

Memorandum

March 3, 2020

From: Director of Online & Continuing Education
To: Academic Department Chair
Academic Dean
Associate VPAA

Subj: PROFESSIONAL LICENSURE/CERTIFICATION DISCLOSURE

Please review the Professional Licensure/Certification requirements for Licensed Clinical Mental Health Counselor (LCMHC) in the state of North Carolina below. At the end of the document, please indicate if NSU Counseling: Clinical Mental Health Counseling (MSEd) and School Counseling (MSEd) degree/certificate program(s) meets or do not meet these pre-education requirements.

State	North Carolina
Professional Licensure/Certification Title	Licensed Clinical Mental Health Counselor
Professional Licensure/Certification Short Title/Acronym	LCMHC
PLC Agency	North Carolina Board of Licensed Clinical Mental Health Counselors
PLC Agency Address (Address)	Post Office Box 77819
PLC Agency Address (Address2)	
PLC Agency Address (City), (State), Zip Code	Greensboro NC 27417
PLC Agency Contact Name	
PLC Agency Point of Contact Title	
PLC Agency Contact Phone	(844) 622-3572
PLC Agency Contact Email	LCMHCinfo@ncblcmhc.org
PLC Agency Website URL	https://www.ncblpc.org
Link to Rules/Regulations/Statutes	https://www.ncblpc.org/Assets/LawsAndCodes/LPC_Practice_Act(NCGSArticle24).pdf and https://www.ncblpc.org/Assets/LawsAndCodes/NCB_LCMHC_Administrative_Rules(NCACTitle21Chapter53).pdf
Link to Agency Regulations	https://www.ncblpc.org/Licensure/Applying/LCMHC
Parent Agency Name	
Reciprocity Agreement?	Other
Is the PLC Agency a member of a Reciprocity or Regional/National Compact	Individual application

Does the PLC Agency require educational institutions be approved in the state where the individual will apply for PLC?	No
URL for approval process information	
Accreditation required for Degree-Granting Institutions	Yes - Regional (HLC, SACS, MSCHE, etc.) Yes - Professional/Program Accreditation (ABA, AACSB, ACBSP, CAHME, etc.)
Degree Requirements to be eligible for Professional Licensure/Certification	Master Degree
The PLC Agency requires specific type of Education Hours to be eligible for PLC	Semester Credit Hours
Total Credit Hours above/Post Education Hours Required to be eligible for PLC	60 semester hours
Specific Education Undergraduate Requirements	
Specific Education Graduate Requirements	In law G.S. 90-336, CACREP accredited. In administrative rules for Board (21 NCAC 53 .0701): (1) completed graduate training as defined in G.S. 90-336(b)(1); (2) completed a minimum of three semester hours or five quarter hours in each of the required coursework areas of study as follows: (a) Coursework in Helping Relationships in Counseling. Studies in this area provide an understanding of counseling and consultation processes, including the following: (i) counseling and consultation theories, including both individual and systems perspectives, as well as coverage of relevant research and factors considered in applications; (ii) basic interviewing,

assessment, and counseling skills; (iii) counselor or consultant characteristics and behaviors that influence professional counseling relationships, including age, gender, and ethnic differences; verbal and nonverbal behaviors; personal behaviors; and personal characteristics, orientations, and skills; (iv) client or consultee characteristics and behaviors that influence professional counseling relationships, including age, gender, and ethnic differences; verbal and nonverbal behaviors; and personal behaviors; personal characteristics, orientations and skills; and (v) ethical considerations. (b) Coursework in Practicum and Internship. Practicum and internship experience should be provided in a supervised graduate counseling experience in a regionally accredited program of study. This graduate counseling experience shall be completed as defined in Rule .0206 of this Chapter. (c) Coursework in Professional Orientation to Counseling. Studies in this area provide an understanding of all aspects of professional functioning, including history, roles, organizational structures, ethics, standards, and credentialing, including the following: (i) history of the counseling profession, including significant factors and events; (ii) professional roles and functions of counselors, including similarities and differences with other types of professionals; (iii) professional organizations (primarily the ACA, its divisions, branches and affiliates), including membership benefits, activities, services to members, and current emphases; (iv) ethical standards of the National Board for Certified Counselors (NBCC) or ACA and related ethical and legal issues, and their applications to various professional activities (e.g., appraisal, group work); (v) professional counselor preparation standards, their evolution, and current applications; (vi) professional counselor credentialing, including counselor certification, licensure and accreditation practices and standards, and the effects of public policy on these issues; (vii) public policy processes, including the role of the professional counselor advocating on behalf of the profession and its clientele; and (viii) ethical considerations. (d) Coursework in Human Growth and Development Theories in Counseling. Studies in this area provide an understanding of the nature and

needs of individuals at all developmental levels, relevant to counseling practice, including the following: (i) theories of individual and family development, and transitions across the life span; (ii) theories of learning and personality development; (iii) human behavior, including an understanding of developmental crises, disability, addictive behavior, psychopathology, and environmental factors as they affect both normal and abnormal behavior; (iv) counseling strategies for facilitating development over the life span; and (v) ethical considerations. (e) Coursework in Social and Cultural Foundations in Counseling. Studies in this area provide an understanding of issues and trends in a multicultural and diverse society that impact professional counselors and the counseling profession, including, the following: (i) multicultural and pluralistic trends, including characteristics and concerns of counseling individuals from diverse groups; (ii) attitudes and behavior based on factors such as age, race, religious preferences, physical disability, sexual orientation, ethnicity and culture, family patterns, gender, socioeconomic status, and intellectual ability; (iii) individual, family, and group counseling strategies with diverse populations; and (iv) ethical considerations. (f) Coursework in Group Counseling Theories and Processes. Studies in this area provide an understanding of group development, dynamics, and counseling theories; group counseling methods and skills; and other group work approaches, including the following: (i) principals of group dynamics, including group counseling components, developmental stage theories, and group members' roles and behaviors; (ii) group leadership styles and approaches, including characteristics of various types of group leaders and leadership styles; (iii) theories of group counseling, including commonalities, distinguishing characteristics, and pertinent research and literature; (iv) group counseling methods, including group counselor orientations and behaviors, ethical standards, appropriate selection criteria, and methods of evaluation of effectiveness; (v) approaches used for other types of group work in counseling, including task groups, support groups, and therapy groups; and (vi) ethical considerations. (g) Coursework in Career Counseling and Lifestyle

Development. Studies in this area provide an understanding of career counseling, development, and related life factors, including the following: (i) career-counseling theories and decision-making process; (ii) career, avocational, educational, and labor market information resources; visual and print media; and computer-based career information systems; (iii) career-counseling program planning, organization, implementation, administration, and evaluation; (iv) interrelationships among work, family, and other life roles and factors, including multicultural and gender issues as related to career counseling; (v) career and educational placement counseling, follow-up, and evaluation; (vi) assessment instruments and techniques relevant to career counseling; (vii) computer-based career-development applications and strategies, including computer-assisted career-counseling systems; (viii) career-counseling processes, techniques and resources, including those applicable to specific populations; and (ix) ethical considerations. (h) Coursework in Assessment in Counseling. Studies in this area provide an understanding of individual and group approaches to assessment and evaluation in counseling practice, including the following: (i) theoretical and historical bases for assessment techniques in counseling; (ii) validity, including evidence for establishing content, construct, and empirical validity; (iii) reliability, including methods of establishing stability, internal, and equivalence reliability; (iv) appraisal methods, including environmental assessment, performance assessment, individual and group test and inventory methods, behavioral observations, and computer-managed and computer-assisted methods; (v) psychometric statistics, including types of assessment scores, measures of central tendency, indices of variability, standard errors, and correlations; (vi) age, gender, ethnicity, language, disability, and cultural factors related to the use of assessment and evaluation in counseling services; (vii) strategies for selecting, administering, interpreting and using assessment and evaluation instruments, and techniques in counseling; and (viii) ethical considerations. (i) Coursework in Research and Program Evaluation. Studies in this area provide an understanding of types of research

	methods, basic statistics, and ethical and legal consideration in research, including the following: (i) basic types of research methods to include qualitative and quantitative research designs; (ii) basic parametric and nonparametric statistics; (iii) principles, practices, and applications of needs assessment and program evaluation; (iv) uses of computers for data management and analysis; and (v) ethical and legal considerations.
Does the PLC Agency regulate Post-Licensure/Certification programs?	
Advanced Degree PLC Information	
URL to agency responsible for approving Post Education Licensure degree programs	
Does PLC Agency approval of a program for an advanced degree indicate eligibility to practice in that capacity	Yes
Agency Name and URL responsible for determining eligibility to practice	
What additional PLC Agency/State requirements must be met in order to practice in that capacity	
PLC Agency requires faculty/instructors to be licensed in the Licensing/Certification state to teach	
Does PLC Agency require Practicum/Internships/Field Work/Clinicals (PIFWC)?	Yes
PIFWC Required to be eligible for PLC	(b) Applicants who enroll in a master's program on or after July 1, 2015, graduate counseling experience shall consist of the following separate courses: (1) one or more courses in practicum totaling at least three semester hours or five quarter hours; (2) one or more courses in internship totaling at least three semester hours or five quarter hours; and (3) at least 17 hours of graduate counseling supervision as defined in Rules .0210 and .0211 of this Section. Supervised graduate counseling shall be verified by a university faculty member on forms available on the Board's website, www.ncblpc.org , and shall consist of a minimum of 300 hours of graduate counseling experience at a rate of not less than one hour of clinical supervision per 40 hours of graduate counseling experience, as defined by Rule

	.0701(2)(b) of this Chapter. At least 180 hours of this counseling experience shall be direct counseling experience as defined in Rule .0205 of this Section.
PIFWC Requirement Details	(b) Applicants who enroll in a master's program on or after July 1, 2015, graduate counseling experience shall consist of the following separate courses: (1) one or more courses in practicum totaling at least three semester hours or five quarter hours; (2) one or more courses in internship totaling at least three semester hours or five quarter hours; and (3) at least 17 hours of graduate counseling supervision as defined in Rules .0210 and .0211 of this Section. Supervised graduate counseling shall be verified by a university faculty member on forms available on the Board's website, www.ncblpc.org, and shall consist of a minimum of 300 hours of graduate counseling experience at a rate of not less than one hour of clinical supervision per 40 hours of graduate counseling experience, as defined by Rule .0701(2)(b) of this Chapter. At least 180 hours of this counseling experience shall be direct counseling experience as defined in Rule .0205 of this Section.
Does the PLC Agency or State require prior notification for PIFWC	No
Do Clinical instructors need to be licensed to supervise PIFWC?	
PIFWC hours	300 hours
PIFWC setting	Not specified
PIFWC period	Not specified
PIFWC Supervisor requirements/qualifications	Not specified
Examinations Required	Yes
1. Examination Title	National Counselor Examination (NCE) or the National Clinical Mental Health Counselor Examination (NCMHCE)
2. Examination Title	North Carolina Jurisprudence Exam
3. Examination Title	
4. Examination Title	
5. Examination Title	
6. Examination Title	
7. Examination Title	
8. Examination Title	
9. Examination Title	
10. Examination Title	

PLC Agency Requires:	
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The NSU Counseling: Clinical Mental Health Counseling (MSEd) and School Counseling (MSEd) program(s).

- Meets North Carolina Licensed Clinical Mental Health Counselor (LCMHC) PLC pre-education requirements.
- DOES NOT meet North Carolina Licensed Clinical Mental Health Counselor (LCMHC) PLC pre-education requirements.
- Additional information is needed to make determination:

North Carolina Licensed Clinical Mental Health Counselor (LCMHC) PLC pre-education requirements reviewed by Northern State University Academics .

Department Chair Review:

APPROVAL CHAIR 03/24/20

Dean Review:

APPROVAL DEAN 03/25/20

Associate VPAA Review:

APPROVAL GRAD/VPAA 03/27/20

Website disclosure pages updated.

Director, Online & Continuing Education Review