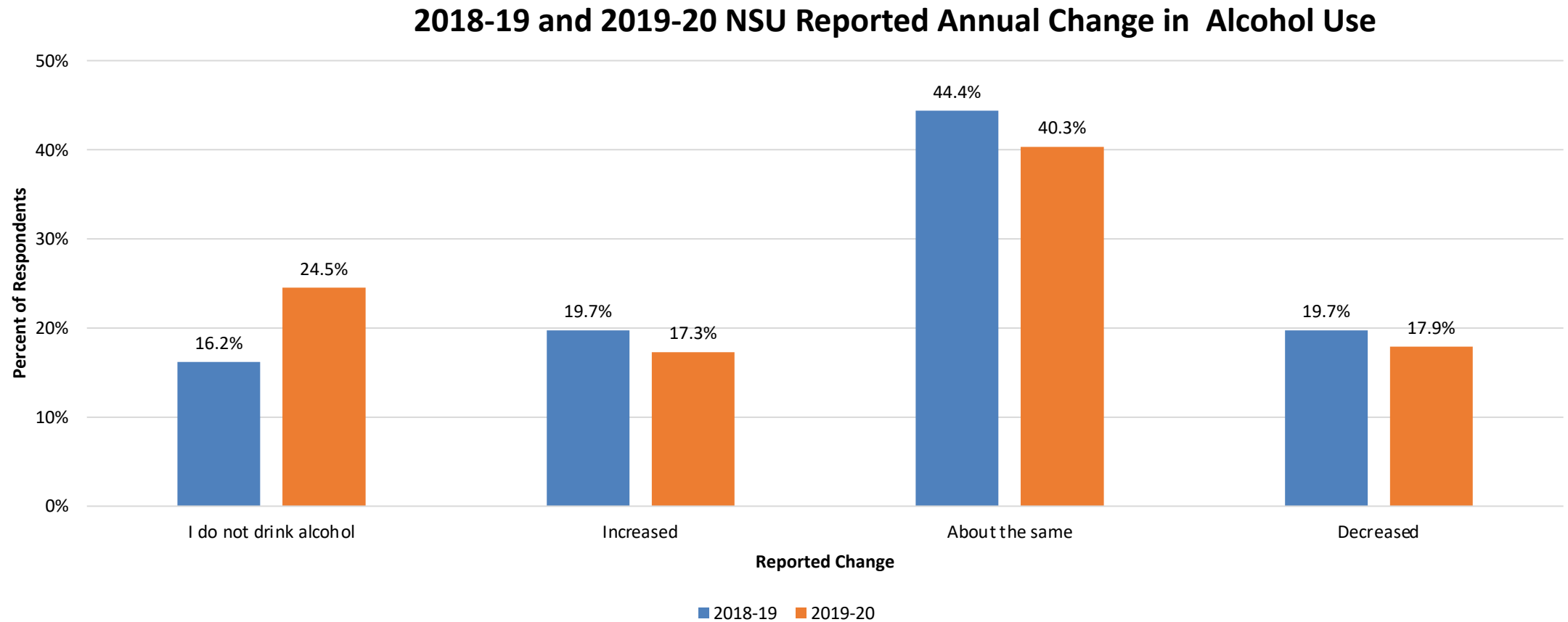


2020: During the past 30 days, on how many days did you drink **five** or more drinks on the same occasion?

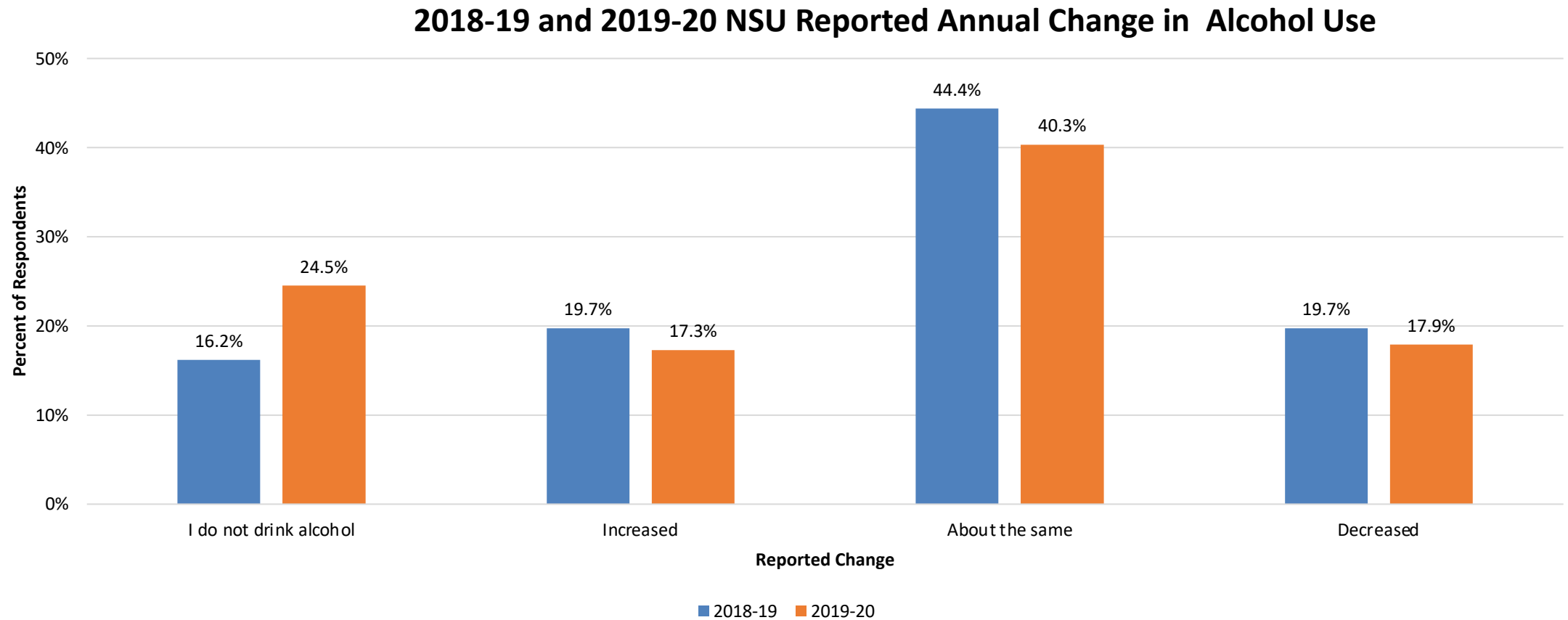
2020 NSU 30 Day Alcohol Use by Gender
(5 or more drinks)



2018-19 and 2019-20: To what extent has your alcohol use changed within the past 12 months?



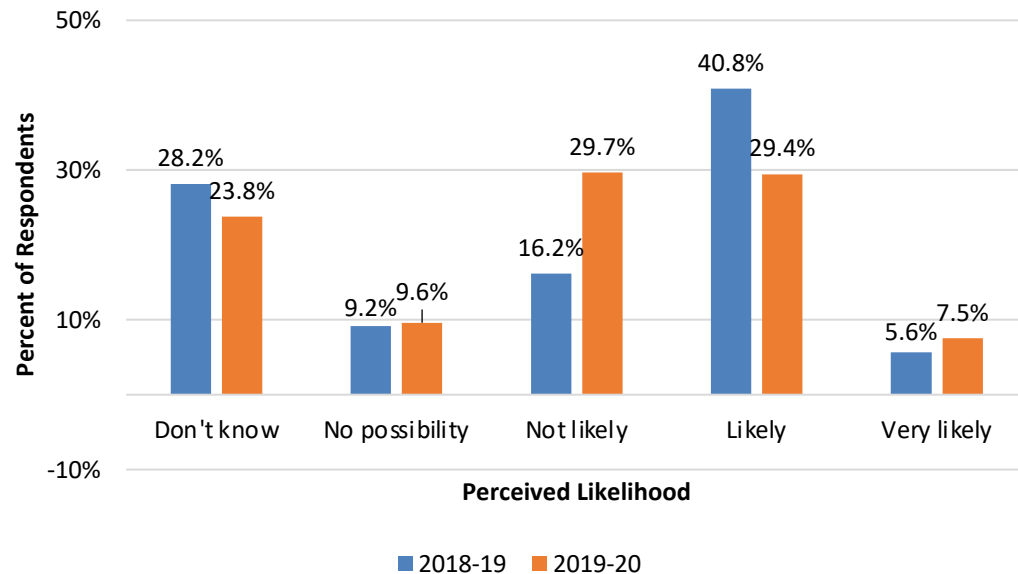
2018-19 and 2019-20: How much do people risk harming themselves physically and in other ways when they have **five** or more drinks of an alcoholic beverage once or twice a week?



2018-19 and 2019-20: Likelihood of Getting Caught

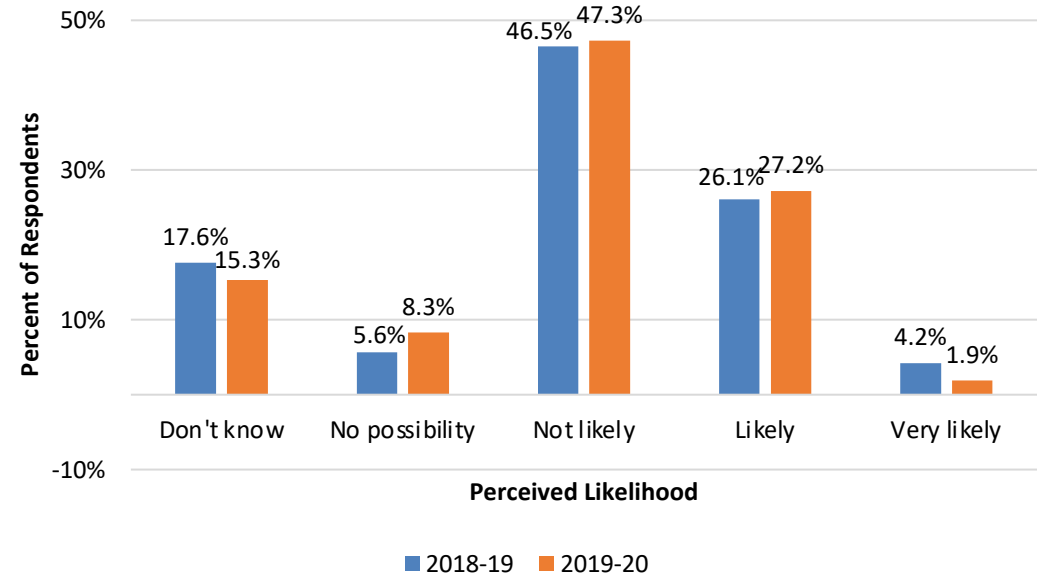
Please indicate the likelihood of getting caught for violating campus alcohol policies while **ON CAMPUS**

2018-19 and 2019-20 NSU Perceived Likelihood of Getting Caught for Violating Alcohol Policies ON CAMPUS



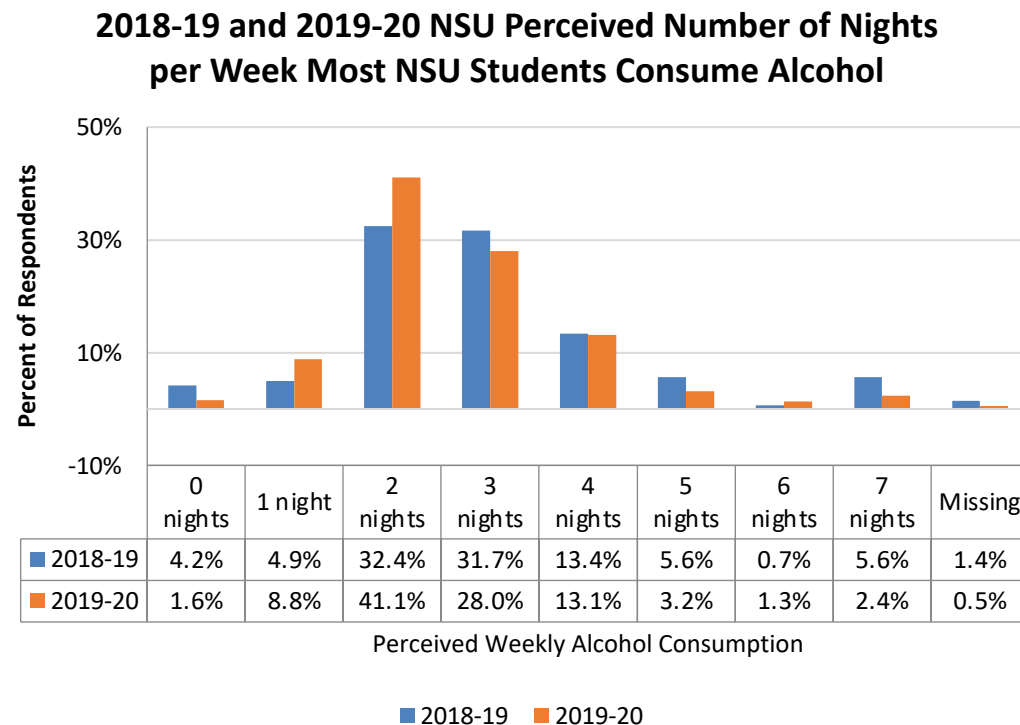
Please indicate the likelihood of getting caught for violating alcohol and drug laws while **OFF CAMPUS**

2018-19 and 2019-20 NSU Perceived Likelihood of Getting Caught for Violating Alcohol and Drug Laws OFF CAMPUS

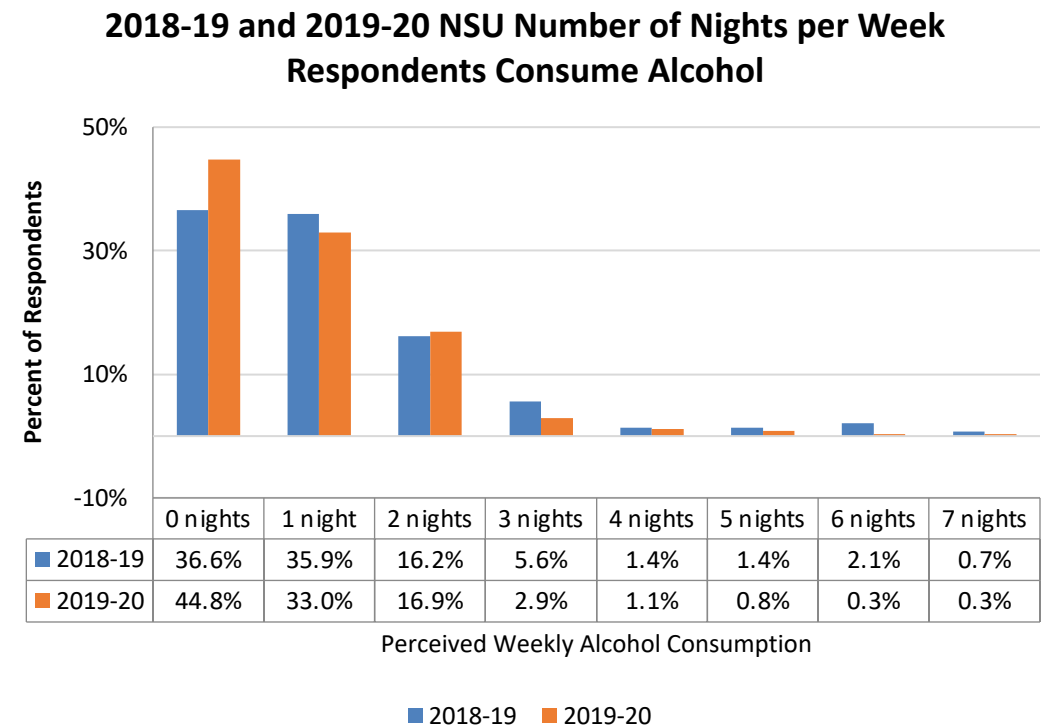


2018-19 and 2019-20: Weekly Alcohol Consumption Comparison

How many nights a week do you think most NSU students consume alcohol?



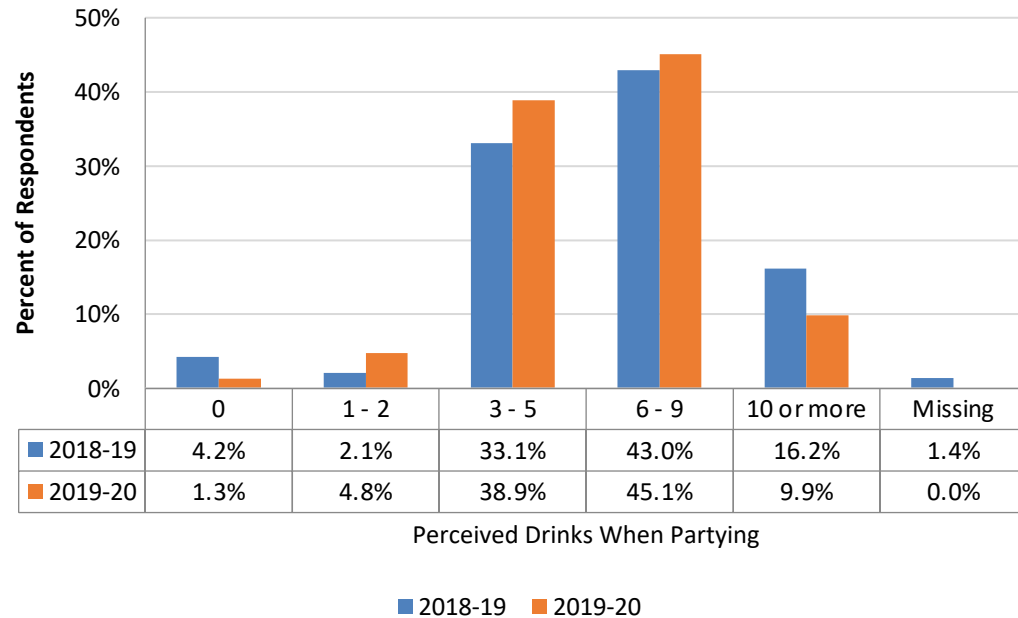
How many nights a week do you consume alcohol?



2018-19 and 2019-20: Drink Comparison

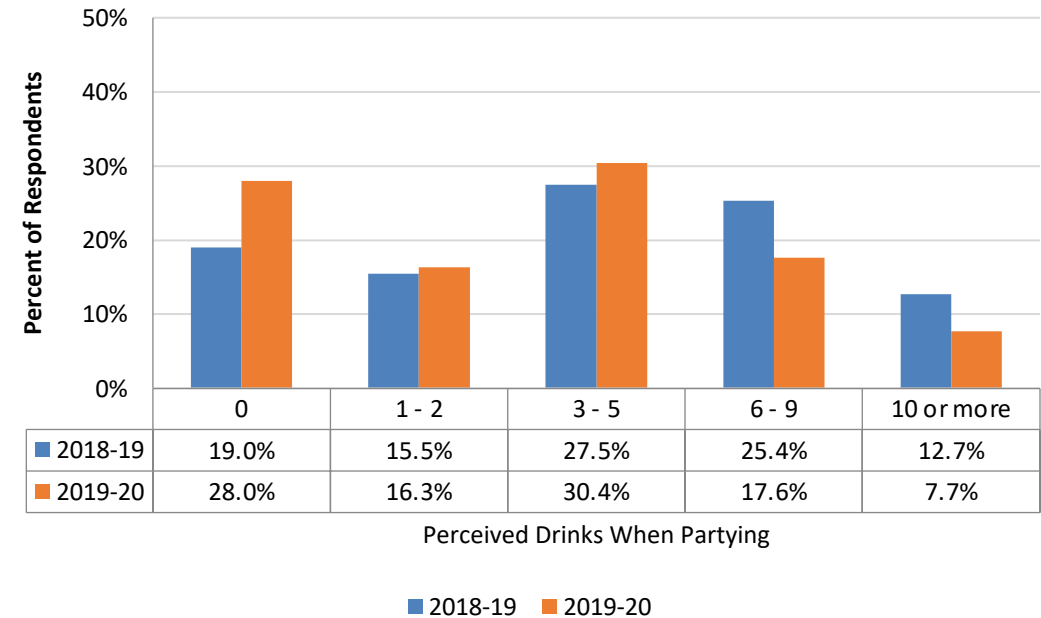
How many drinks do you think most NSU students usually have when they party?

2018-19 and 2019-20 NSU Perceived Number of Drinks Most NSU Students have When Partying



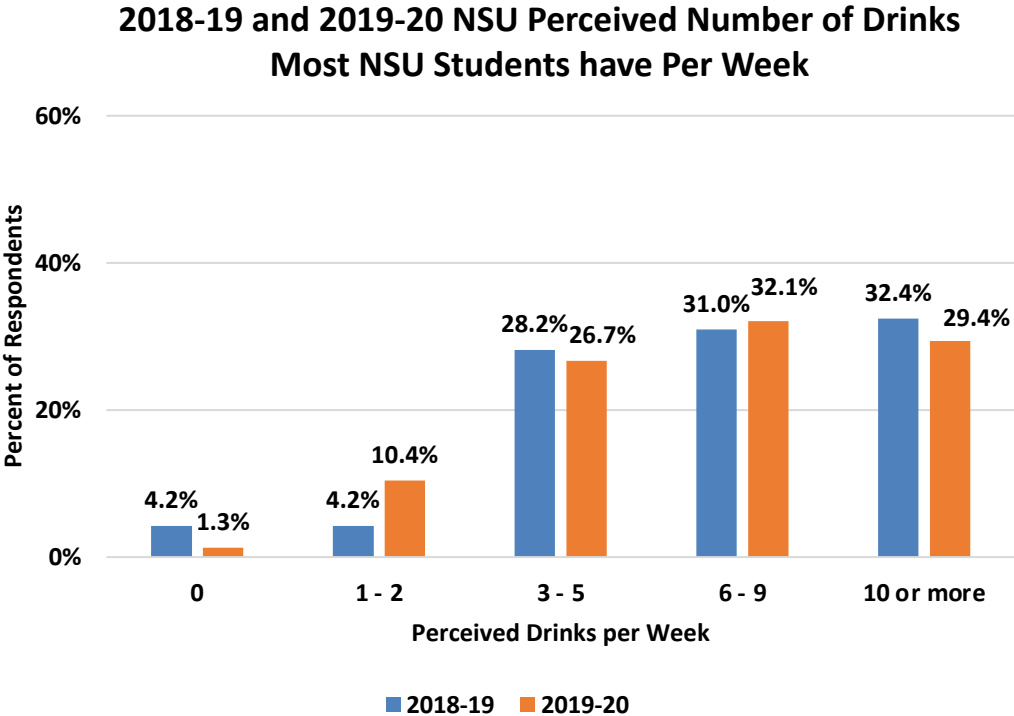
How many drinks do you think you have when you party?

2018-19 and 2019-20 NSU Respondents Perceived Number of Drinks When They Party

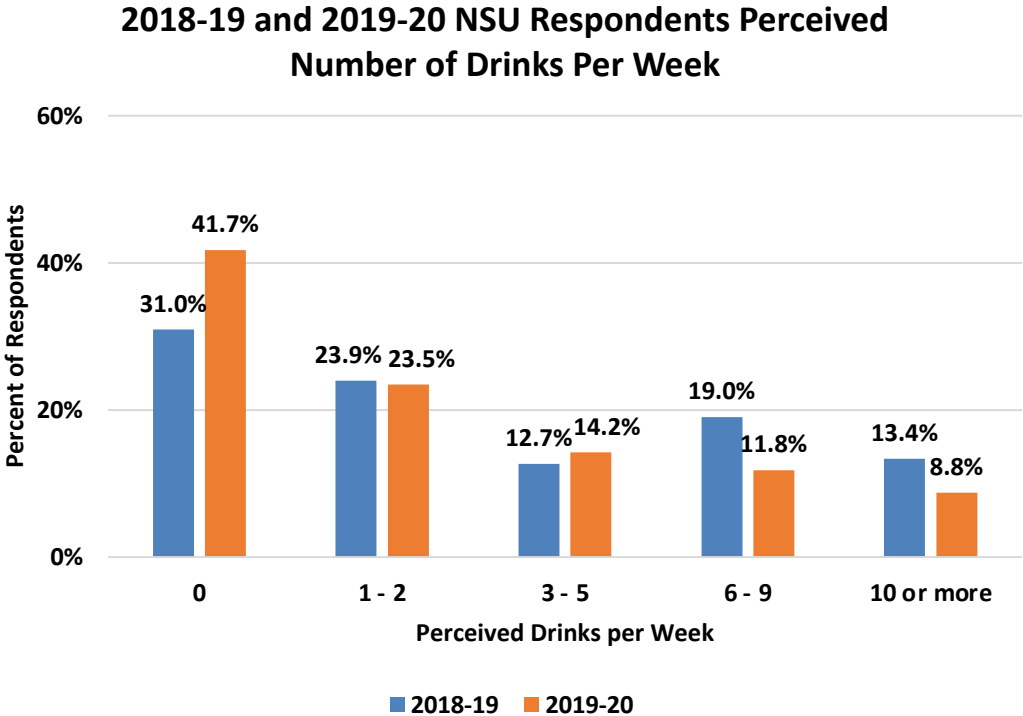


2018-19 and 2019-20: Weekly Drink Comparison

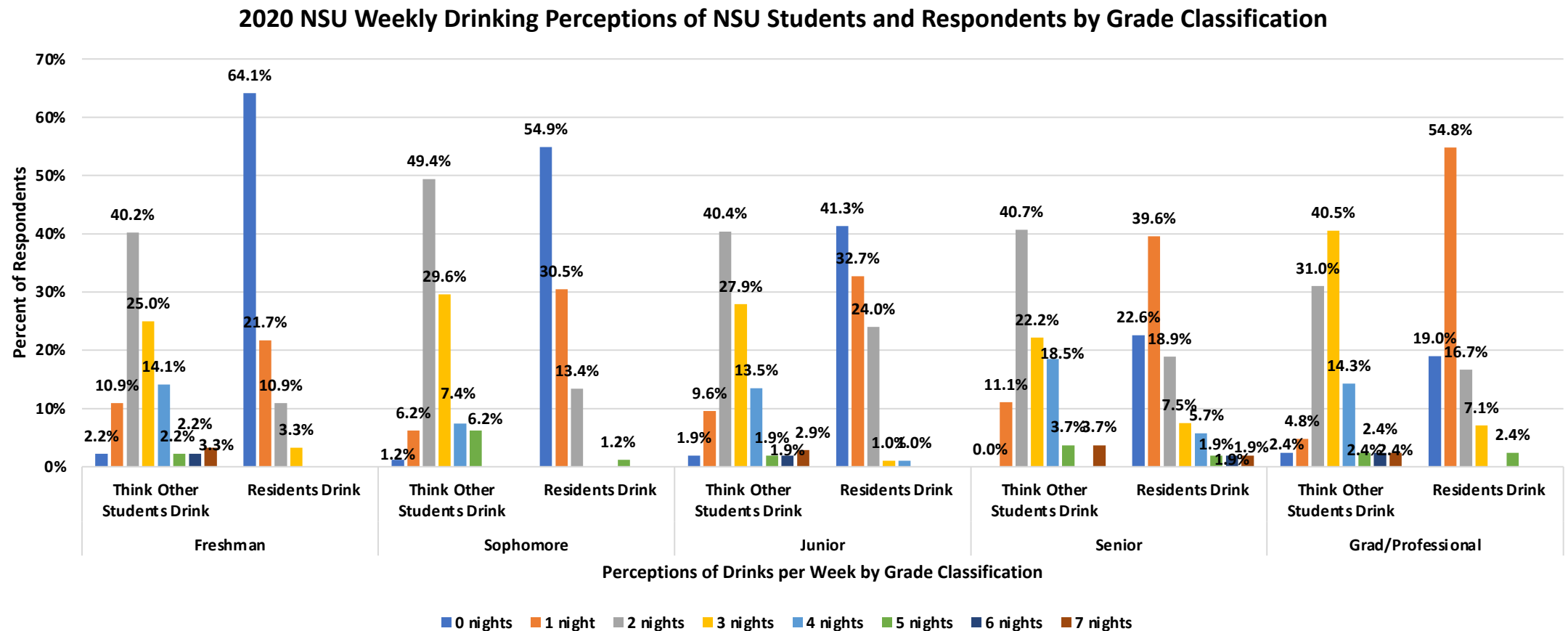
How Many drinks do you think most NSU students usually have per week?



How many drinks do you think you have per week?

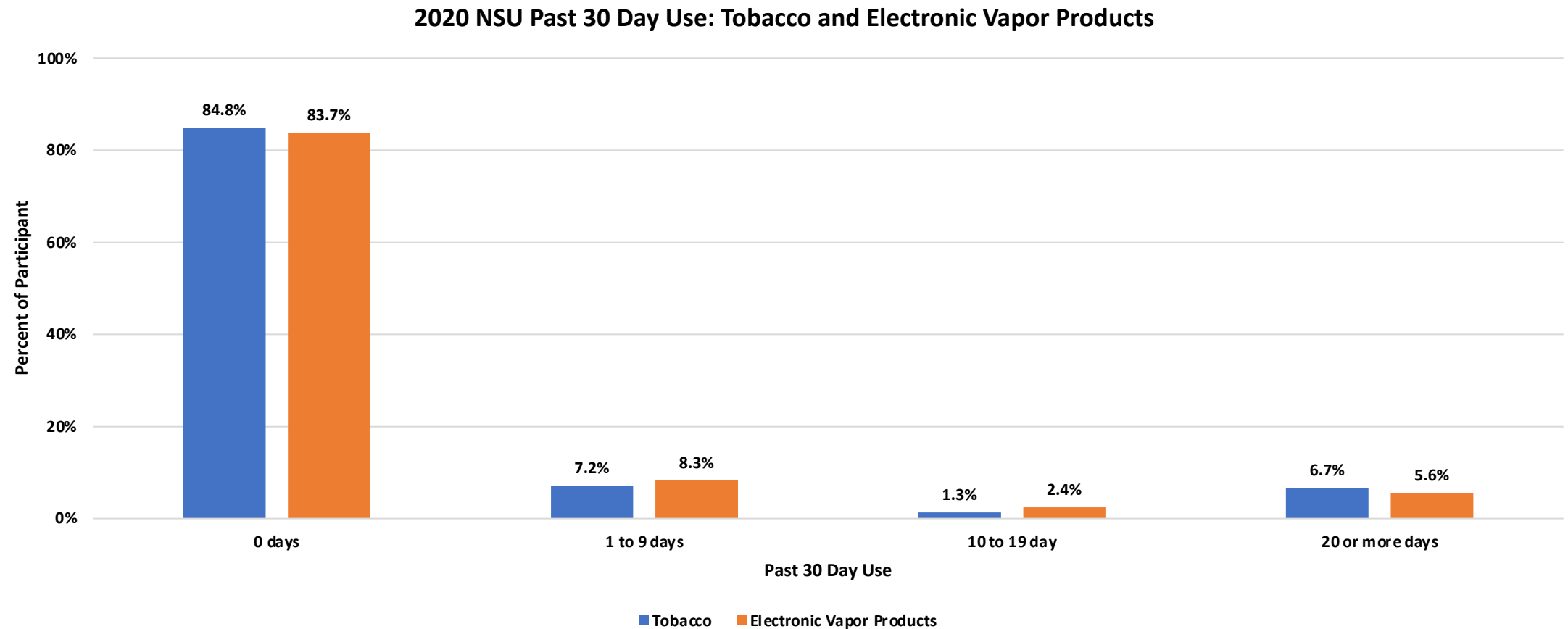


2020: Weekly Drinking Perceptions of NSU students and Reported Weekly Drinks by Respondents

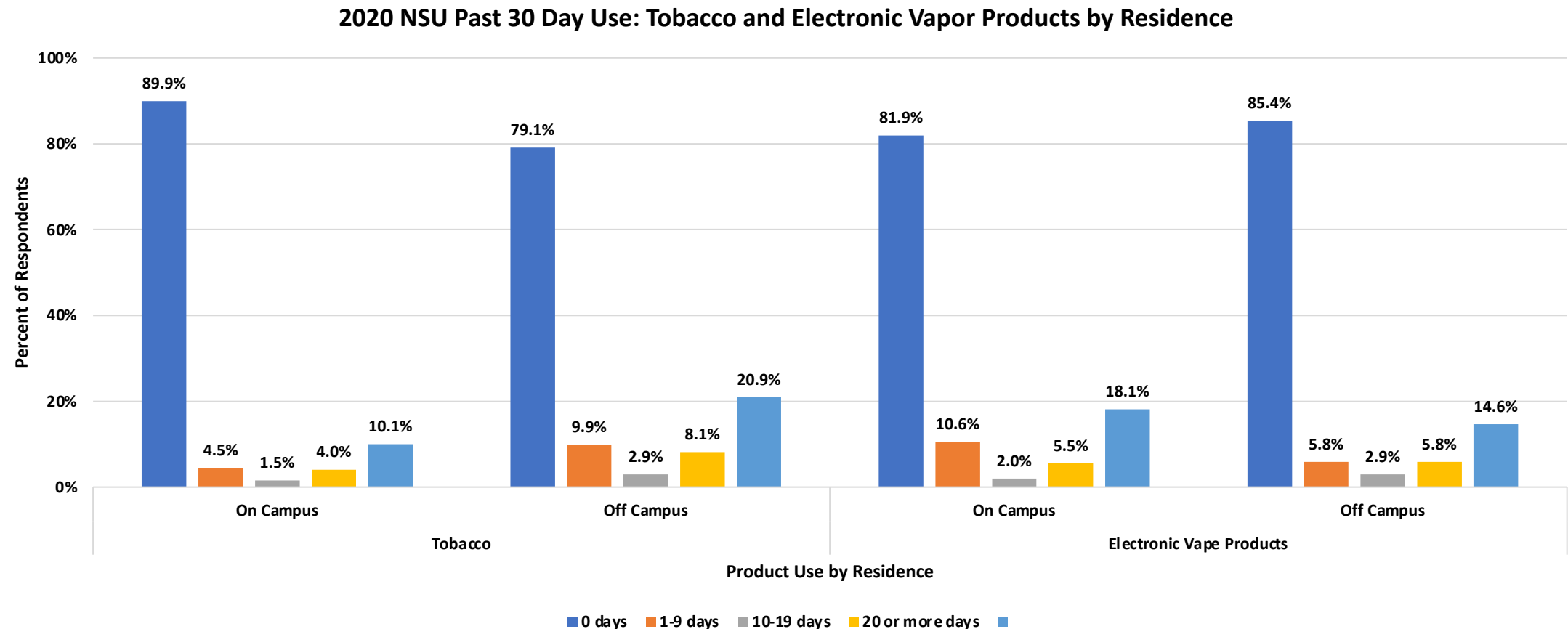


Tobacco and Electronic Vapor Products

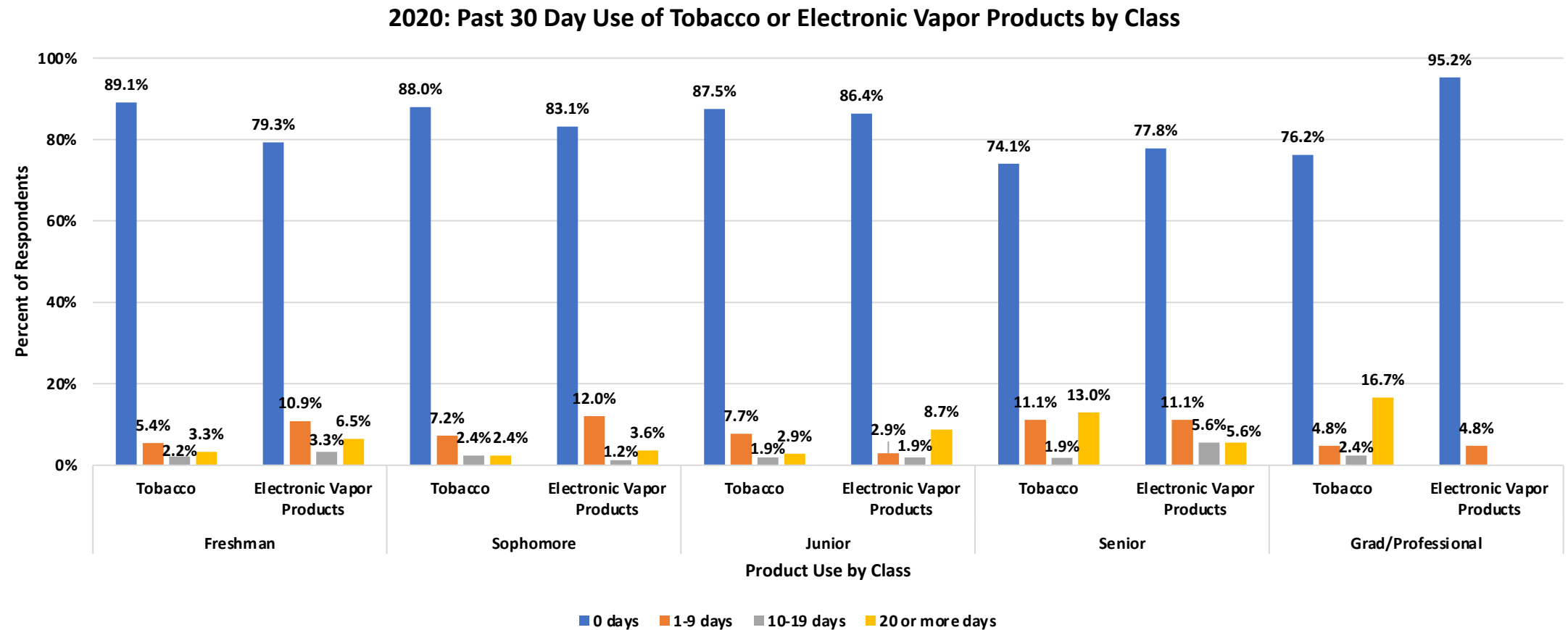
2020: Past 30 Day Use of Tobacco or Electronic Vapor Products



2020: Past 30 Day Use of Tobacco or Electronic Vapor Products by Residence



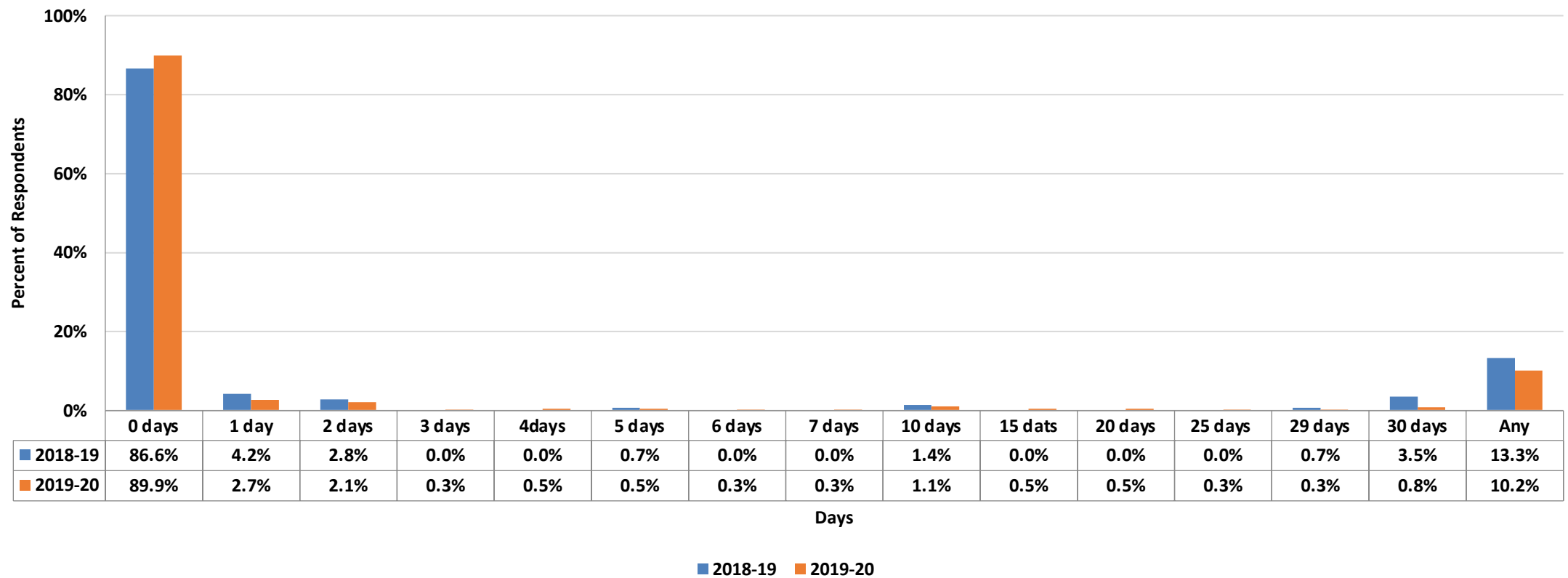
2020: Past 30 Day Use of Tobacco or Electronic Vapor Products by Class



Marijuana/Synthetic Marijuana Use and Prescription Drug Use and Risk

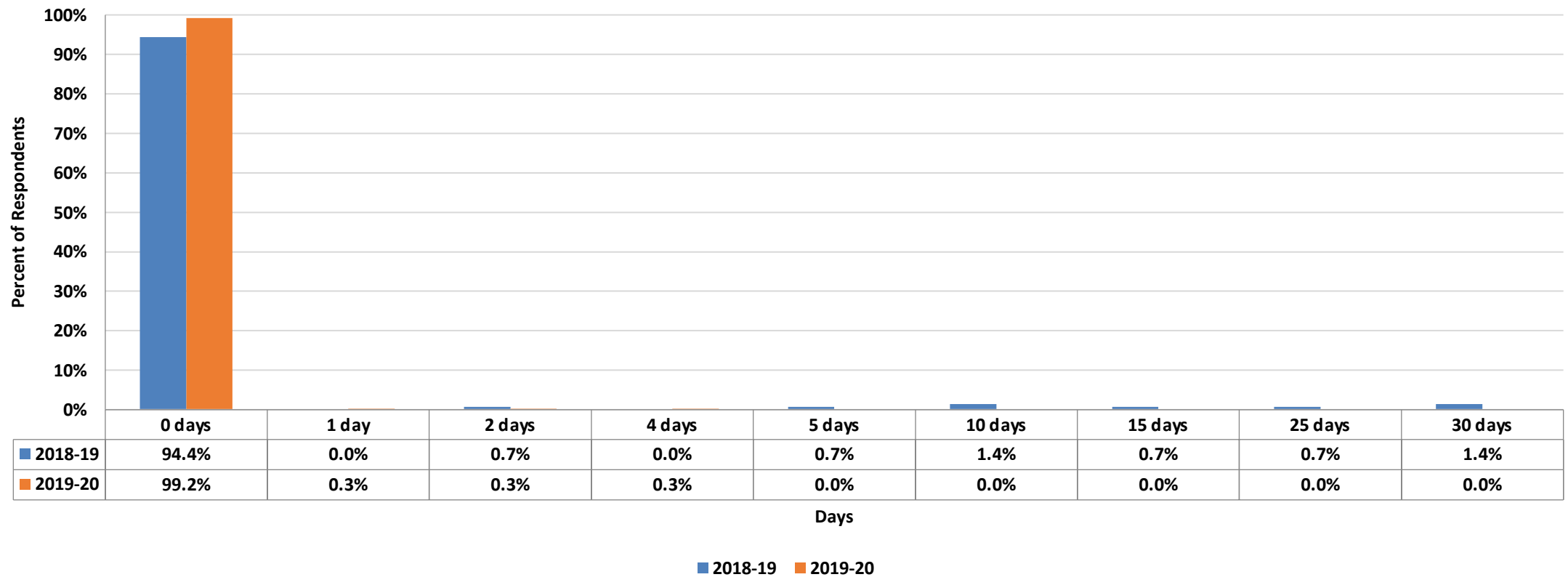
2018-19 and 2019-20: During the past 30 days, on how many days did you smoke/ingest marijuana or synthetic marijuana?

2018-19 and 2019-20: NSU 30 Day Marijuana or Synthetic Marijuana Use

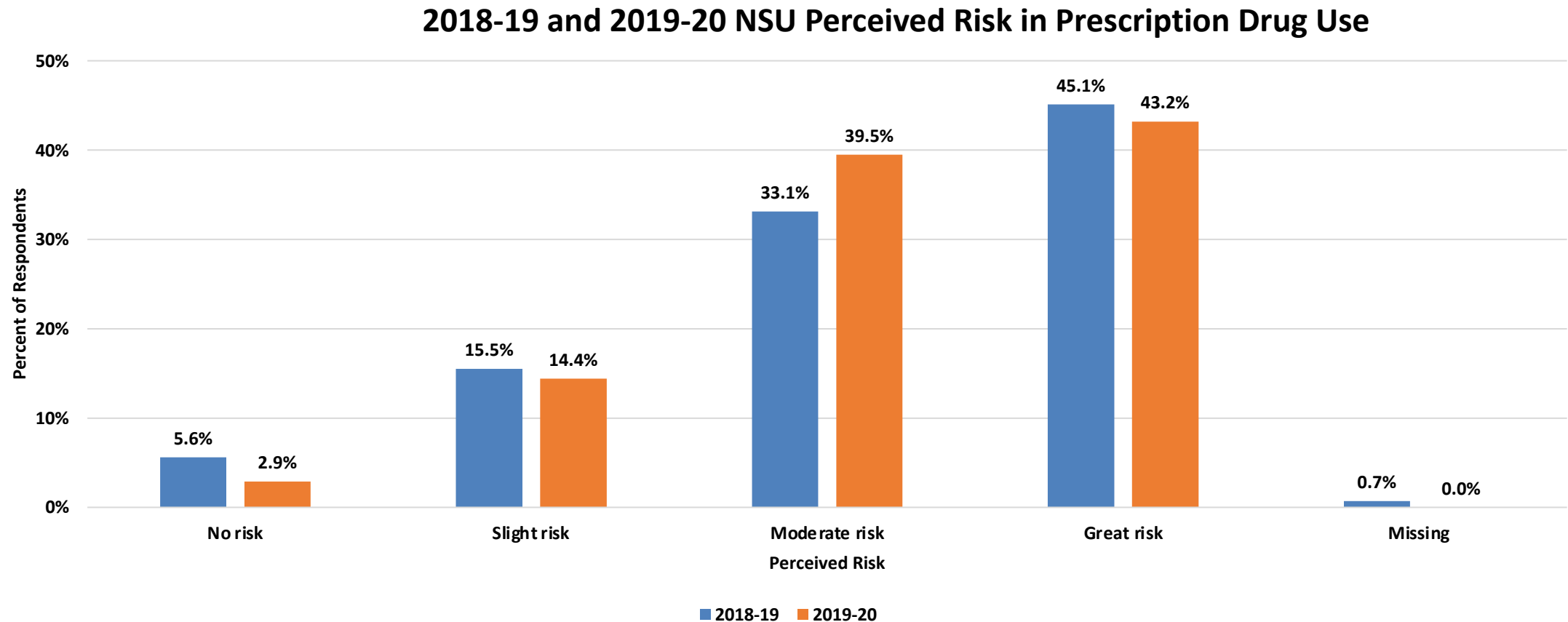


2018-19 and 2019-20 : During the past 30 days, on how many days did you use prescription drugs that were not prescribed to your or that you took only for the experience or feeling they caused?

2018-19 and 2019-20 NSU 30 Day Prescription Drug Use

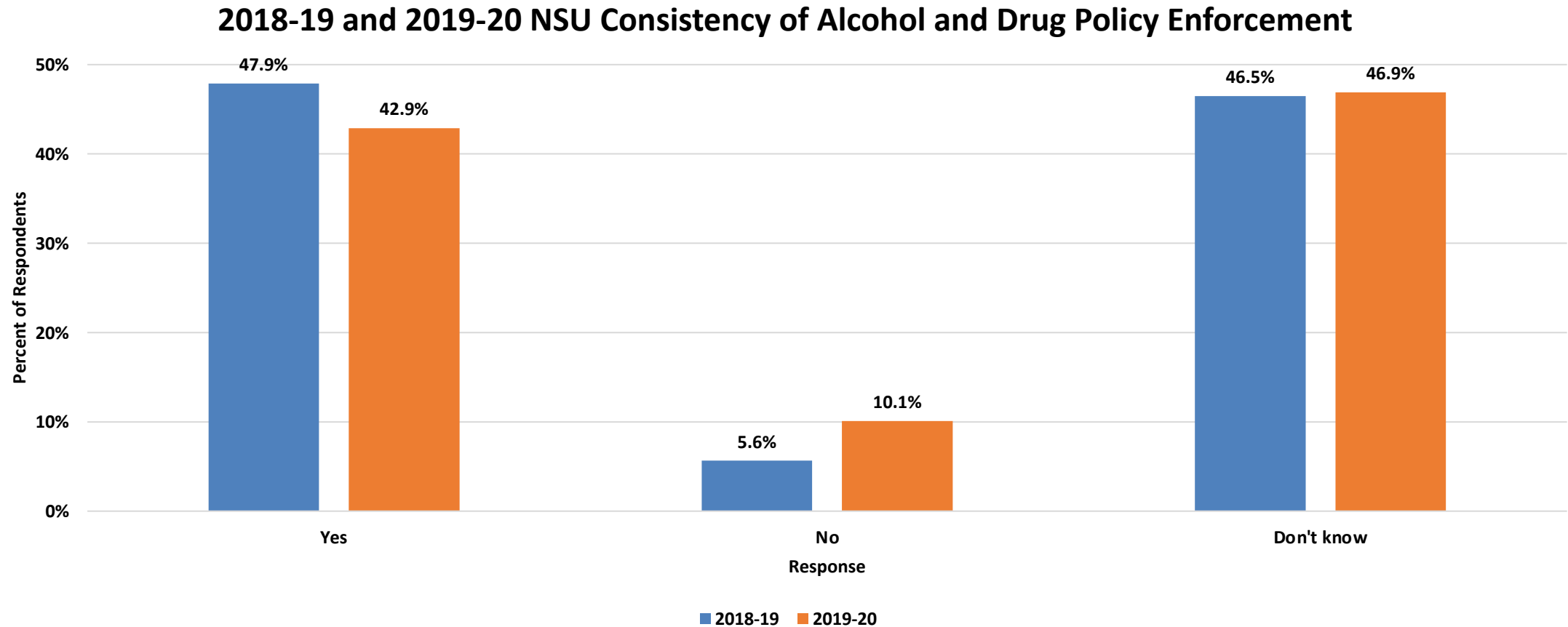


2018-19 and 2019-20: How much do people risk harming themselves physically and in other ways if they use prescription drugs that are not prescribed to them or that they took only for the experience or feeling they caused?



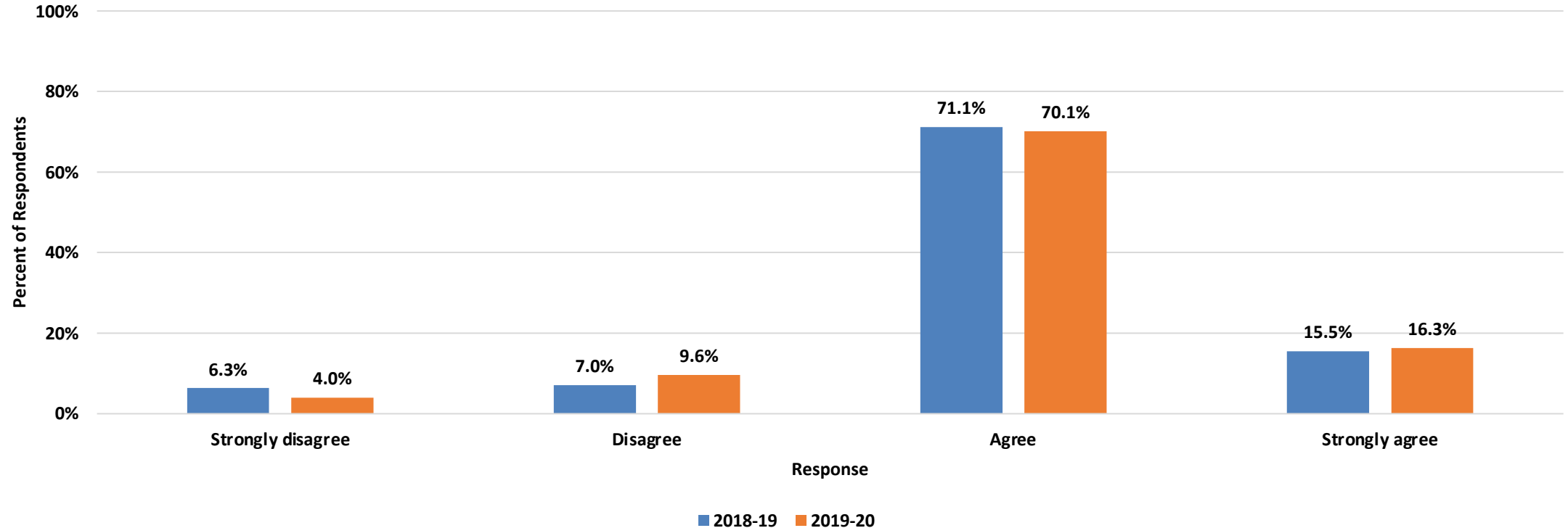
NSU's Alcohol and Drug Policies and Campus Atmosphere

2018-19 and 2019-20: Are the NSU alcohol and drug policies consistently enforced?

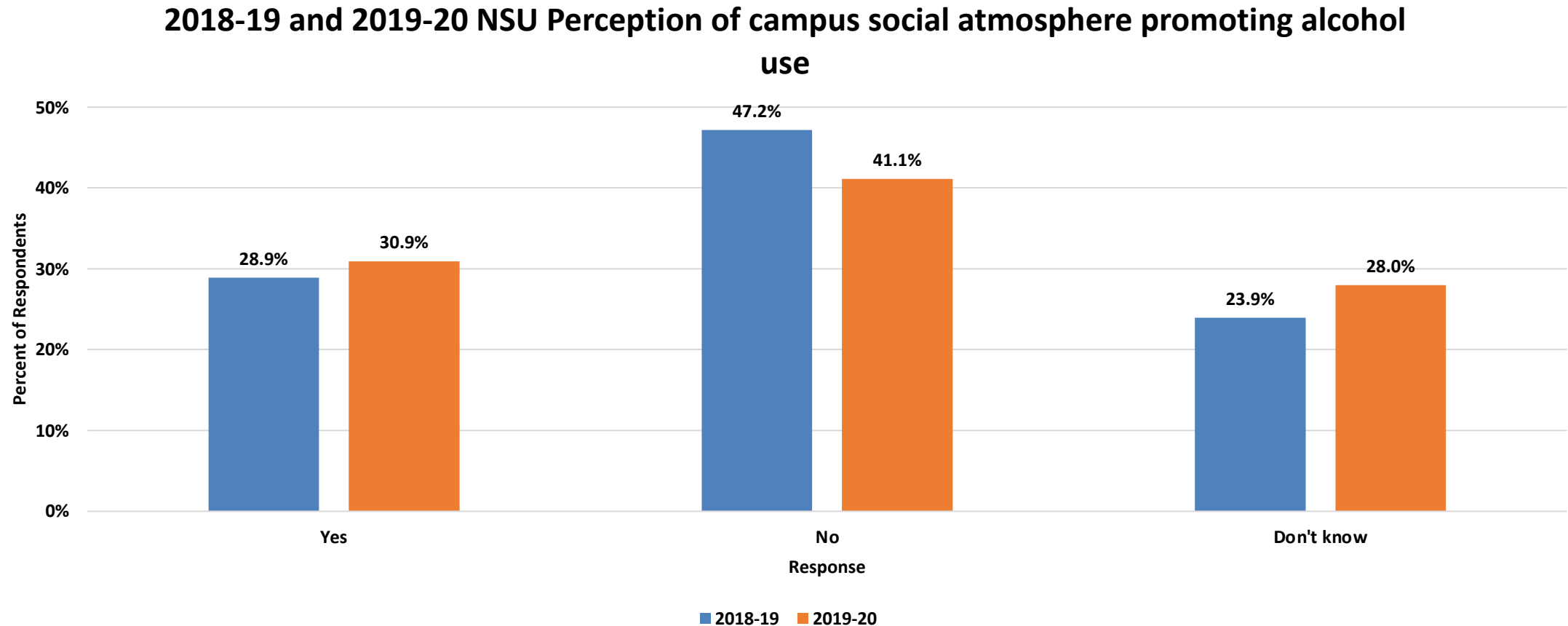


2018-19 and 2019-20: NSU provides clear and consistent standards about the use and abuse of alcohol and other drugs.

2018-19 and 2019-20 NSU Agreement about the clarity and consistency of NSU's standards for using and abusing alcohol and other drugs

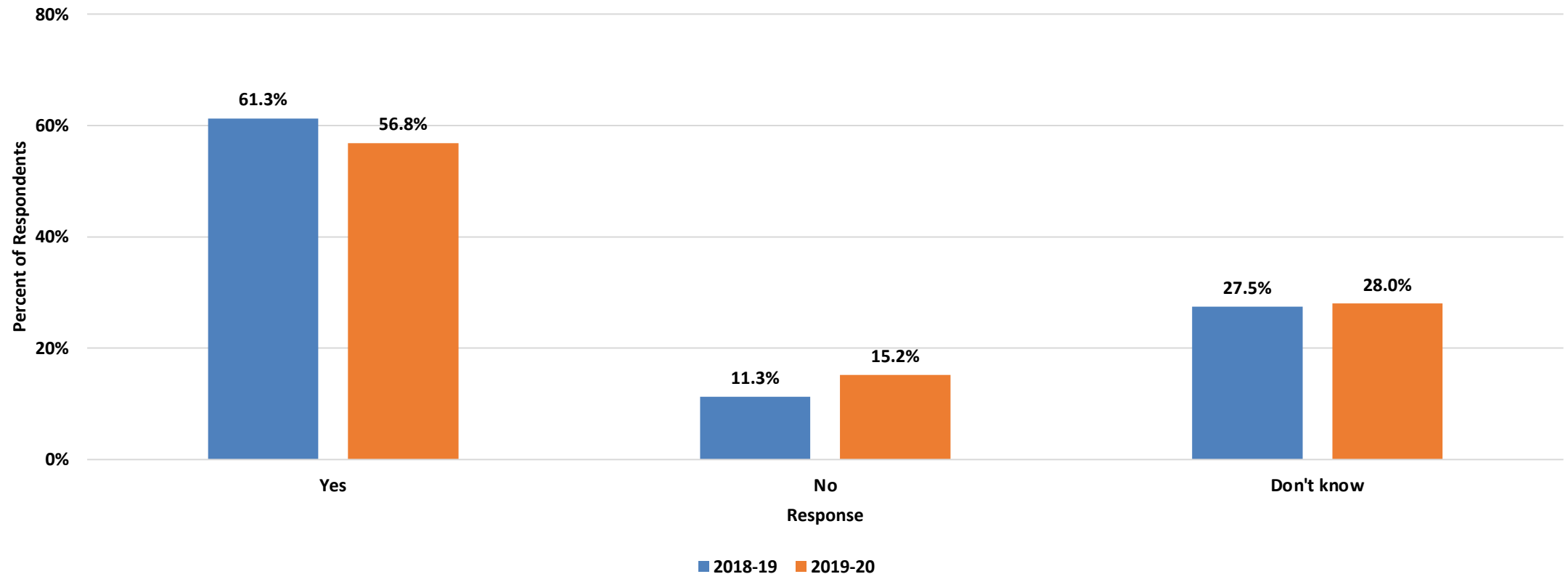


2018-19 and 2019-20: Does the social atmosphere on this campus promote alcohol use?



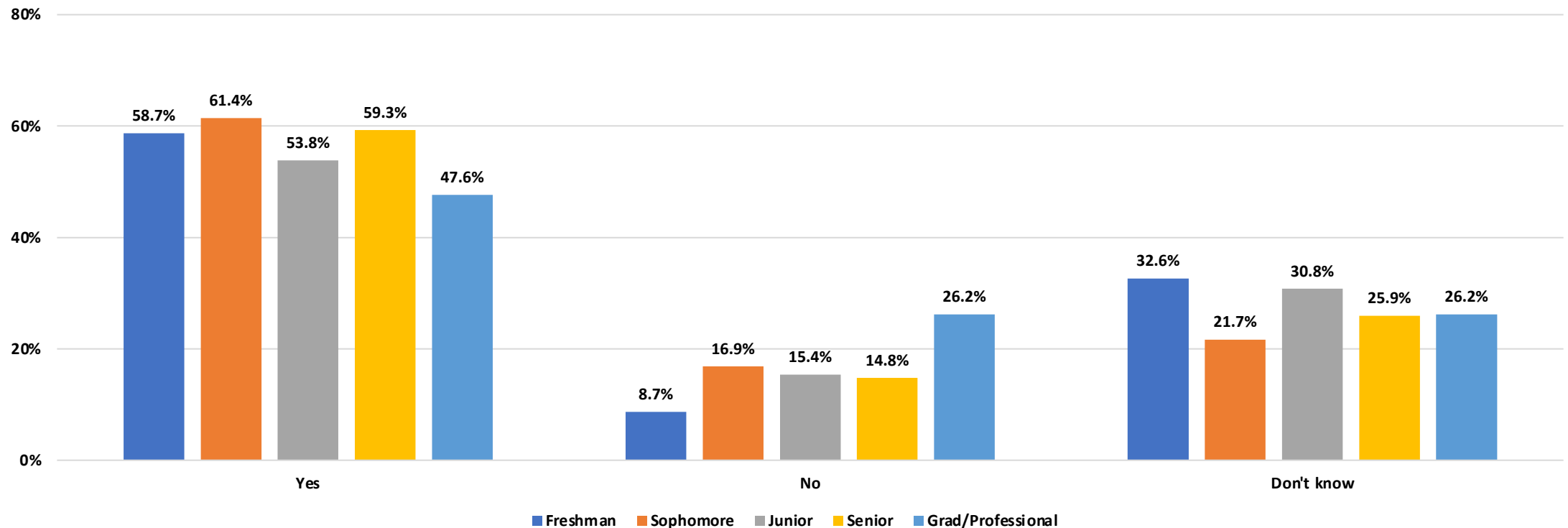
2018-19 and 2019-20: Do you believe this campus is concerned about the prevention of high-risk alcohol use?

2018-19 and 2019-20 NSU Perception of NSU's Concern for High-risk Alcohol Use

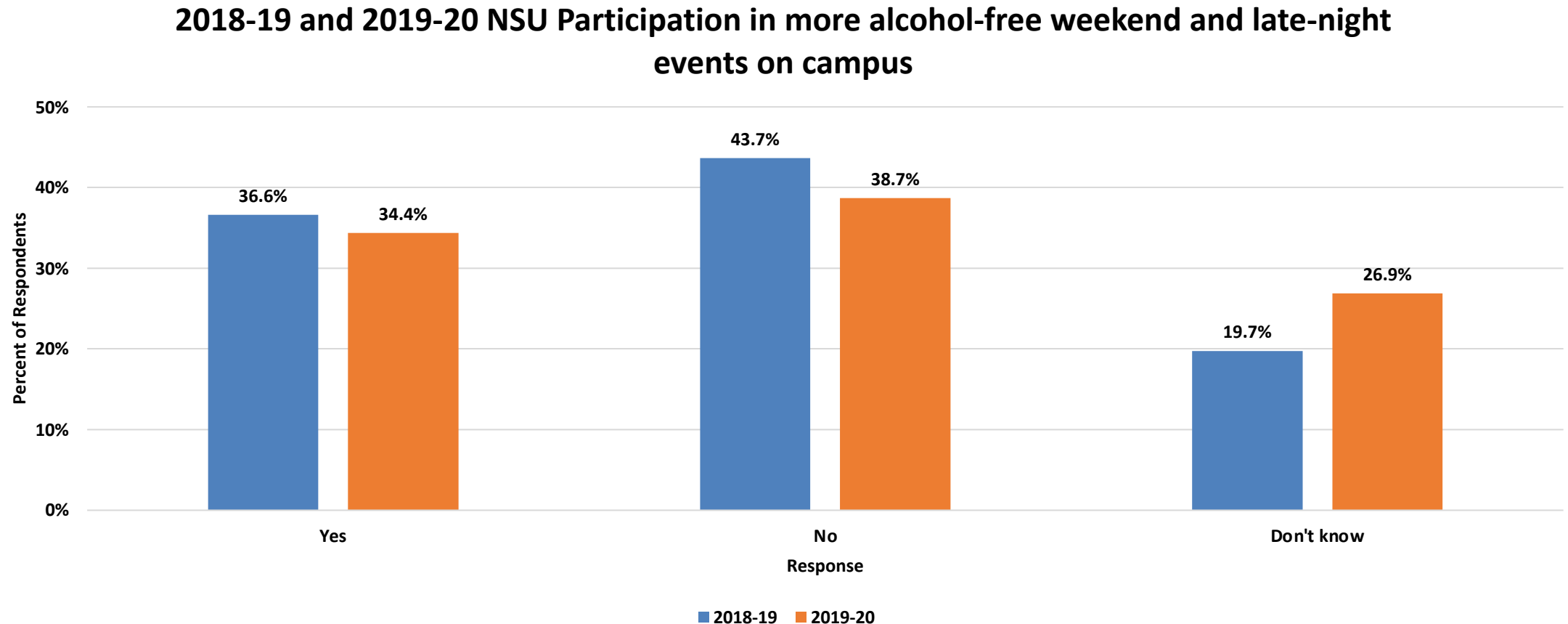


2018-19 and 2019-20: Do you believe this campus is concerned about the prevention of high-risk alcohol use?

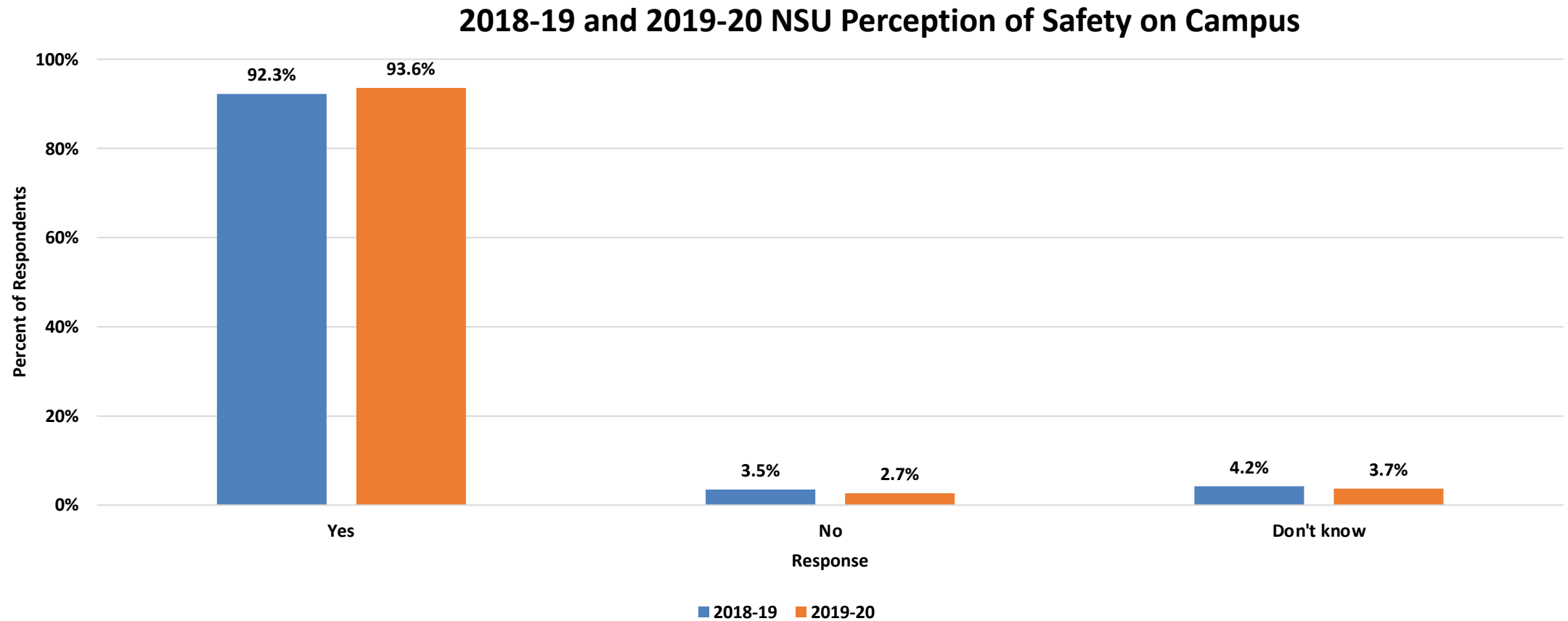
2018-19 and 2019-20: NSU Perception of NSU's Concern for High-risk Alcohol Use by Classification



2018-19 and 2019-20: Would you like to participate in more alcohol-free weekend and late-night activities if they were offered on campus?



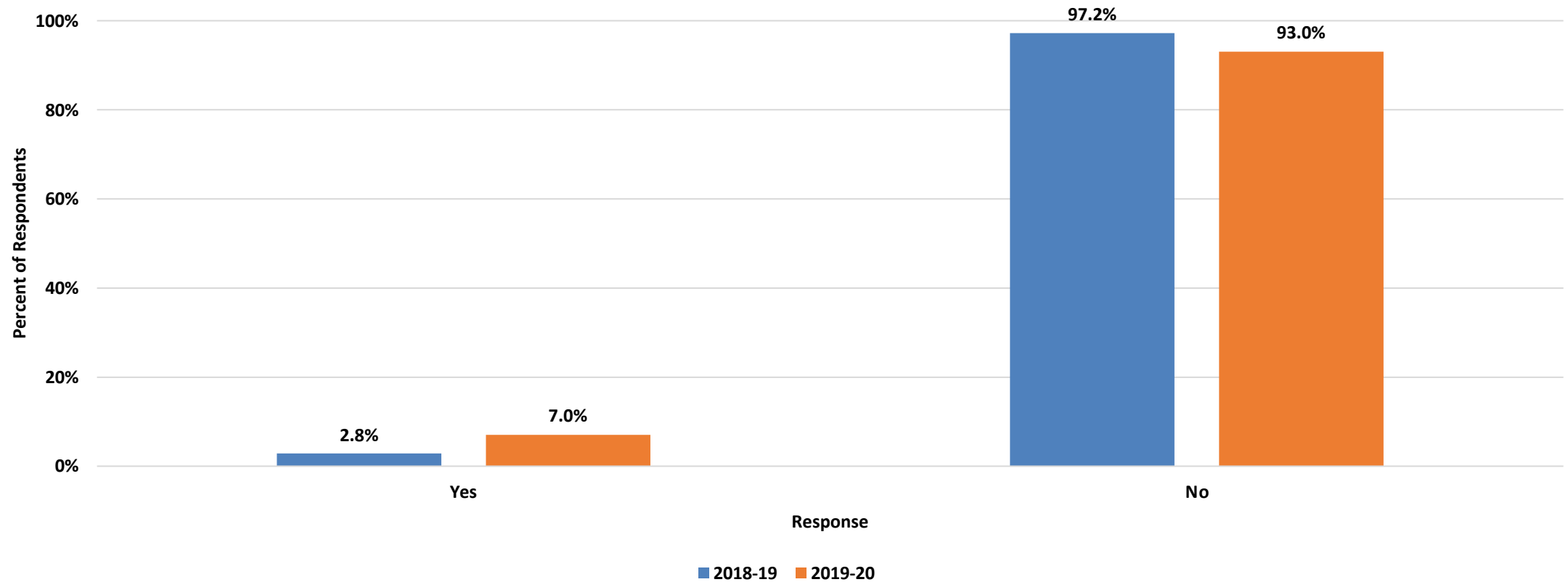
2018-19 and 2019-20: Do you feel safe on this campus?



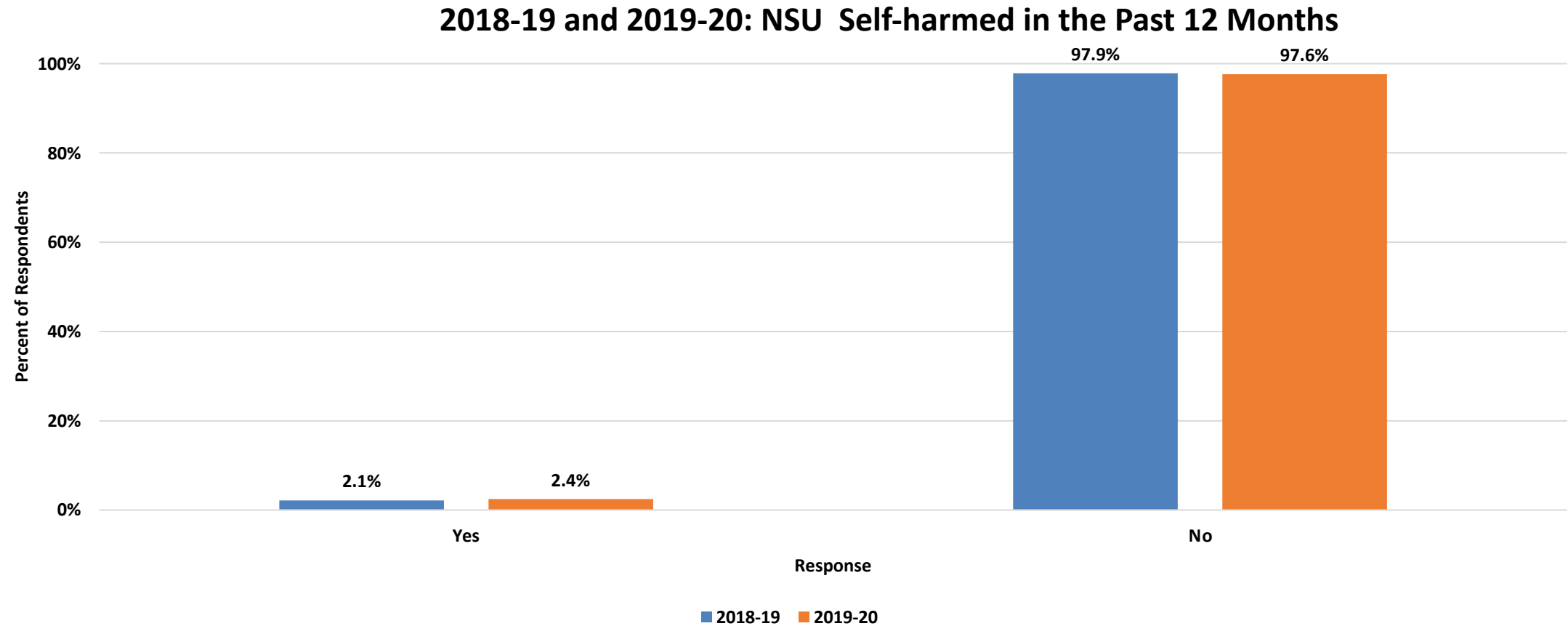
Suicide

2018-19 and 2019-20: In the past 12 months, have you considered self-harm (cutting, burning, scratching, etc.)

2018-19 and 2019-20: NSU Considered Self-harm in the Past 12 Months

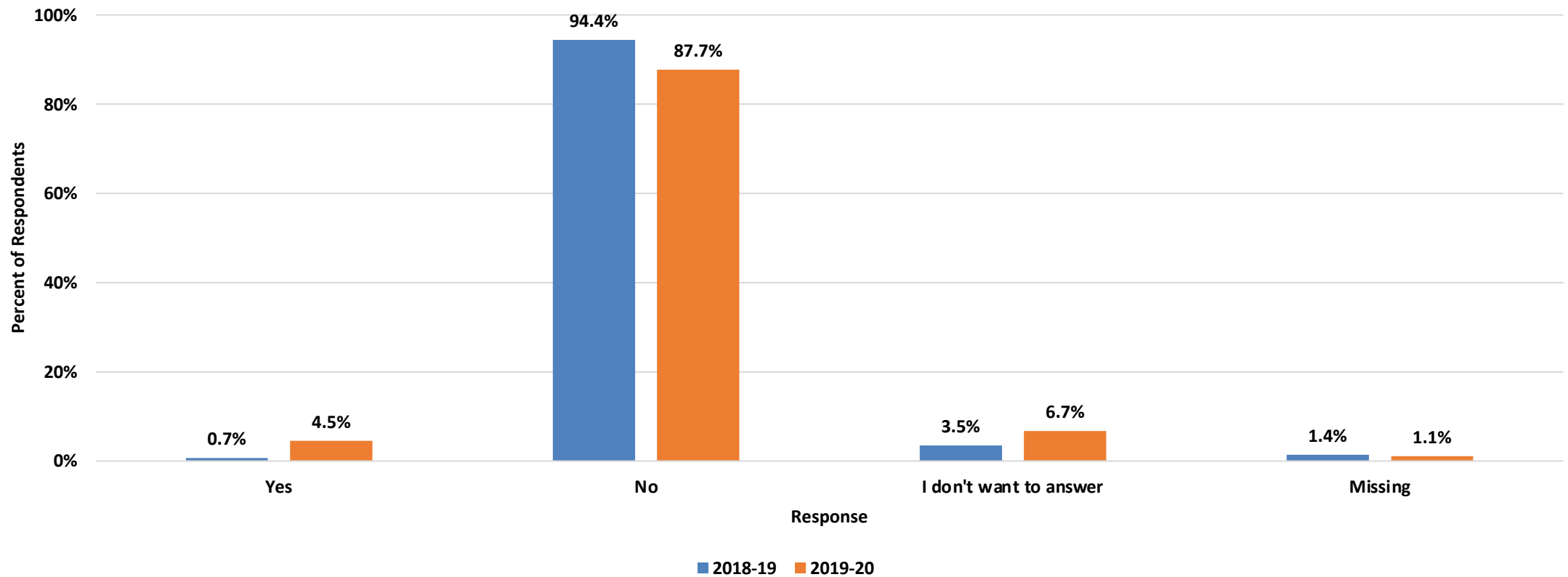


2018-19 and 2019-20: In the past 12 months, have you self-harmed?

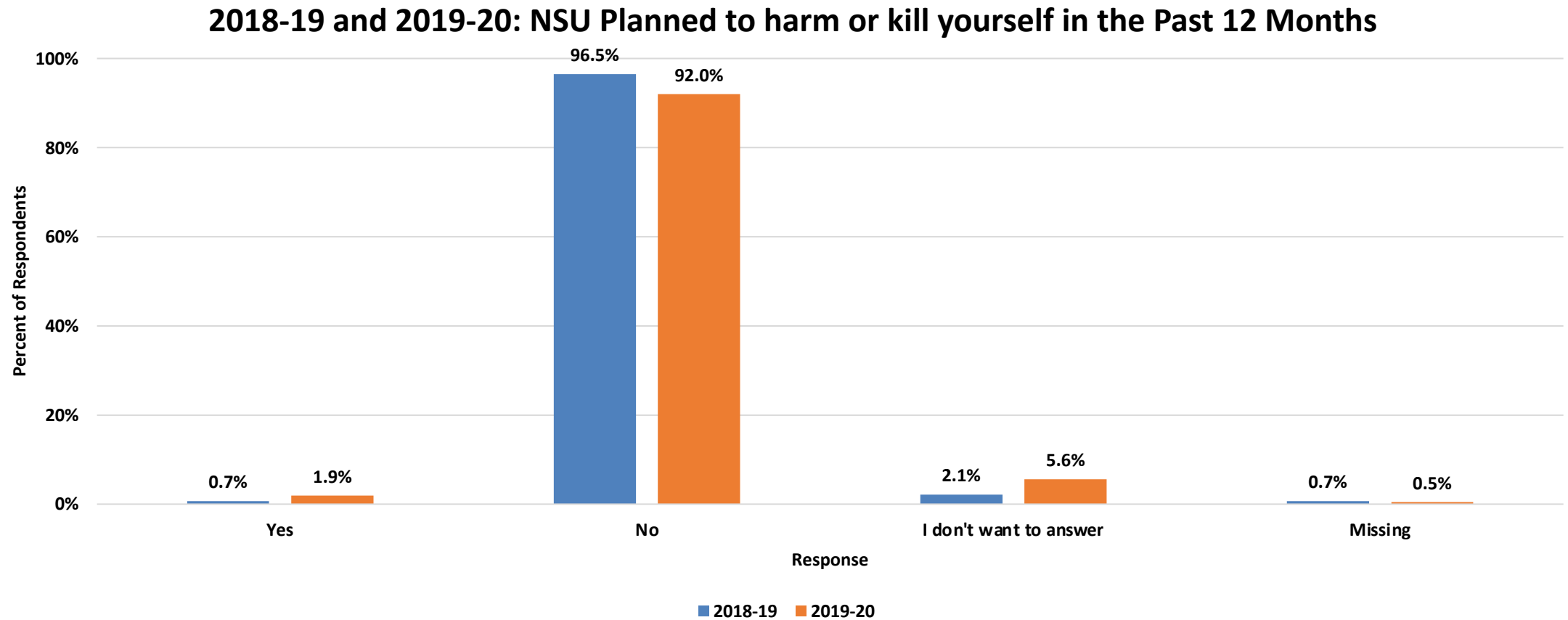


2018-19 and 2019-20: In the past 12 month, have you seriously considered attempting suicide?

2018-19 and 2019-20: NSU Considered Suicide in the Past 12 Months

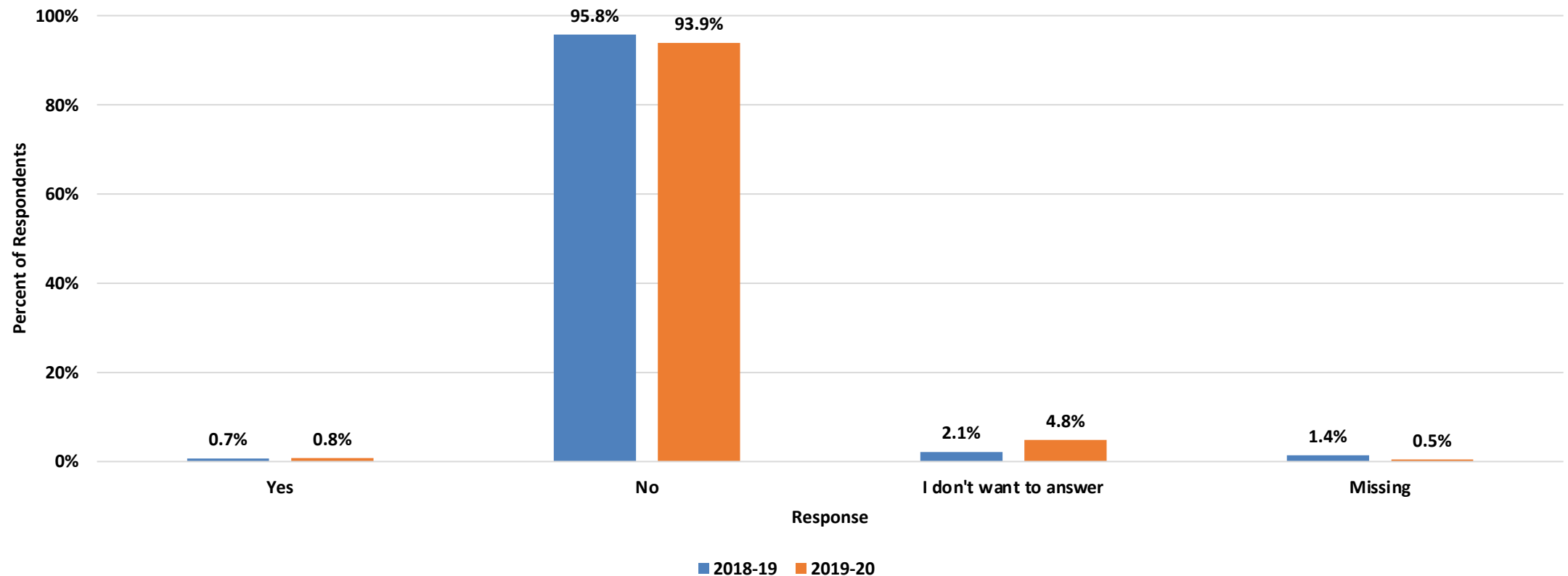


2018-19 and 2019-20: In the past 12 months, have you made a plan to harm or kill yourself?



2018-19 and 2019-20: In the past 12 months, have you attempted suicide?

2018-19 and 2019-20: NSU Attempted Suicide in the Past 12 Months



Northern State University Social Norms Survey

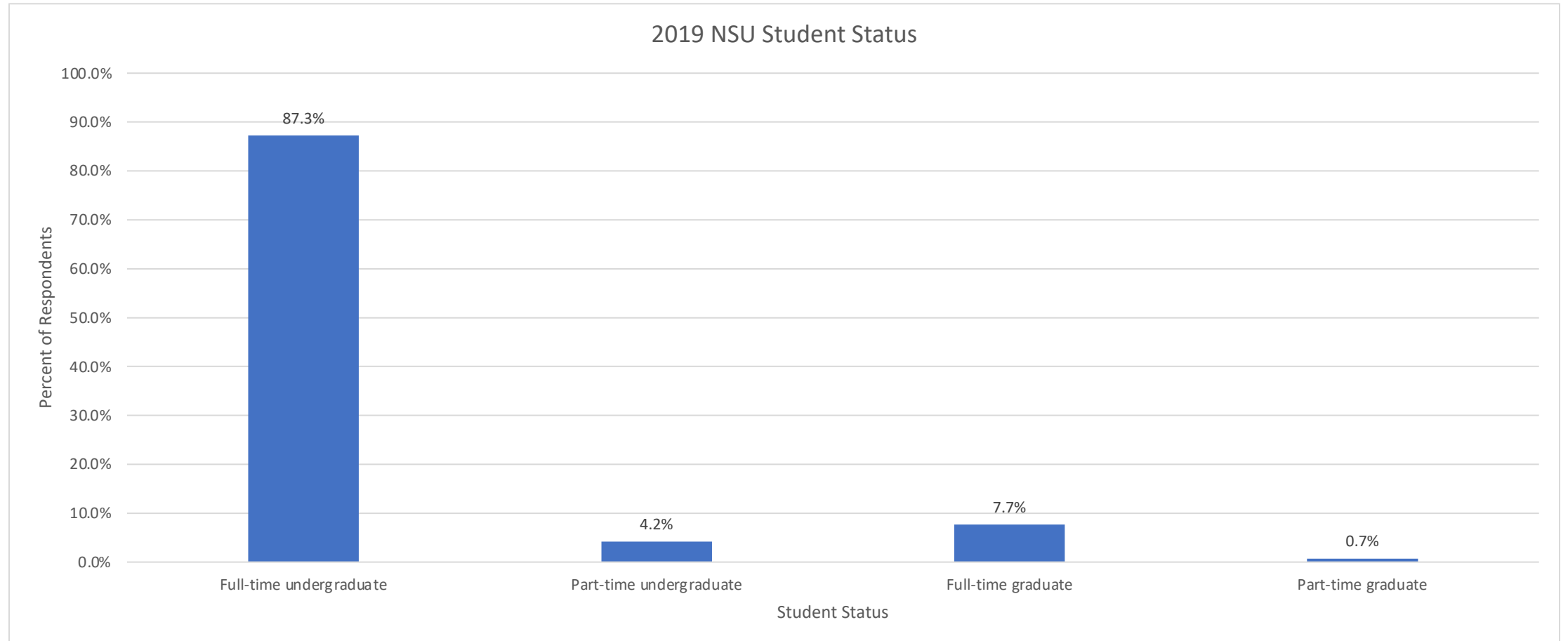
2018-2019

Survey Sample

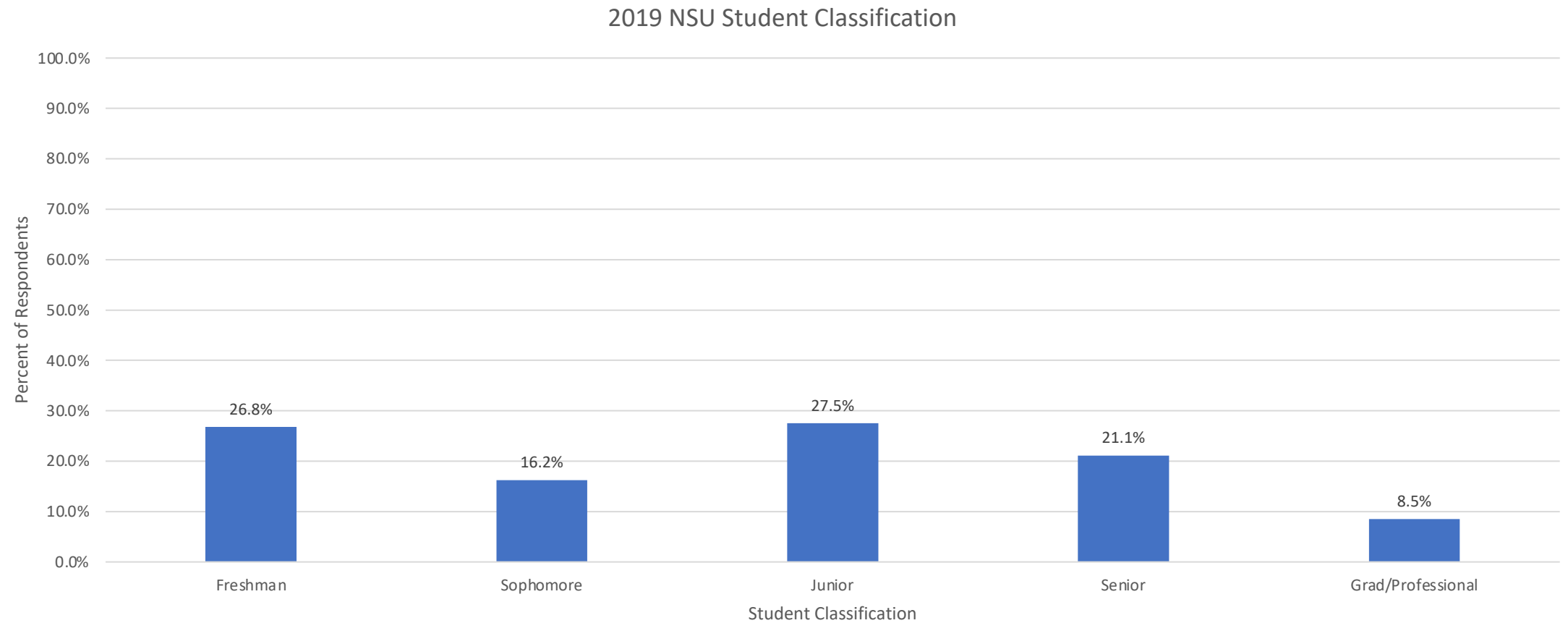
- 2019: Sample included 142 respondents
- 2019: Survey Method was an Online Survey Monkey

Student Respondent Characteristics

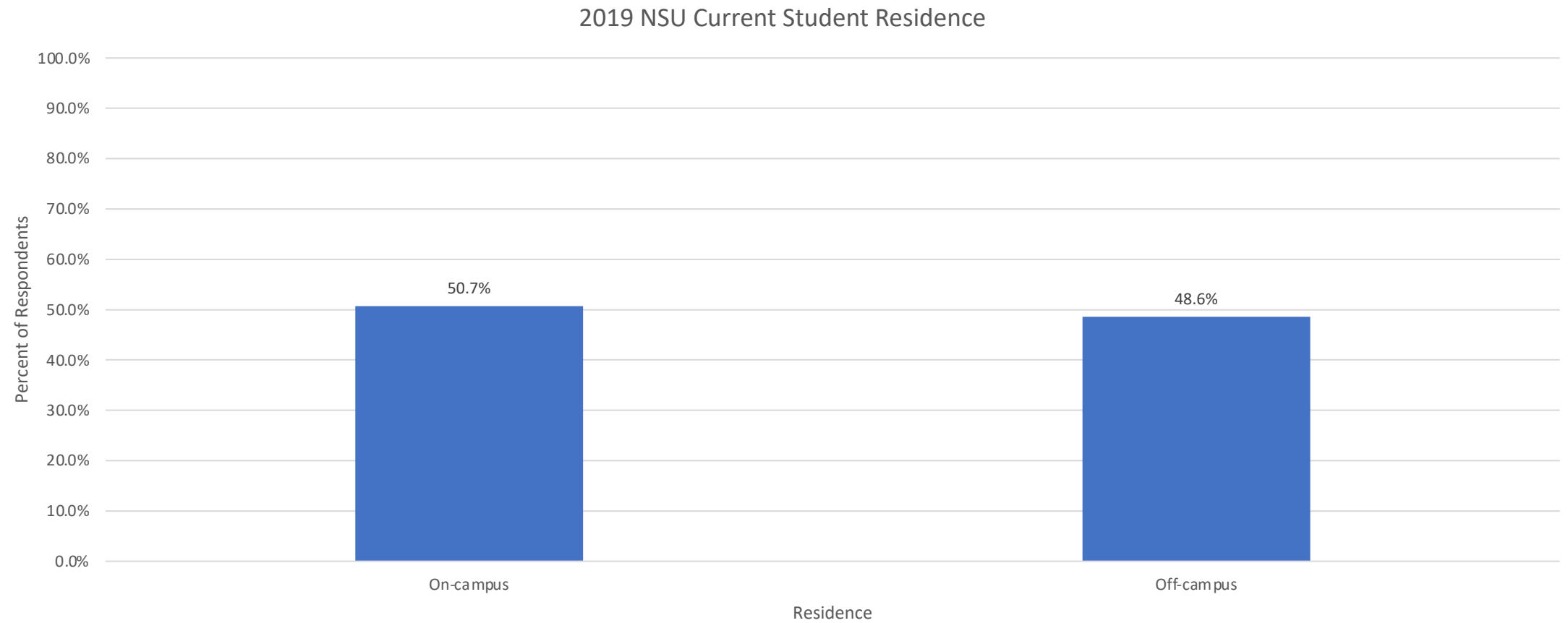
2019 Student Status



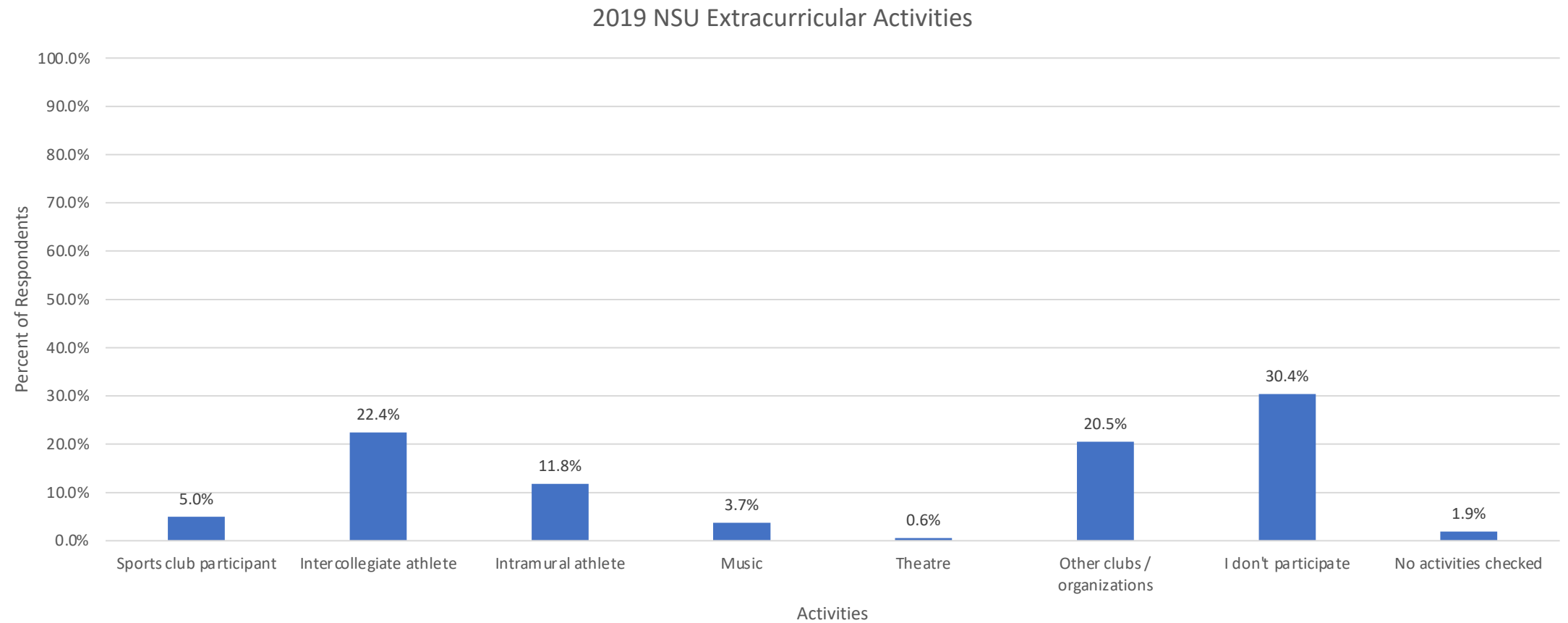
2019 Student Classification



2019 Residence

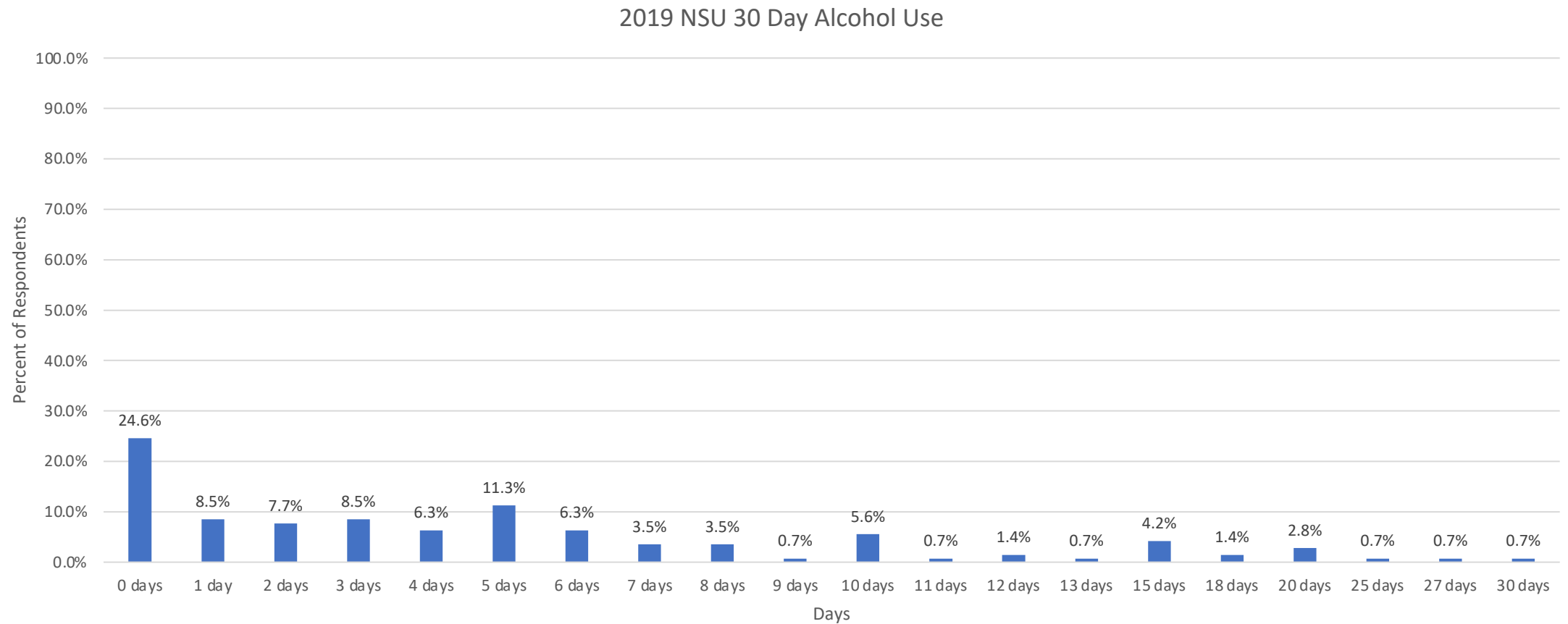


2019 Extracurricular Activities



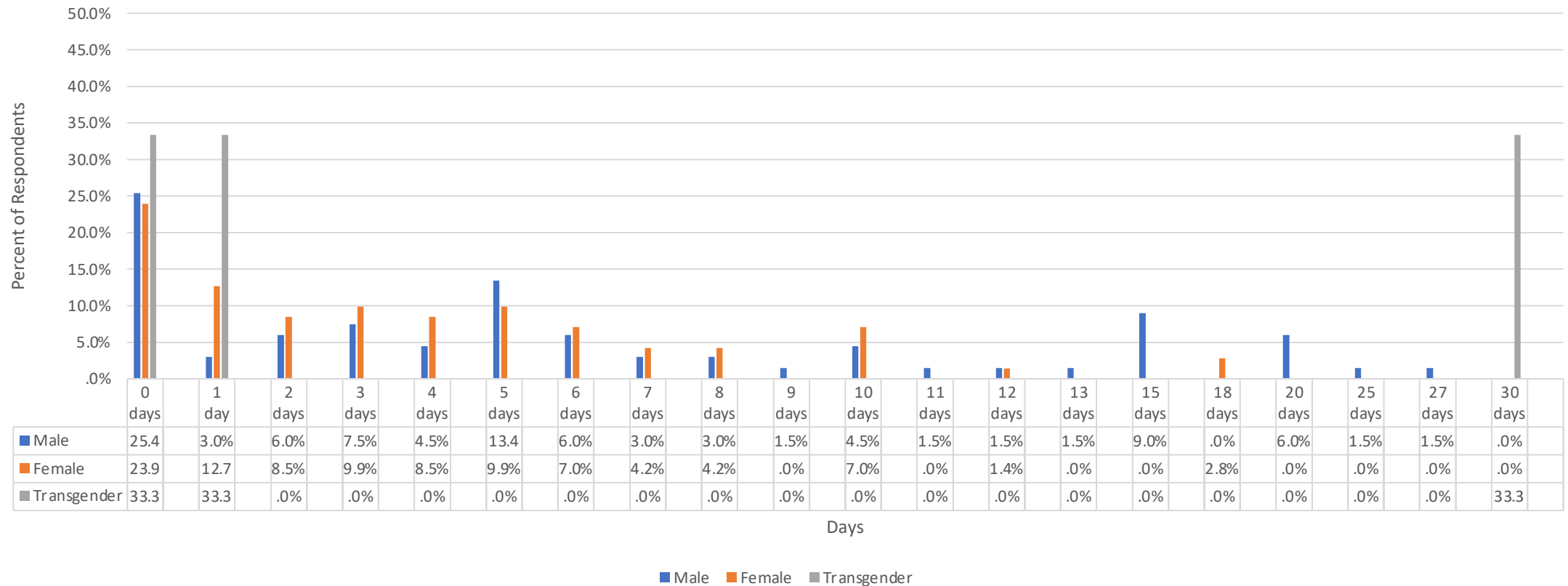
Alcohol Consumption

2019: During the past 30 days, on how many days did you drink **one** or more drinks of an alcoholic beverage?

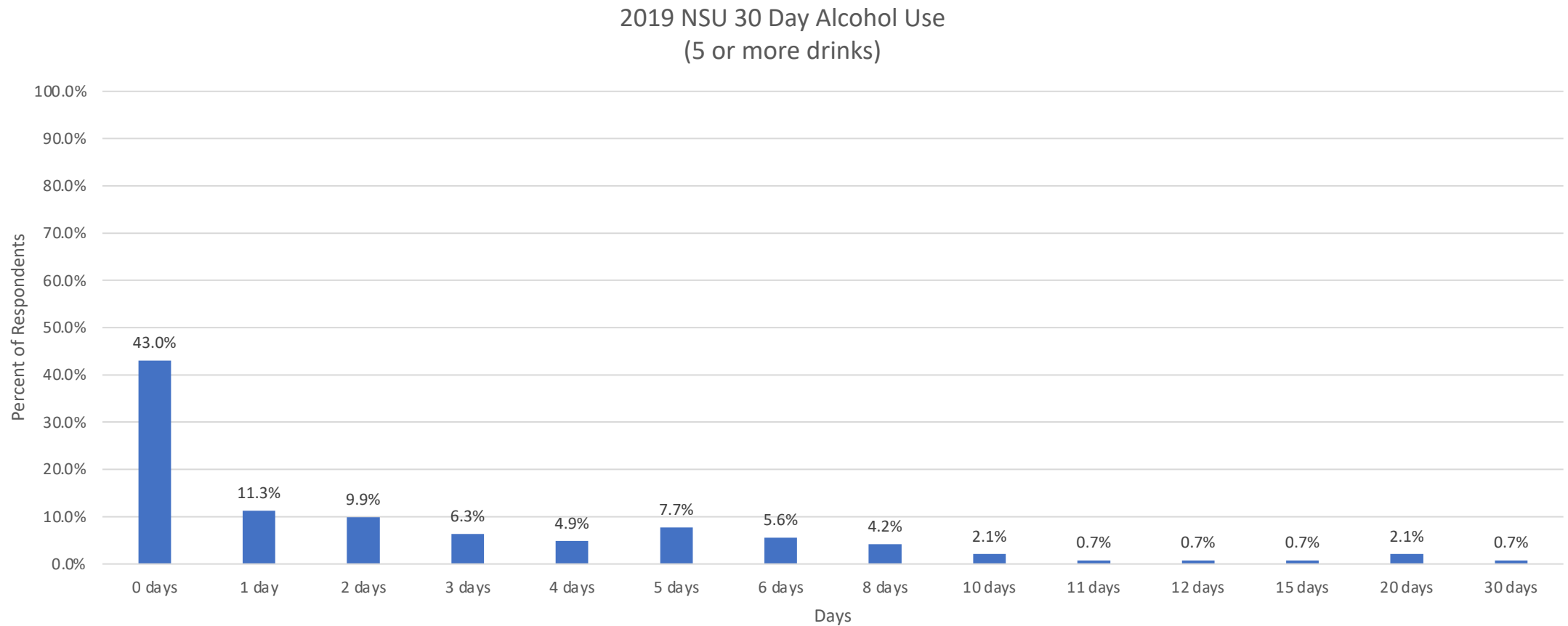


2019: During the past 30 days, on how many days did you drink **one** or more drinks of an alcoholic beverage?

2019 NSU 30 Day Alcohol Use by Gender

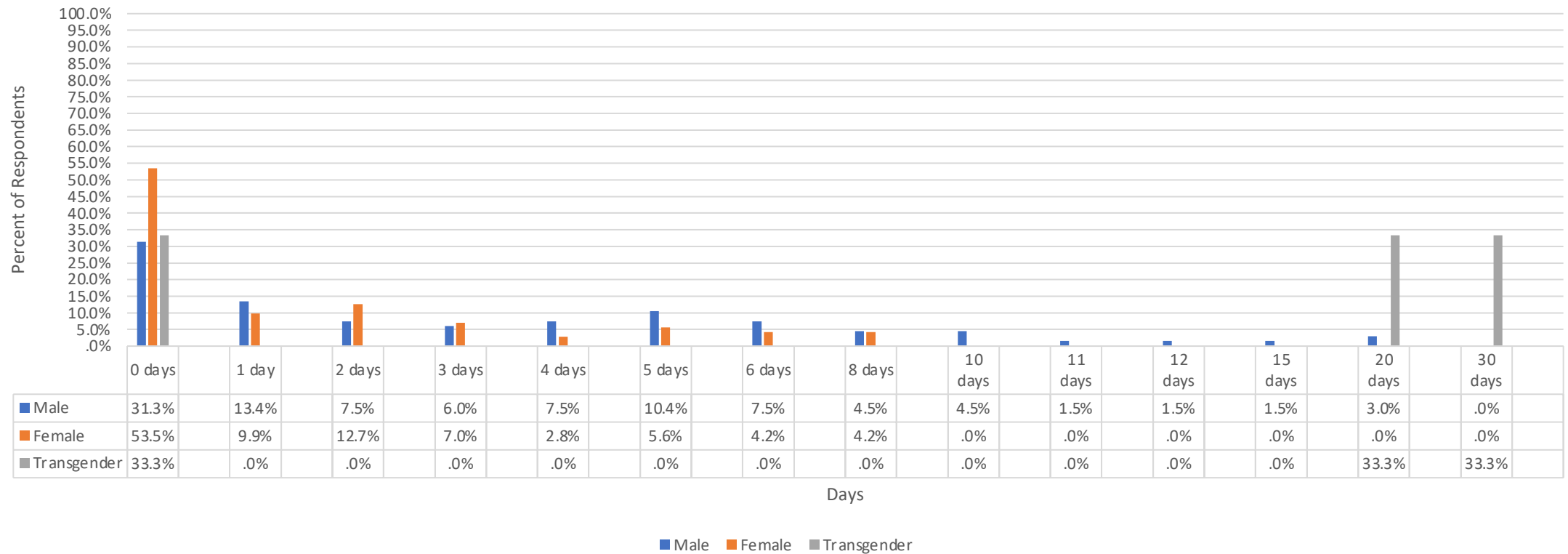


2019: During the past 30 days, on how many days did you drink **five** or more drinks on the same occasion?

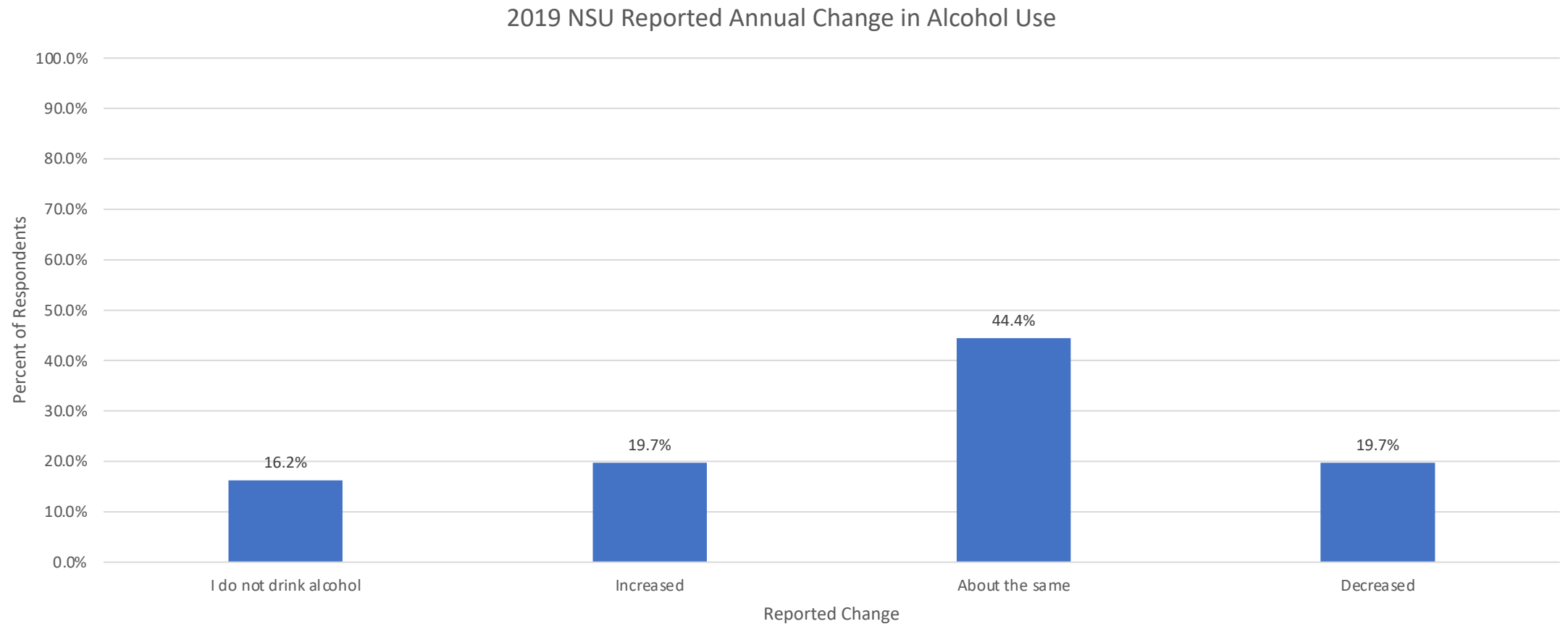


2019: During the past 30 days, on how many days did you drink **five** or more drinks on the same occasion?

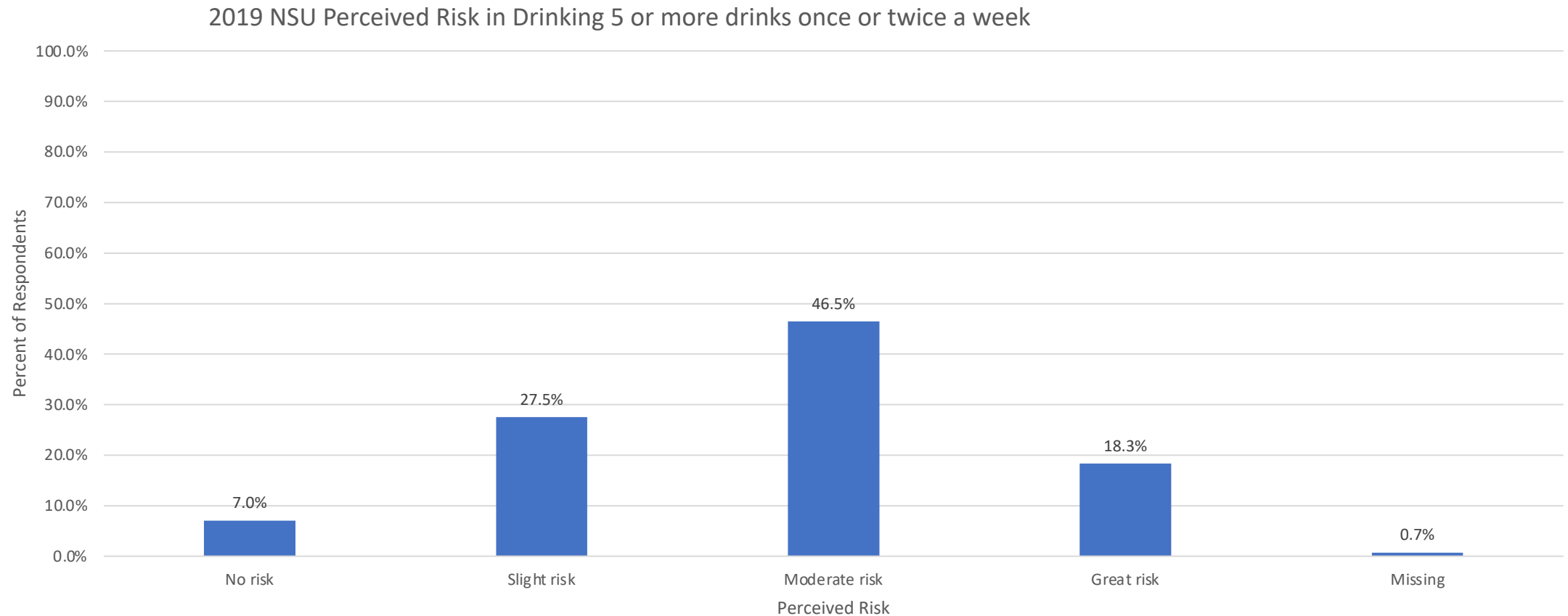
2019 NSU 30 Day Alcohol Use by Gender
(5 or more drinks)



2019: To what extent has your alcohol use changed within the past 12 months?

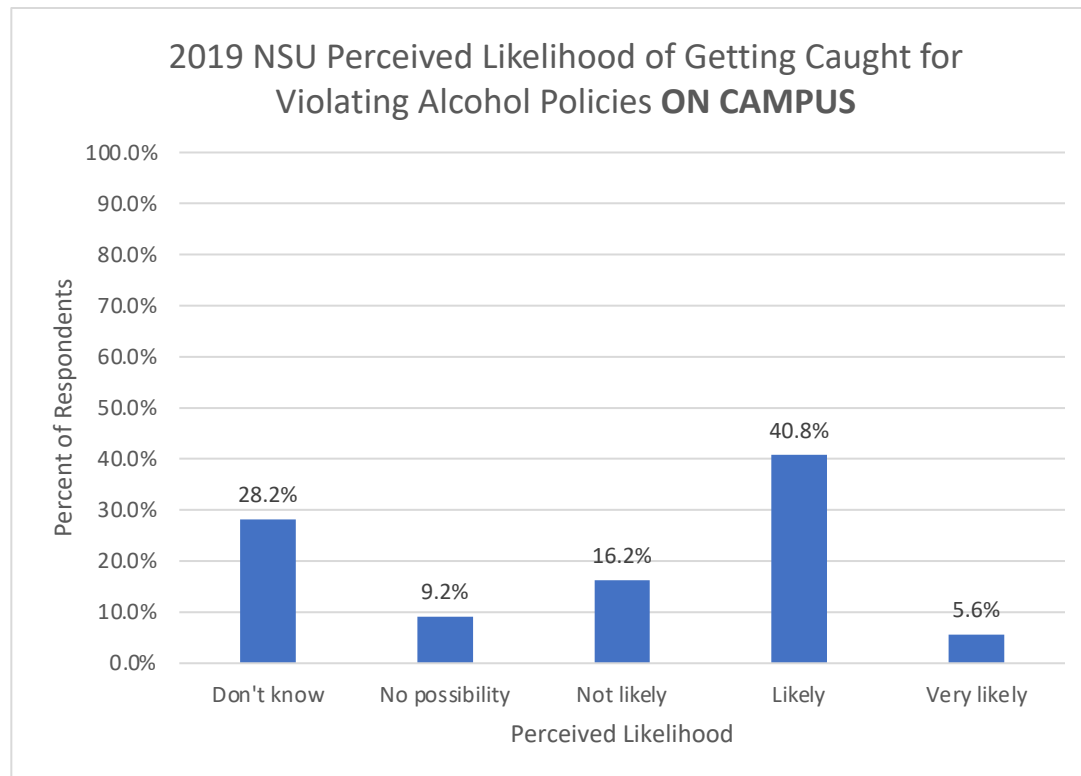


2019: How much do people risk harming themselves physically and in other ways when they have **five** or more drinks of an alcoholic beverage once or twice a week?

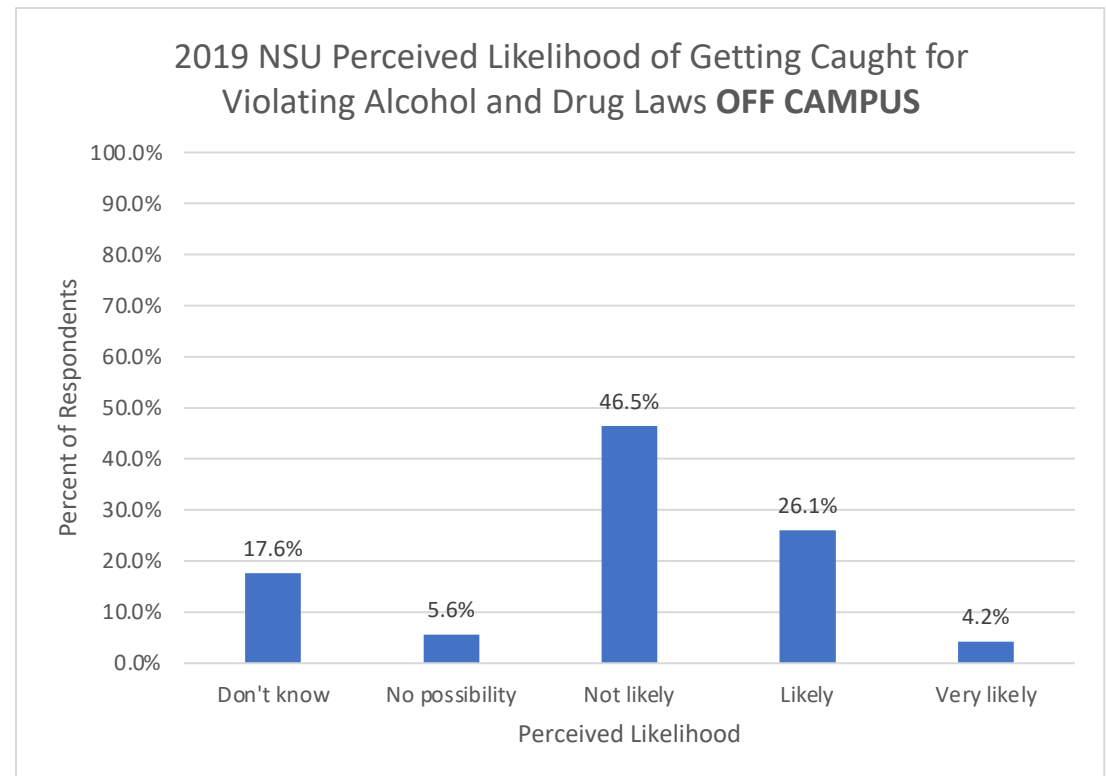


2019: Likelihood of Getting Caught

Please indicate the likelihood of getting caught for violating campus alcohol policies while **ON CAMPUS**

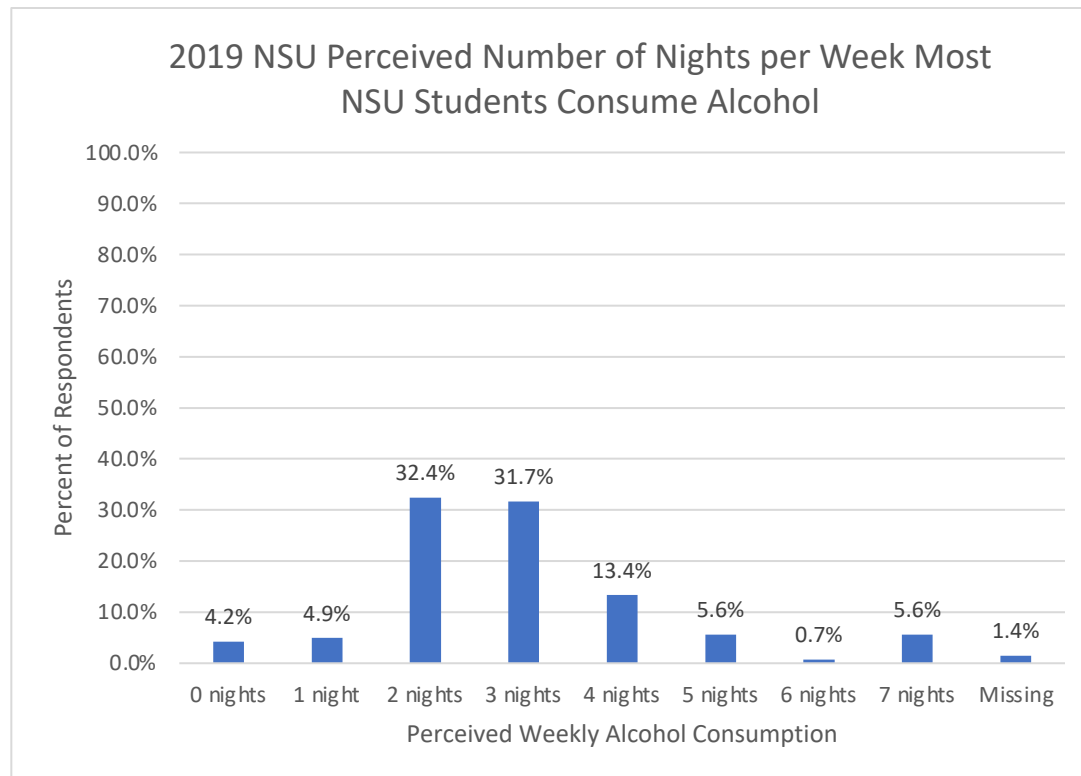


Please indicate the likelihood of getting caught for violating alcohol and drug laws while **OFF CAMPUS**

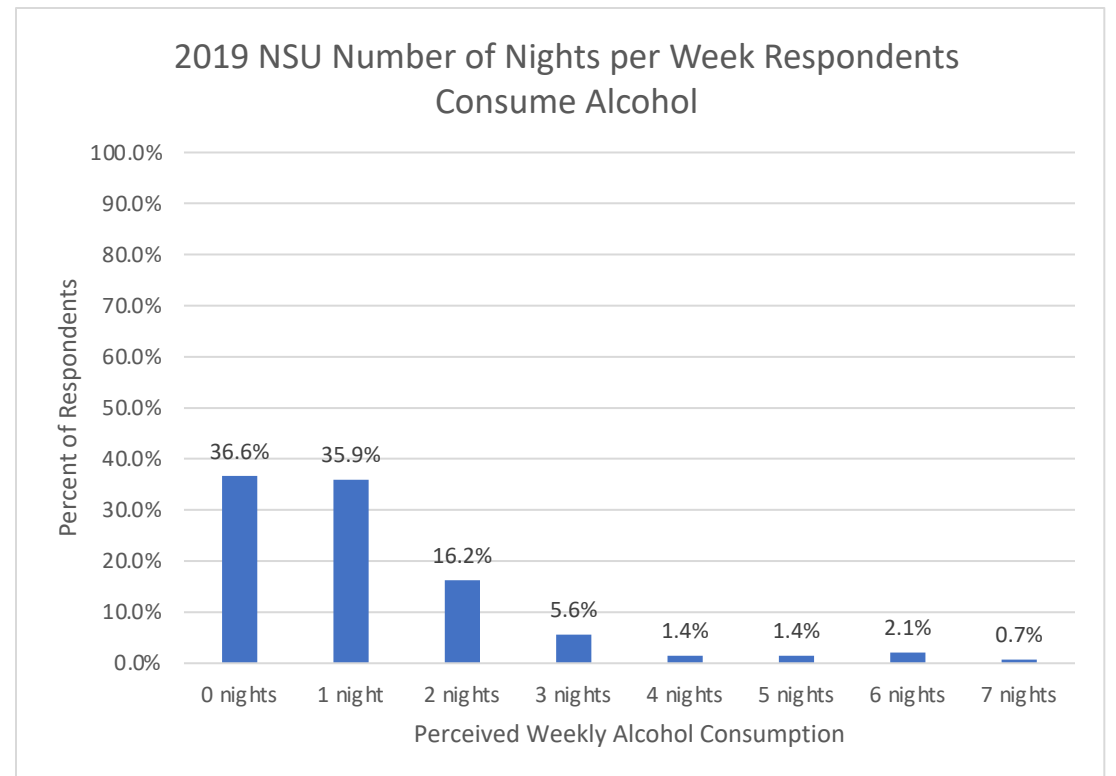


2019: Weekly Alcohol Consumption Comparison

How many nights a week do you think most NSU students consume alcohol?

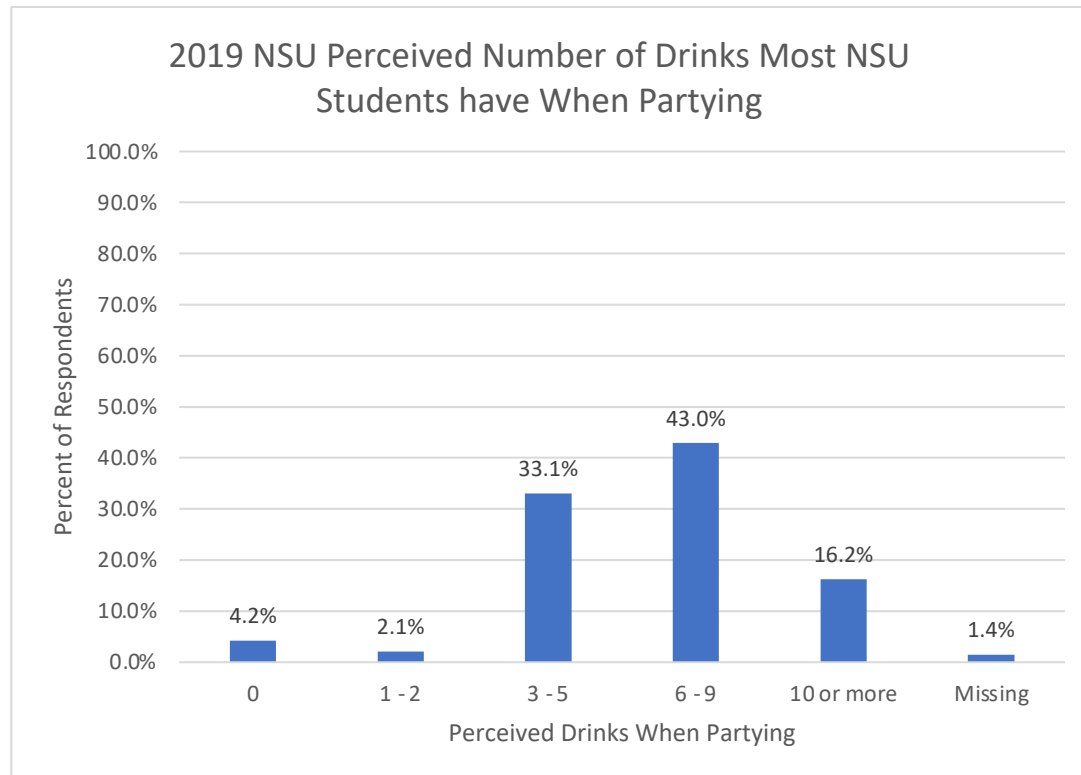


How many nights a week do you consume alcohol?

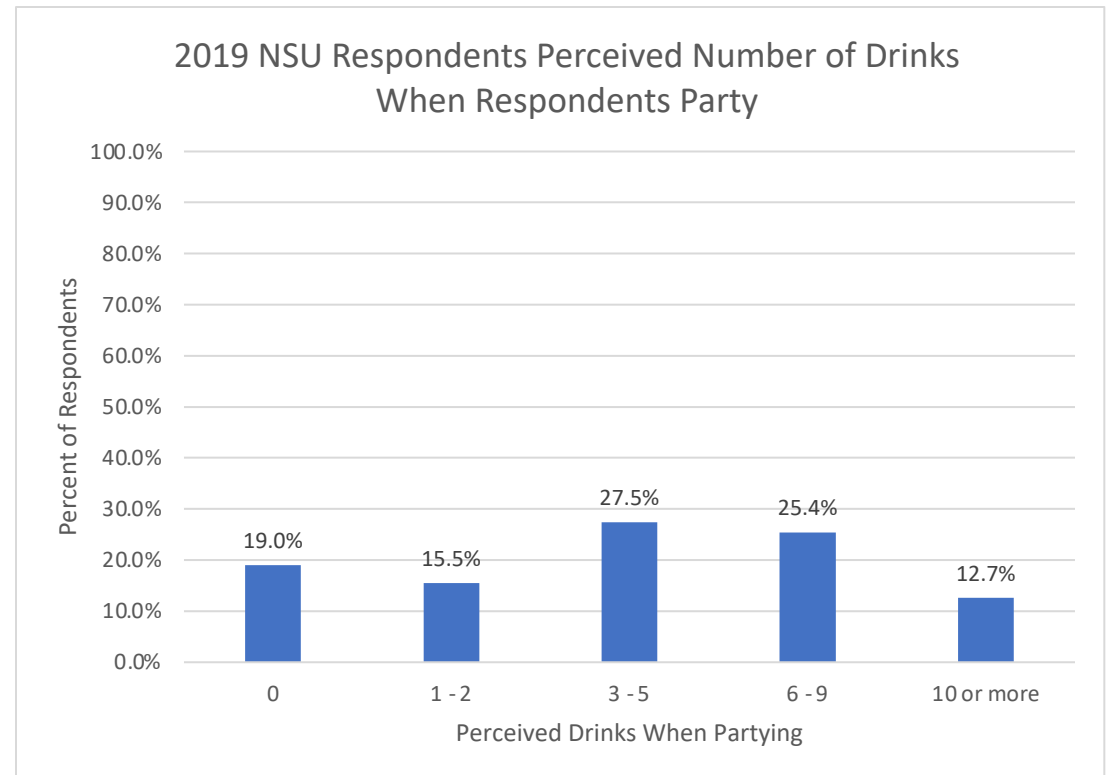


2019: Drink Comparison

How many drinks do you think most NSU students usually have when they party?

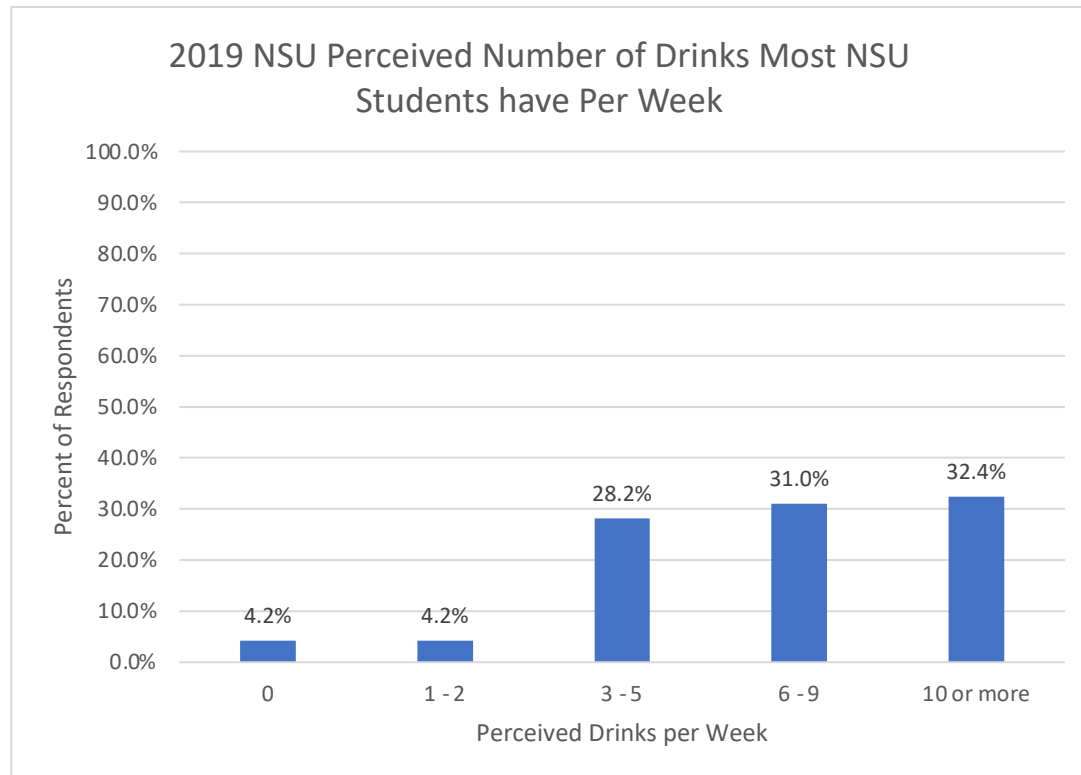


How many drinks do you think you have when you party?

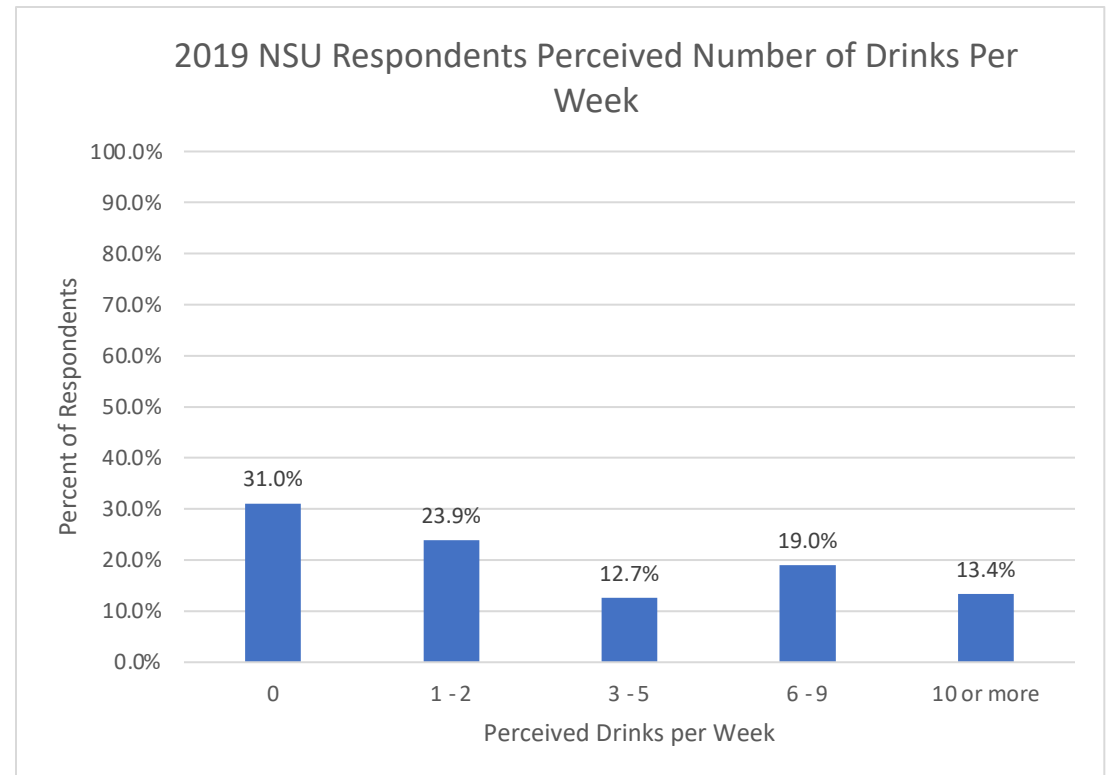


2019: Weekly Drink Comparison

How Many drinks do you think most NSU students usually have per week?

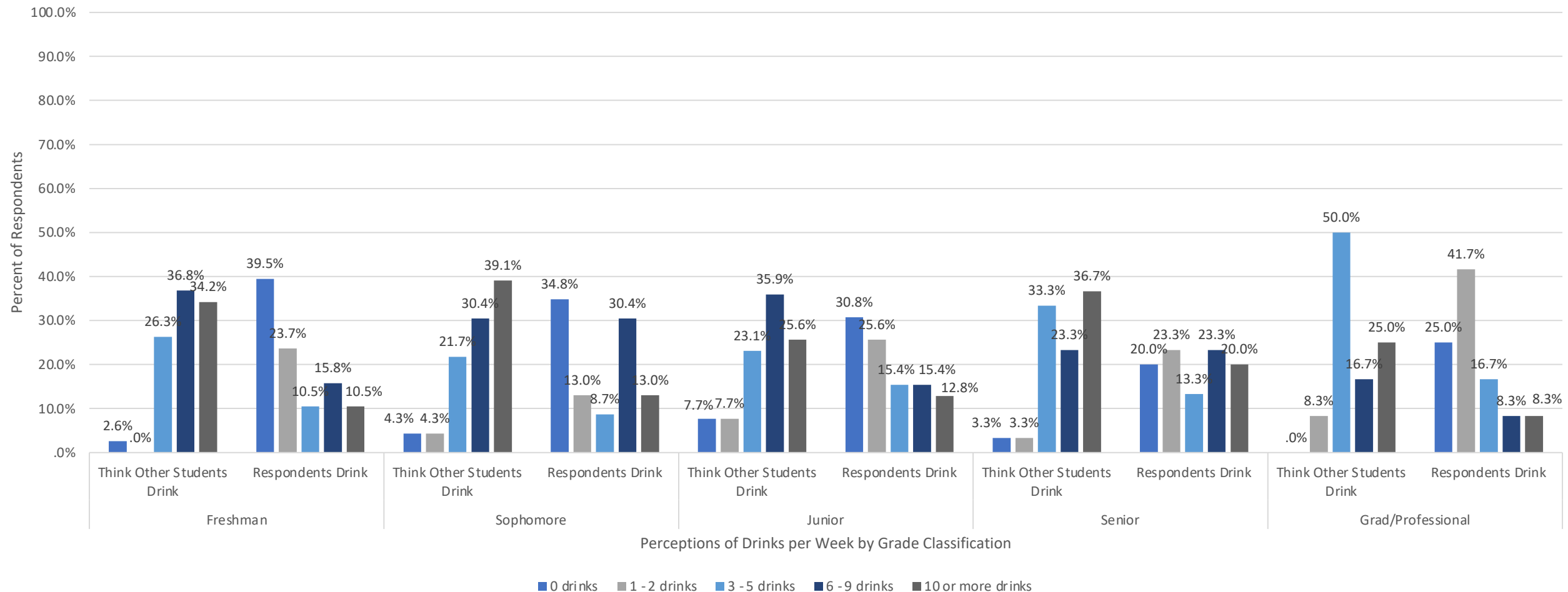


How many drinks do you think you have per week?



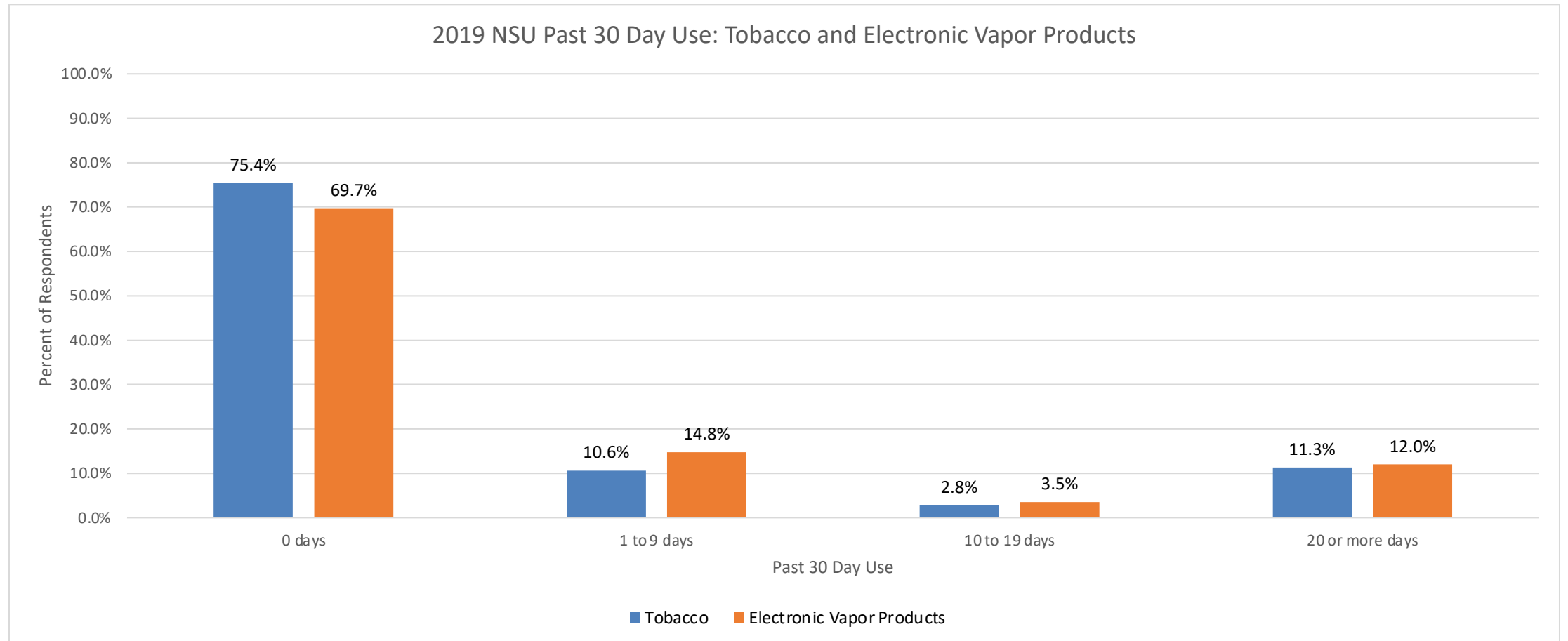
2019: Weekly Drinking Perceptions of NSU students and Reported Weekly Drinks by Respondents

2019 NSU Weekly Drinking Perceptions of NSU Students and Respondents by Grade Classification

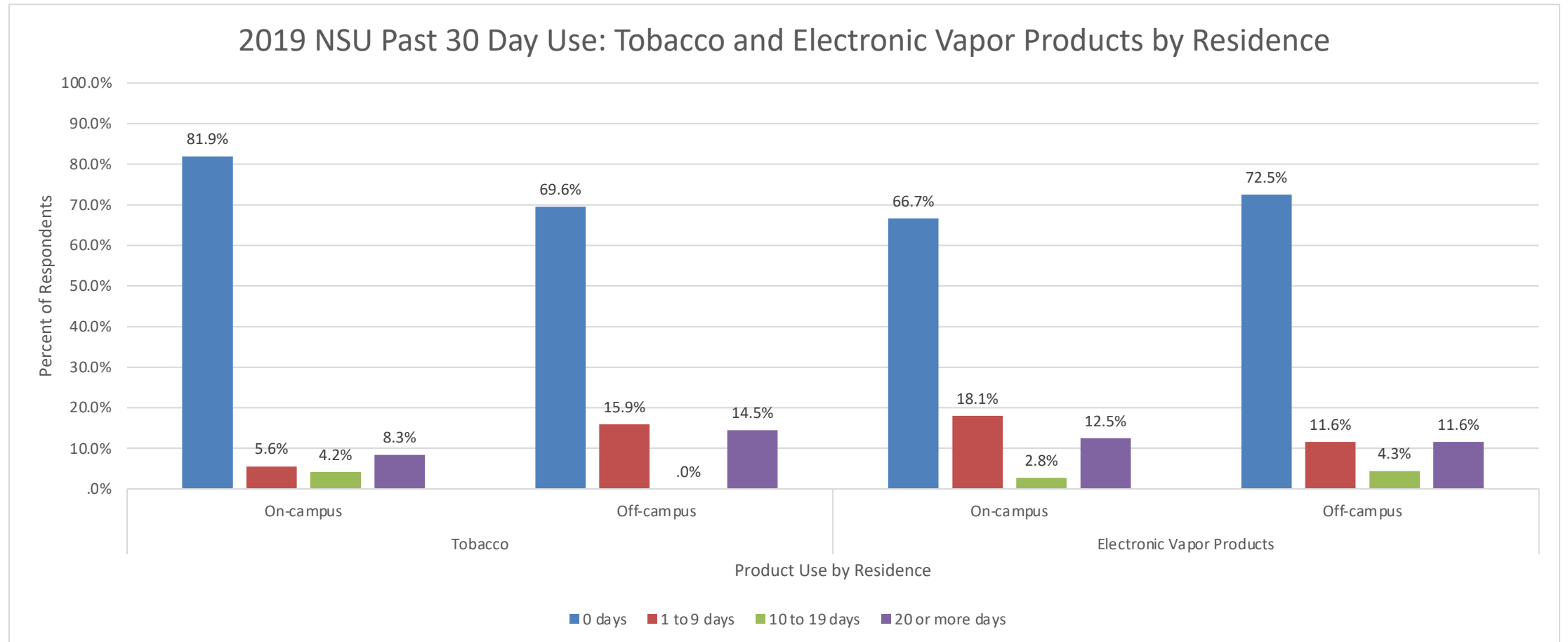


Tobacco and Electronic Vapor Products

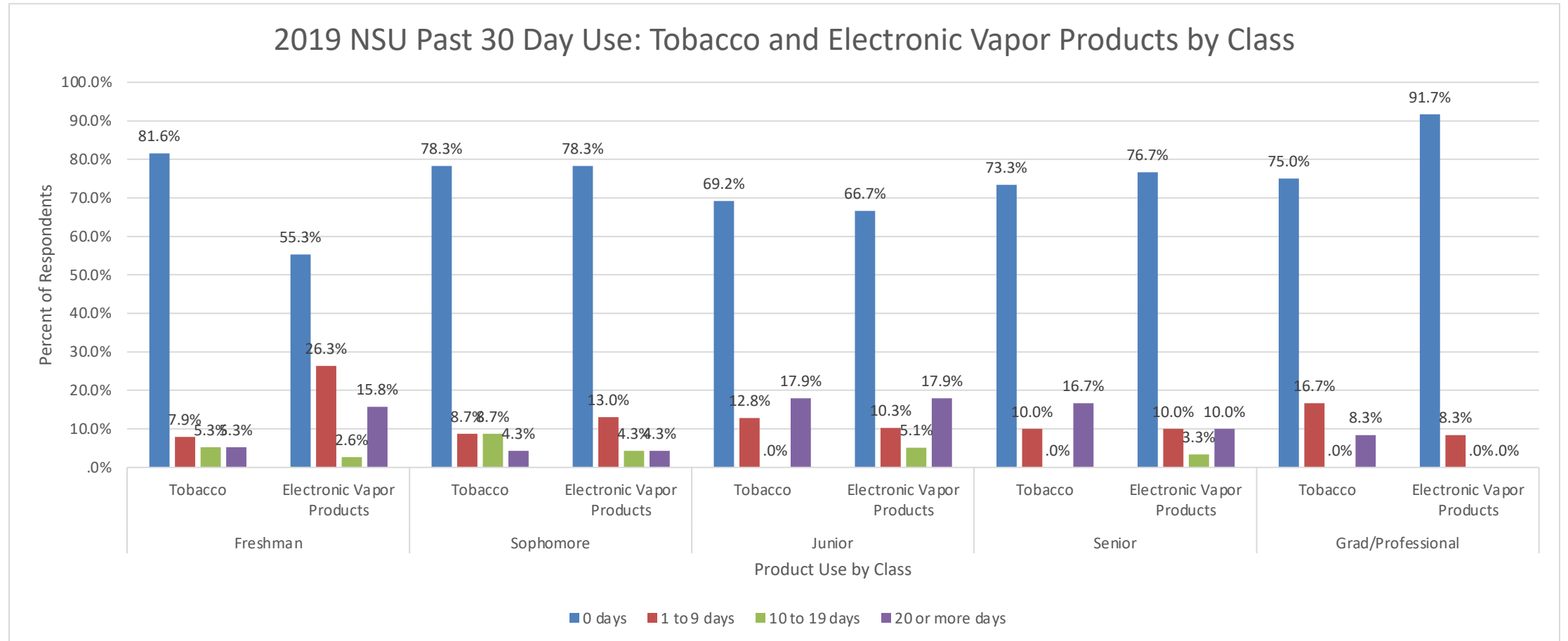
2019: Past 30 Day Use of Tobacco or Electronic Vapor Products



2019: Past 30 Day Use of Tobacco or Electronic Vapor Products by Residence

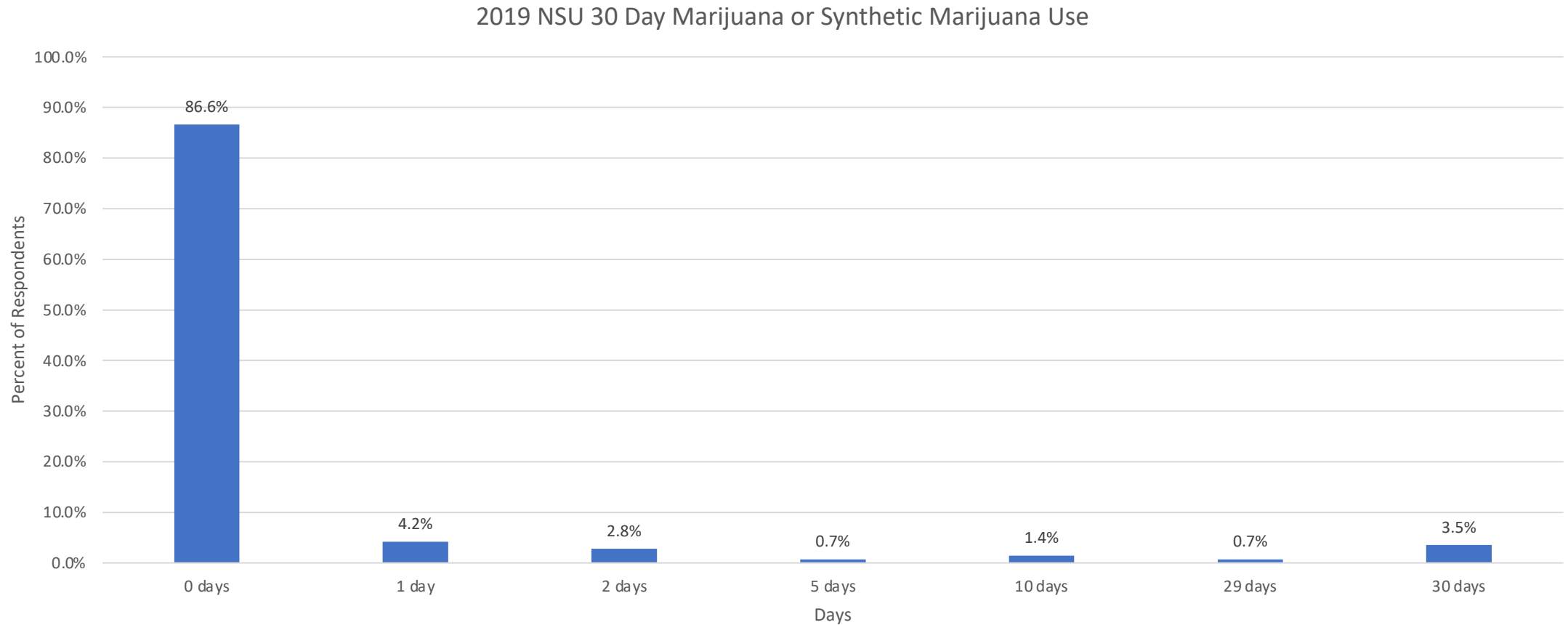


2019: Past 30 Day Use of Tobacco or Electronic Vapor Products by Class

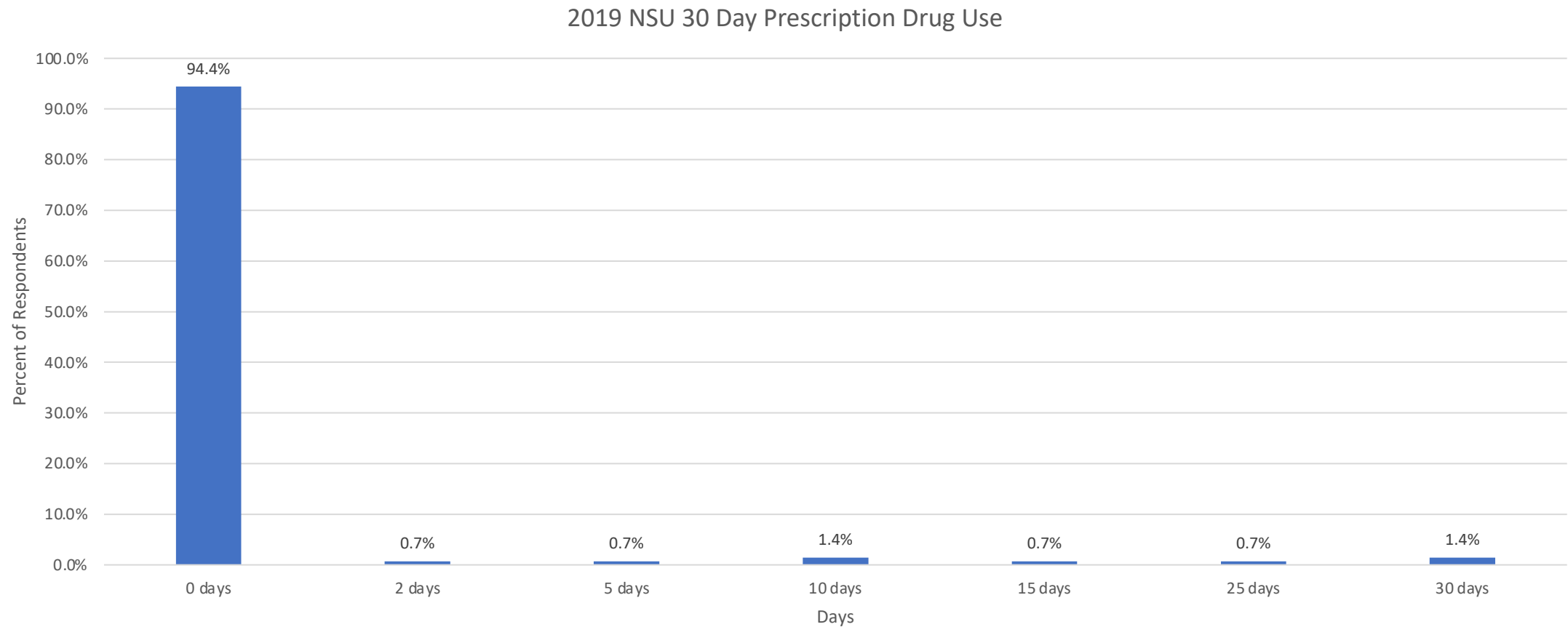


Marijuana/Synthetic Marijuana Use and Prescription Drug Use and Risk

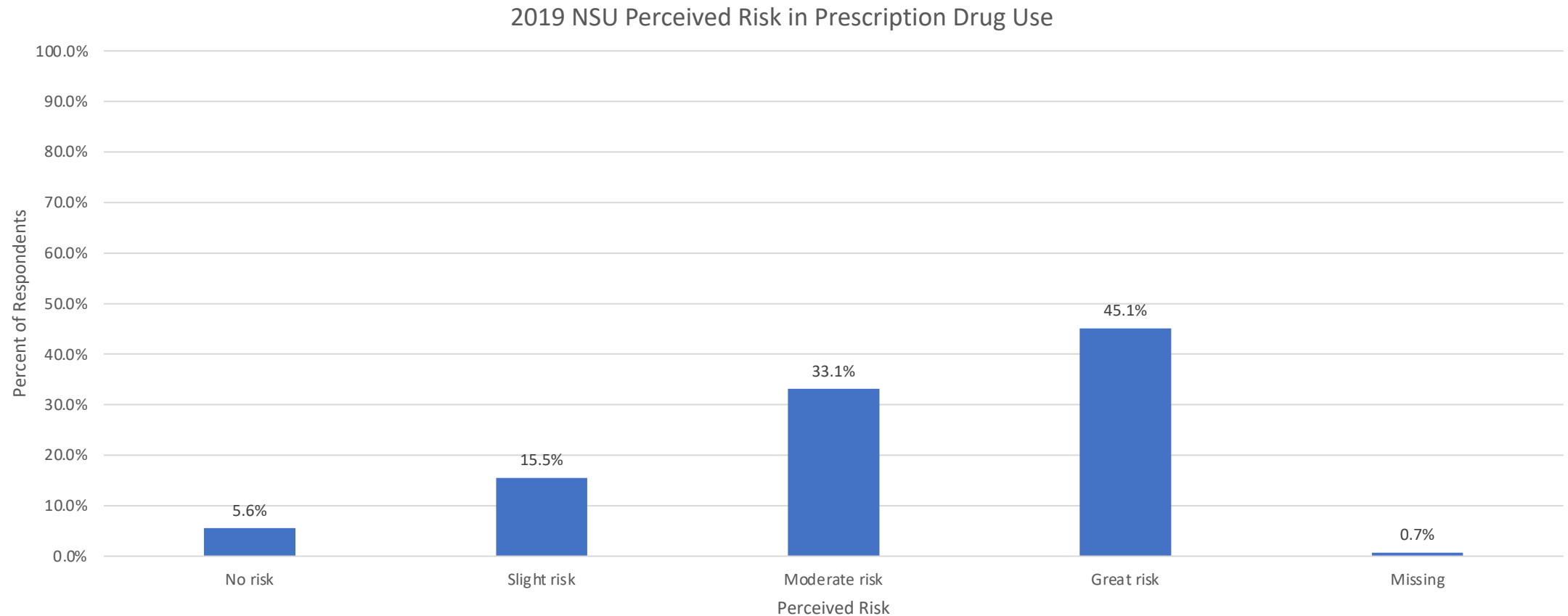
2019: During the past 30 days, on how many days did you smoke/ingest marijuana or synthetic marijuana?



2019: During the past 30 days, on how many days did you use prescription drugs that were not prescribed to your or that you took only for the experience or feeling they caused?

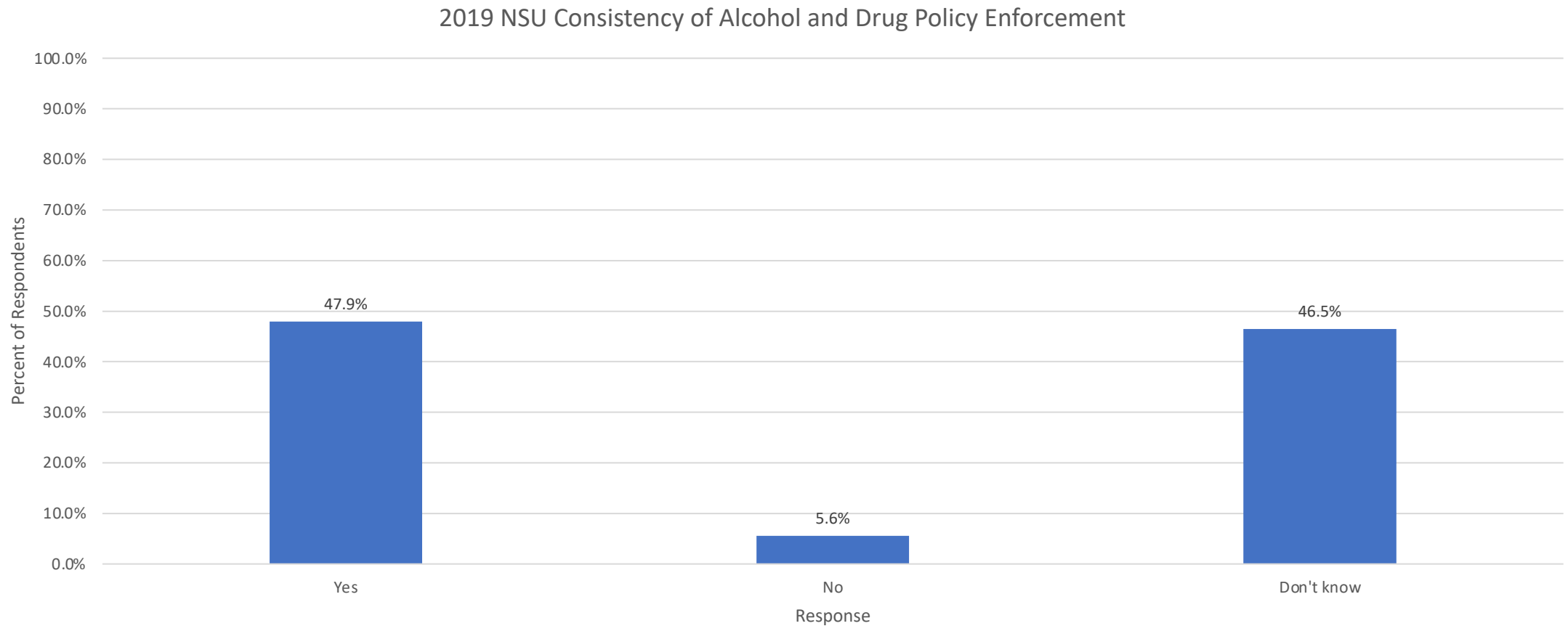


2019: How much do people risk harming themselves physically and in other ways if they use prescription drugs that are not prescribed to them or that they took only for the experience or feeling they caused?



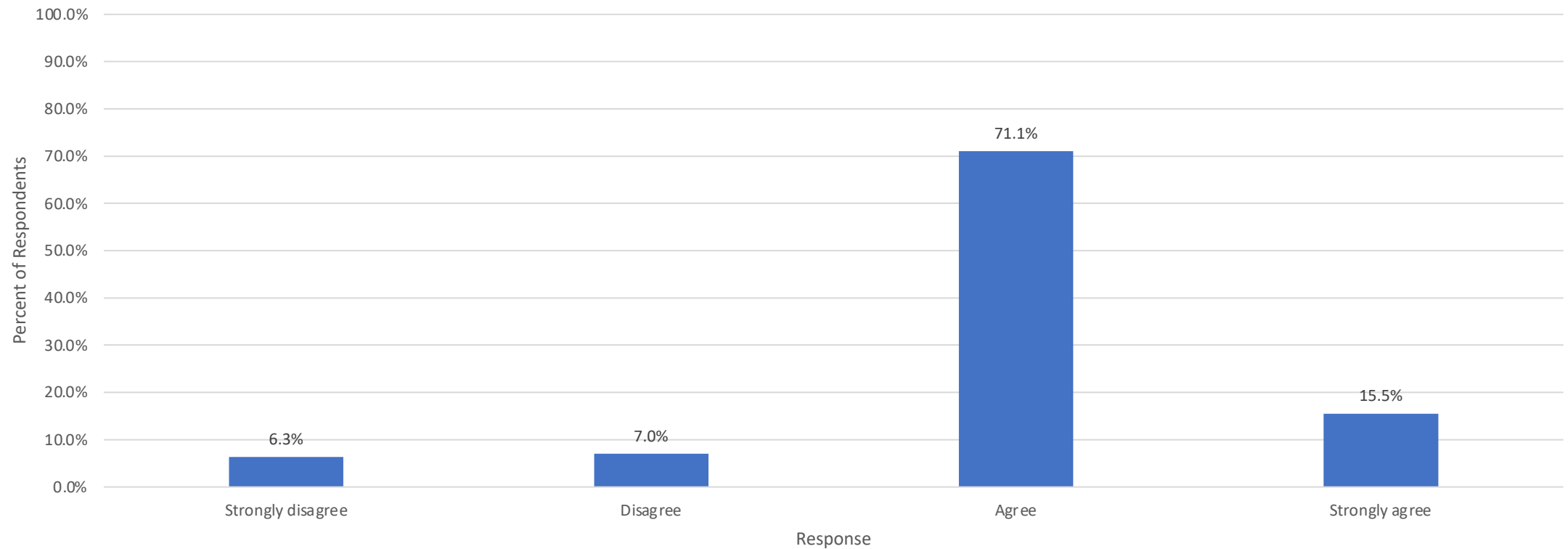
NSU's Alcohol and Drug Policies and Campus Atmosphere

2019: Are the NSU alcohol and drug policies consistently enforced?

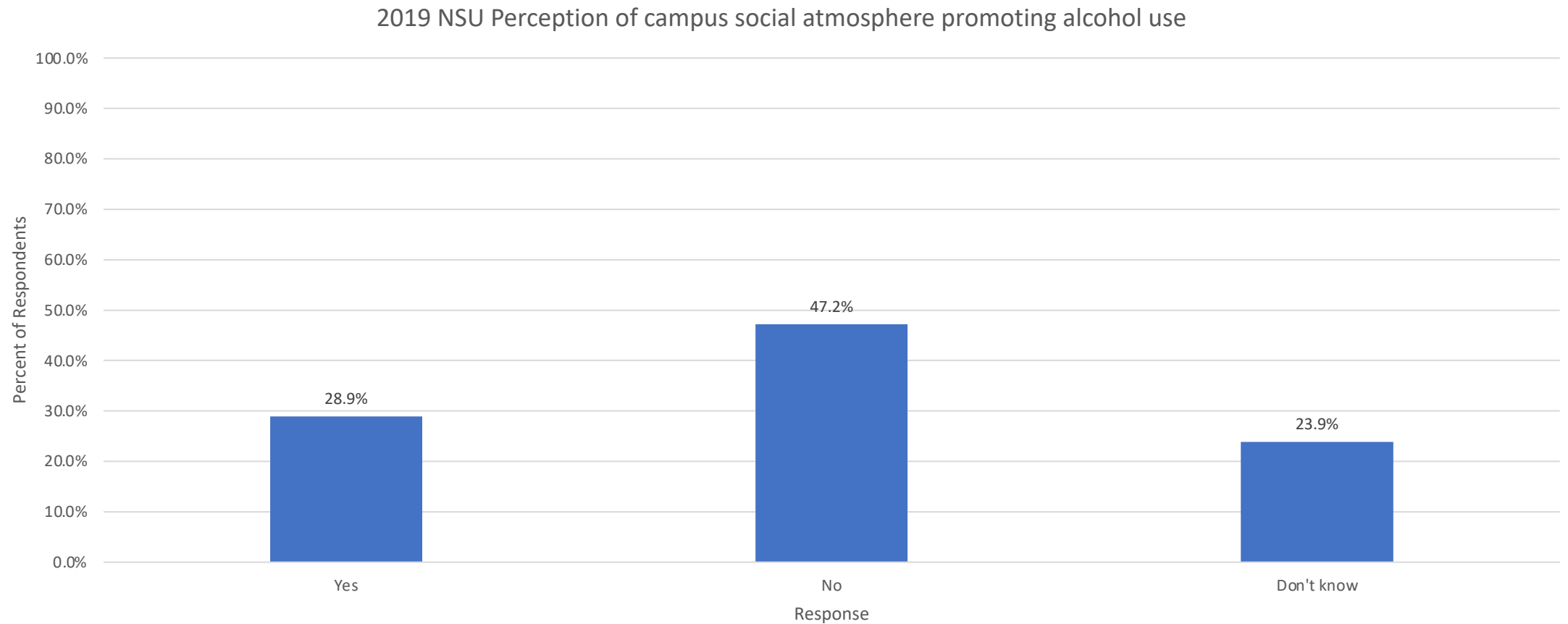


2019: NSU provides clear and consistent standards about the use and abuse of alcohol and other drugs.

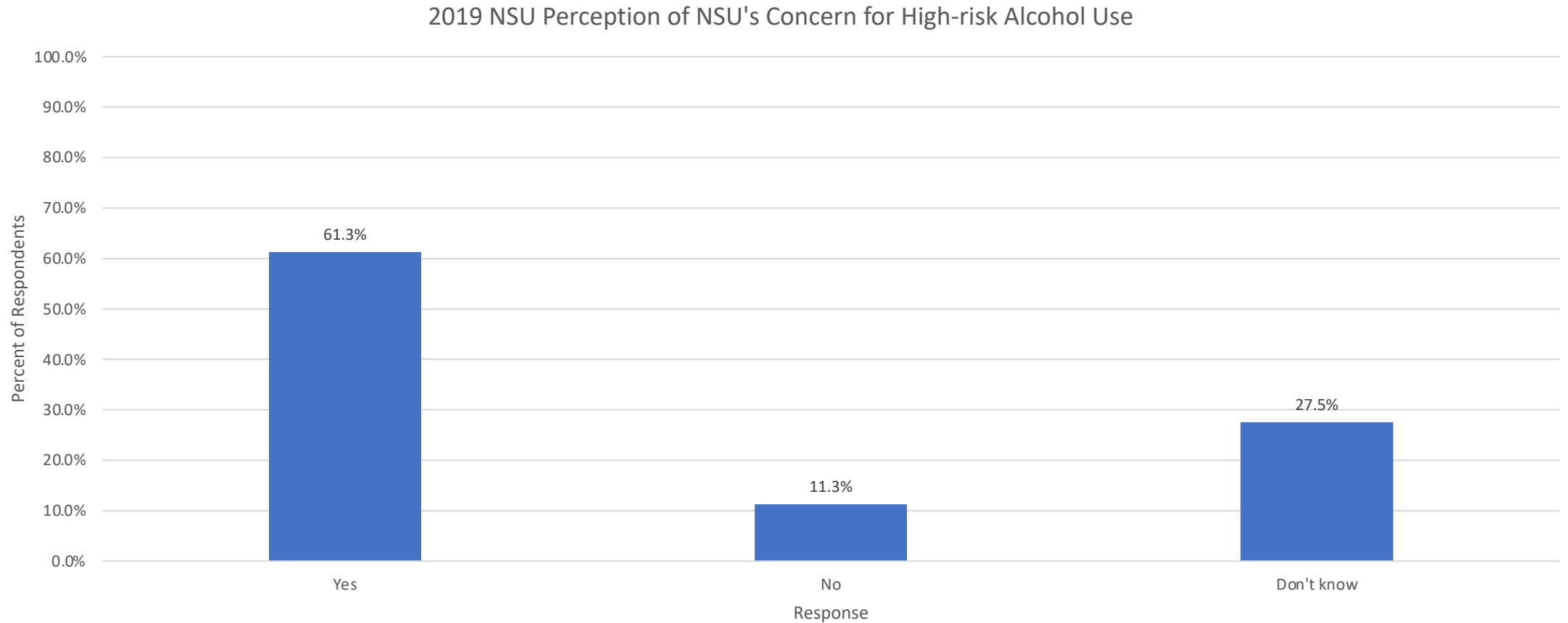
2019 NSU Agreement about the clarity and consistency of NSU's standards for using and abusing alcohol and other drugs



2019: Does the social atmosphere on this campus promote alcohol use?

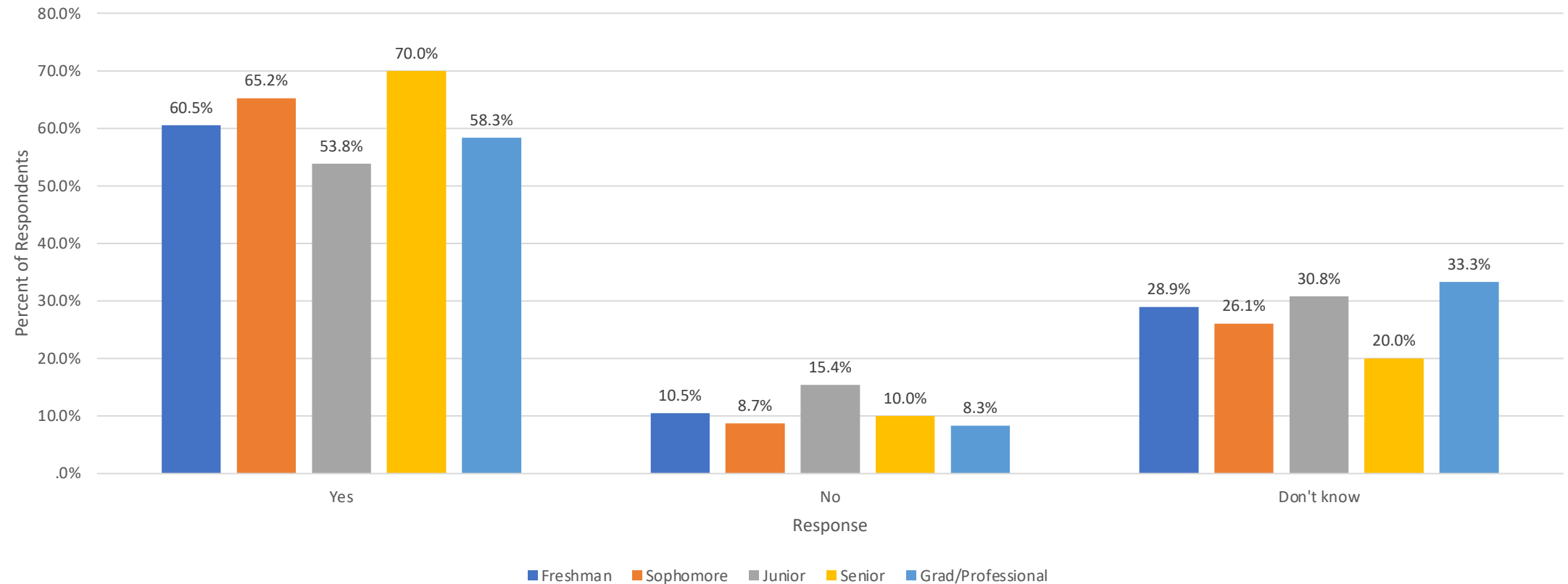


2019: Do you believe this campus is concerned about the prevention of high-risk alcohol use?



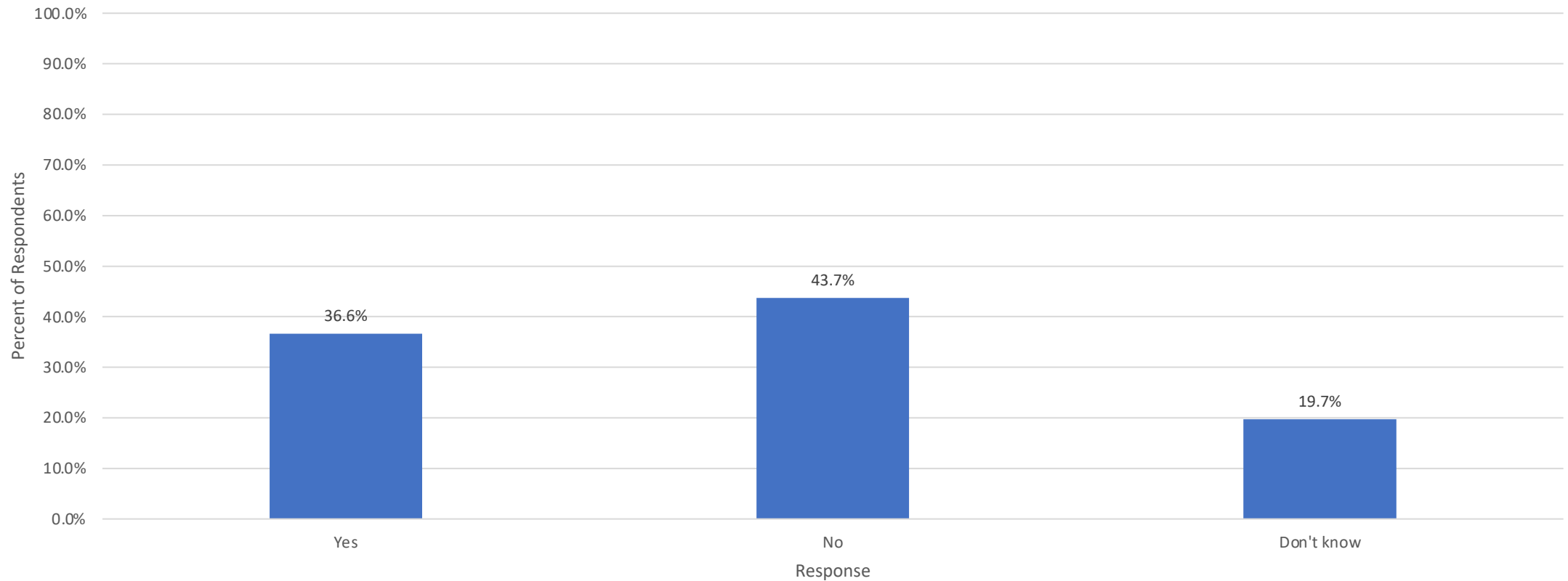
2019: Do you believe this campus is concerned about the prevention of high-risk alcohol use?

2019 NSU Perception of NSU's Concern for High-risk Alcohol Use by Classification

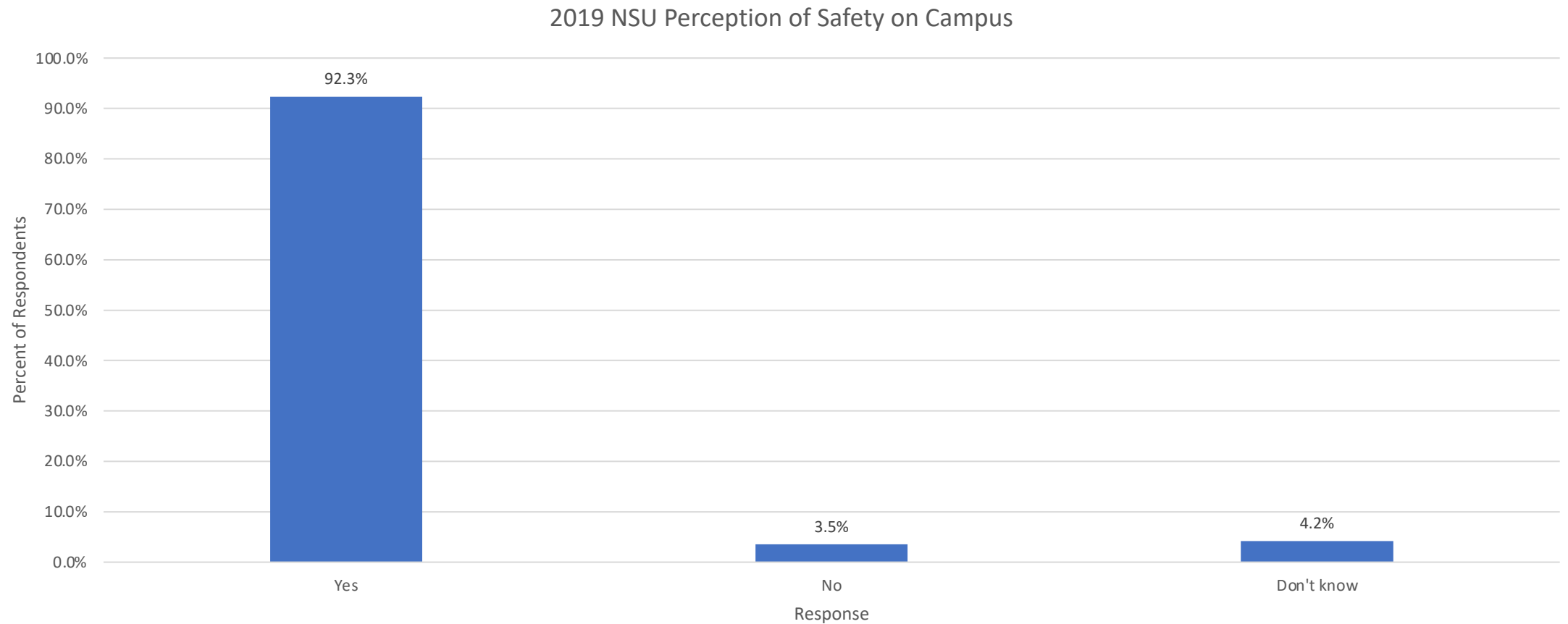


2019: Would you like to participate in more alcohol-free weekend and late-night activities if they were offered on campus?

2019 NSU Participation in more alcohol-free weekend and late-night events on campus

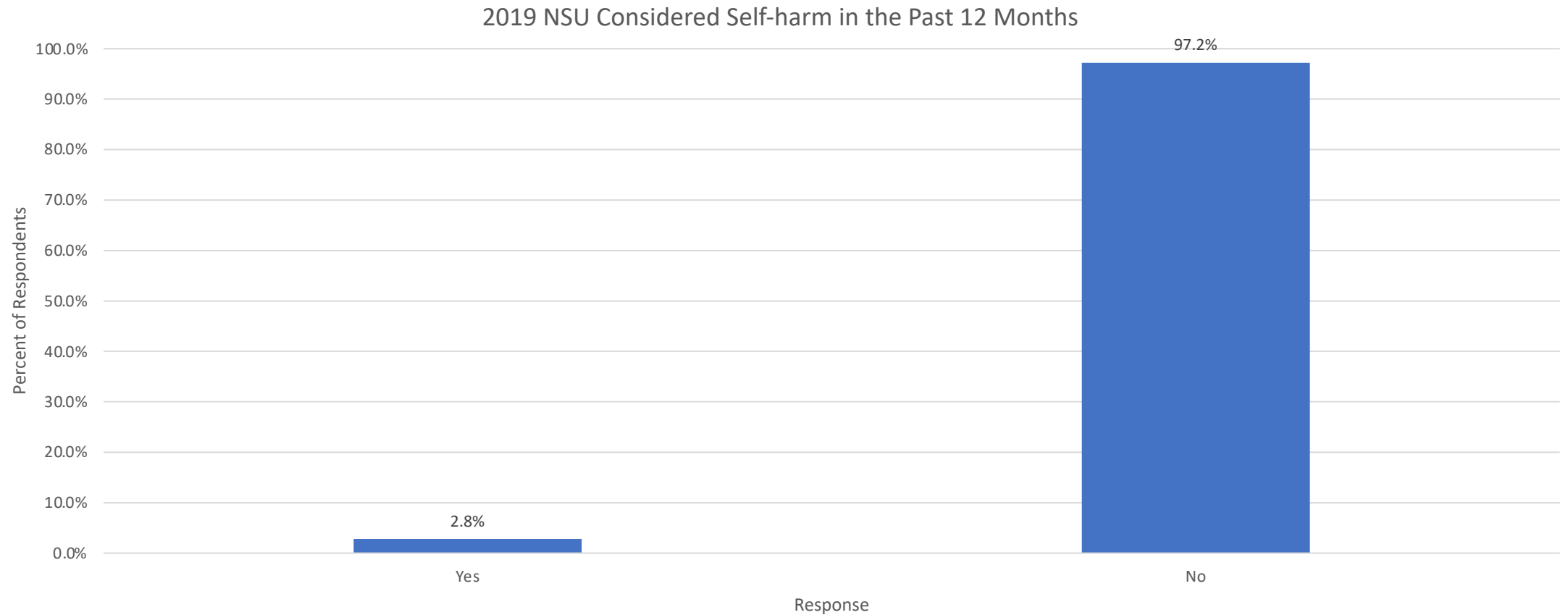


2019: Do you feel safe on this campus?

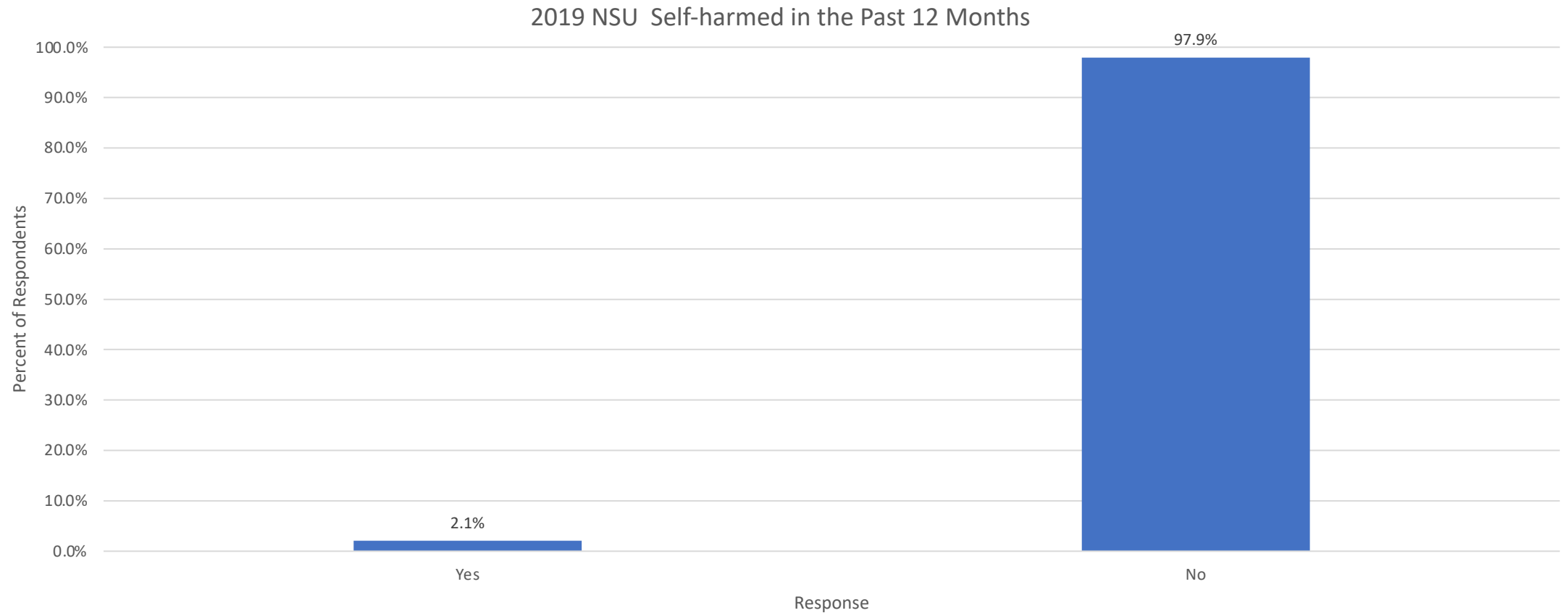


Suicide

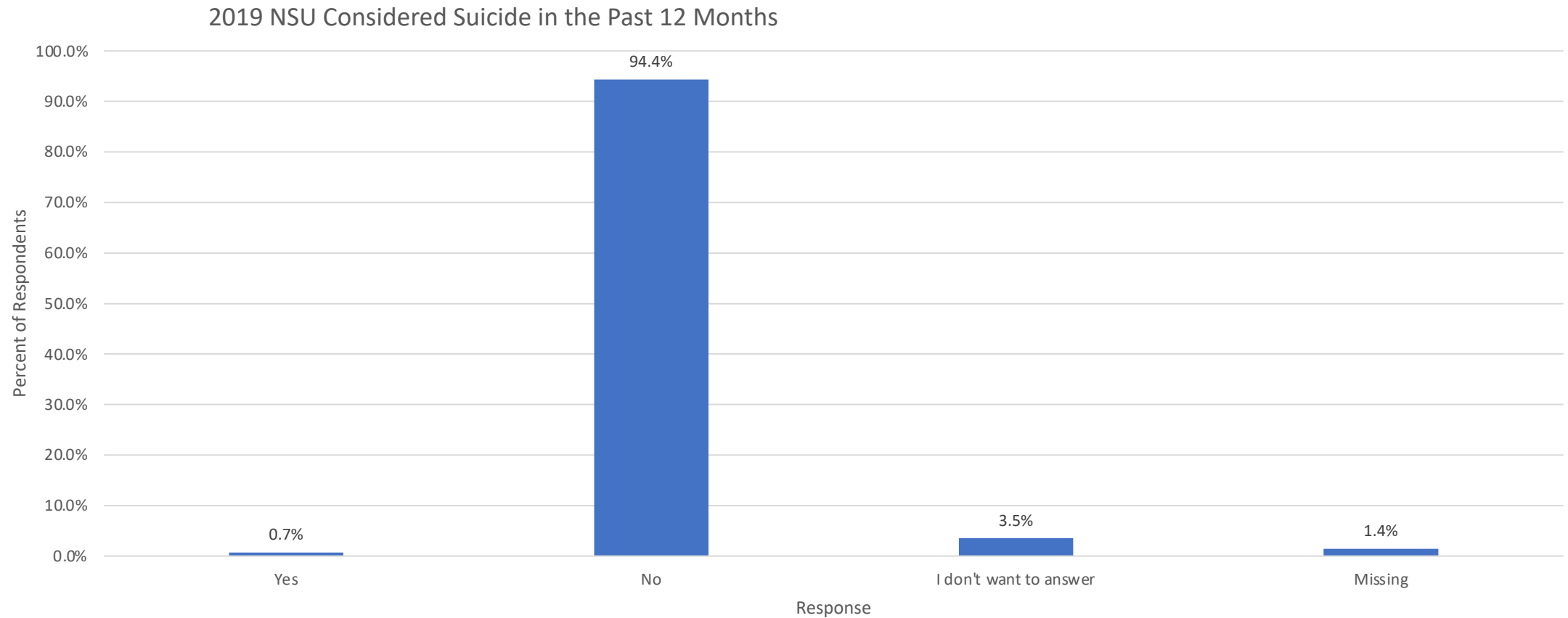
2019: In the past 12 months, have you considered self-harm (cutting, burning, scratching, etc.)



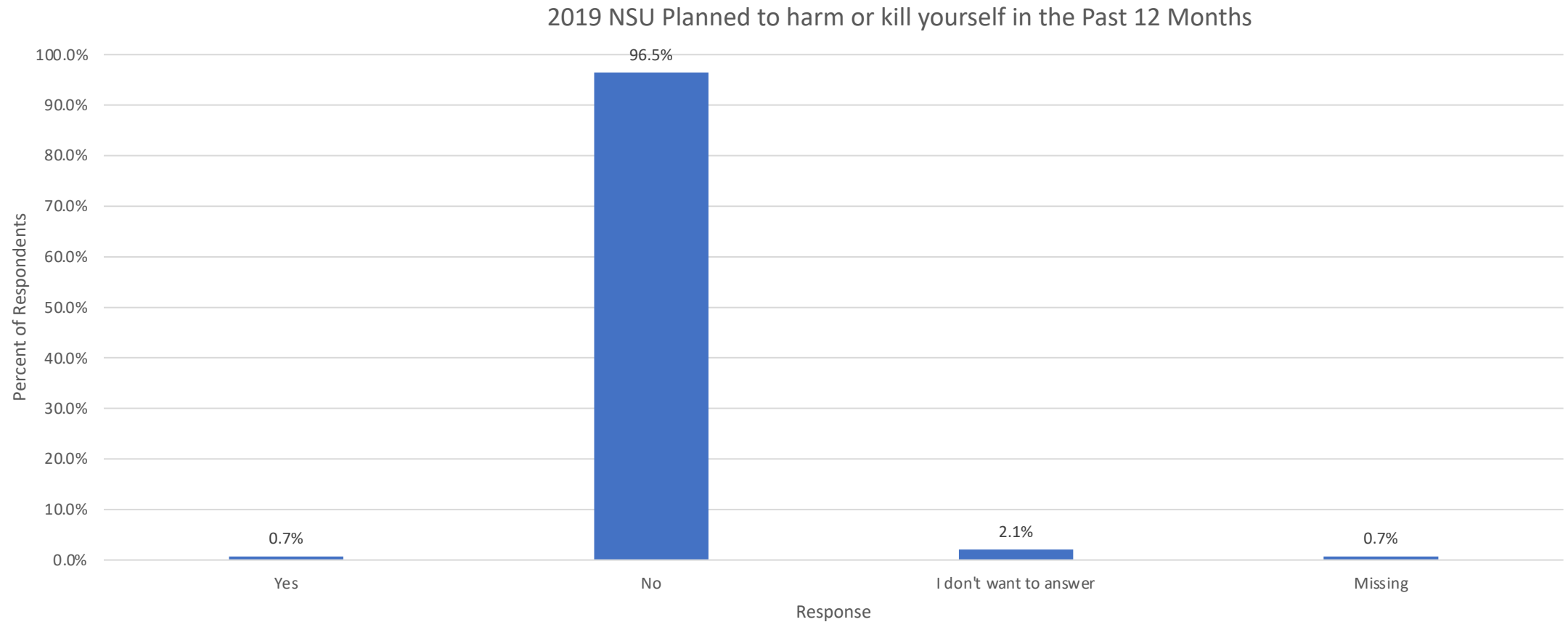
2019: In the past 12 months, have you self-harmed?



2019: In the past 12 month, have you seriously considered attempting suicide?



2019: In the past 12 months, have you made a plan to harm or kill yourself?



2019: In the past 12 months, have you attempted suicide?

