

Memorandum

March 3, 2020

From: Director of Online & Continuing Education
To: Academic Department Chair
Academic Dean
Associate VPAA

Subj: PROFESSIONAL LICENSURE/CERTIFICATION DISCLOSURE

Please review the Professional Licensure/Certification requirements for Licensed Mental Health Counselor (LMHC) in the state of New Mexico below. At the end of the document, please indicate if NSU Counseling: Clinical Mental Health Counseling (MSEd) and School Counseling (MSEd) degree/certificate program(s) meets or do not meet these pre-education requirements.

State	New Mexico
Professional Licensure/Certification Title	Licensed Mental Health Counselor
Professional Licensure/Certification Short Title/Acronym	LMHC
PLC Agency	New Mexico Counseling and Therapy Practice Board
PLC Agency Address (Address)	PO Box 25101
PLC Agency Address (Address2)	
PLC Agency Address (City), (State, Zip Code)	Santa Fe NM 87504
PLC Agency Contact Name	
PLC Agency Point of Contact Title	
PLC Agency Contact Phone	(505) 476-4622
PLC Agency Contact Email	counseling.board@state.nm.us
PLC Agency Website URL	http://www.rld.state.nm.us/boards/Counseling_and_Therapy_Practice.aspx
Link to Rules/Regulations/Statutes	http://164.64.110.134/parts/title16/16.027.0002.html
Link to Agency Regulations	http://www.rld.state.nm.us/boards/Counseling_and_Therapy_Practice_Forms_and_Applications.aspx
Parent Agency Name	New Mexico Regulation & Licensing Department
Reciprocity Agreement?	Other
Is the PLC Agency a member of a Reciprocity or Regional/National Compact	Individual application
Does the PLC Agency require educational institutions be approved in the state where the individual will apply for PLC?	No

URL for approval process information	
Accreditation required for Degree-Granting Institutions	Yes - Regional (HLC, SACS, MSCHE, etc.)
Degree Requirements to be eligible for Professional Licensure/Certification	Master Degree
The PLC Agency requires specific type of Education Hours to be eligible for PLC	Semester Credit Hours
Total Credit Hours above/Post Education Hours Required to be eligible for PLC	48 graduate hours
Specific Education Undergraduate Requirements	
Specific Education Graduate Requirements	<p>16.27.2.7 DEFINITIONS: Mental health clinical core curriculum as used in Part 4, Part 8, and Part 9 means a curriculum for training counselors that includes graduate-level coursework within 10 core curriculum areas. Course work that makes up the 48 hours to meet the statutory requirement includes - 33 clinical semester hours including 9 semester hours of practicum - The remaining course work needed to complete the 48 graduate hours is to be distributed as electives among the 10 core curriculum areas derived from program approved courses. [16.27.2.7 NMAC - N, 6-15-01; A, 7-1-04]</p> <p>16.27.2.8 MENTAL HEALTH CLINICAL CORE CURRICULUM: The core curriculum must be met using only transcribed courses dedicated to the required course area, thesis or dissertation will not be accepted, partitioning, divisioning, or sectioning of courses into various core course areas will not be accepted. The 11 core</p>

curriculum graduate areas of study include the following: Applies to applicants who hold a related-field degree.

A. Human growth and development: A minimum of 3 semester hours or 4 quarter hours of graduate coursework in studies that provide an understanding of the nature and needs of individuals at all developmental levels. Essential components include, the following:

- (1) theories of individual development and transitions across the life-span;
- (2) theories of learning and personality development;
- (3) human behavior including an understanding of developmental crises, disability, addictive behavior, psychopathology, and environmental factors as they affect both normal and abnormal behavior;
- (4) strategies for facilitating development over the life span.

B. Social and cultural foundations: A minimum of 3 semester hours or 4 quarter hours of graduate coursework in studies that provide an understanding of issues and trends with multicultural and diverse populations. Essential components include, the following:

- (1) theories of multicultural counseling;
- (2) prejudicial attitudes and behavior based on such factors as age, race, religious preference, physical disability, sexual orientation, ethnicity and culture, family patterns, gender, socioeconomic status, and intellectual ability;
- (3) individual, family, and group strategies with diverse populations.

C. Helping relationships: A minimum of 3 semester hours or 4 quarter hours of graduate coursework in studies that provide an understanding of counseling and consultation processes. Essential components include, the following:

- (1) counseling and consultation theories including both individual and systems perspectives;
- (2) counselor or consultant characteristics and behaviors that influence helping processes, including age, gender and ethnic differences, and personal characteristics;
- (3) client or consultee characteristics and behaviors that influence helping processes, including age, gender and ethnic differences, verbal and nonverbal behaviors and personal characteristics, traits, capabilities, and life circumstances.

D. Group work: A minimum of 3 semester hours or 4 quarter hours of

graduate coursework in studies that provide an understanding of group development, dynamics, counseling theories, group counseling methods and skills, and other group work approaches. Essential components include, the following: (1) theories of group dynamics including group process, developmental stages, and group members roles and behaviors; (2) group leadership styles and approaches including the various types of groups; (3) staged appropriate group counseling techniques and methods of evaluating effectiveness. E.

Career and lifestyle development: A minimum of 3 semester hours or 4 quarter hours of graduate coursework in studies that provide an understanding of career development and related life factors. Essential components include, the following: (1) career development theories and decision-making models; (2) labor market information resources, and including accessing computer-based career information systems; (3) career development program planning, organization, implementation, administration, and evaluation; (4) interrelationships among work, family, and other life roles and factors, including multicultural and gender issues as they relate to career development; (5) assessment instruments and techniques relevant to career planning and decision-making[; and].

F. Appraisal: A minimum of 3 semester hours or 4 quarter hours of graduate coursework in studies that provide an understanding of individual and group approaches to assessment and evaluation. Essential components include, the following: (1) theoretical and historical bases for assessment; (2) selection, administration and interpretation of psychological tests considering examinee characteristics such as age, gender and cultural background; (3) validity and reliability of appraisal instruments; (4) psychometric statistics, including types of assessment scores, measures of central tendency, indices of variability, standard errors, and correlation's; (5) age, gender, ethnicity, language, disability, and culture factors related to the assessment and evaluation of individuals and groups; (6) strategies for selecting, administering, interpreting

and using assessment and evaluation instruments and techniques in counseling. G.

Research methods: A minimum of 3 semester hours or 4 quarter hours of graduate coursework and studies that provide an understanding of types of research methods, basic statistics, and ethical and legal considerations in research. Essential components include, the following: (1) basic types of research methods to include qualitative and quantitative research designs; (2) uses of statistics software programs. H.

Professional orientation: A minimum of 3 semester hours 4 quarter hours of graduate coursework in studies that provide an understanding of all aspects of professional functioning including history, roles, organizational structures, ethics, standards, and credentialing. Essential components include the following: (1) history of the helping professions; (2) professional roles scope of practice, including similarities and differences with other types of professionals; (3) professional organizations, primarily the American counseling association, its divisions, branches, and affiliates, including membership benefits, activities, services to members, and current emphases; (4) ethical standards of the American counseling association and related entities, ethical and legal issues, and their applications to various professional activities; (5) professional credentialing including certification, licensure and accreditation practices and standards.

I. Specialized clinical studies: A minimum of 12 semester hours or 18 quarter hours of graduate coursework in studies that provide an understanding of all aspects of diagnosis and treatment of mental disorders. Studies in this area to include but are not limited to, the following: (1) clinical case study (2) psychodynamics and psychotherapy (3) treatment planning (4) clinical supervision (5) psychopharmacology (6) advanced testing (7) addictions (8) psychopathology (9) clinical theory and practice J. Supervised

practicum: A minimum of 9 semester or 12 quarter hours of graduate coursework in practicum and/or

	internship. The practicum and/or internship training shall focus on the provision of counseling services within a professional setting under the direction of a faculty member and/or on-site supervisor designated by the college or university.
Does the PLC Agency regulate Post-Licensure/Certification programs?	
Advanced Degree PLC Information	
URL to agency responsible for approving Post Education Licensure degree programs	
Does PLC Agency approval of a program for an advanced degree indicate eligibility to practice in that capacity	Yes
Agency Name and URL responsible for determining eligibility to practice	
What additional PLC Agency/State requirements must be met in order to practice in that capacity	
PLC Agency requires faculty/instructors to be licensed in the Licensing/Certification state to teach	
Does PLC Agency require Practicum/Internships/Field Work/Clinicals (PIFWC)?	Yes
PIFWC Required to be eligible for PLC	Supervised practicum: A minimum of 9 semester or 12 quarter hours of graduate coursework in practicum and/or internship. The practicum and/or internship training shall focus on the provision of counseling services within a professional setting under the direction of a faculty member and/or on-site supervisor designated by the college or university.
PIFWC Requirement Details	Supervised practicum: A minimum of 9 semester or 12 quarter hours of graduate coursework in practicum and/or internship. The practicum and/or internship training shall focus on the provision of counseling services within a professional setting under the direction of a faculty member and/or on-site supervisor designated by the college or university.
Does the PLC Agency or State require prior notification for PIFWC	No
Do Clinical instructors need to be licensed to supervise PIFWC?	
PIFWC hours	9 semester hours

PIFWC setting	Professional setting
PIFWC period	Not specified
PIFWC Supervisor requirements/qualifications	faculty member and/or on-site supervisor designated by the college or university.
Examinations Required	Yes
1. Examination Title	Applicants must demonstrate professional competency by passing the national counselors exam (NCE) or (NCC)
2. Examination Title	
3. Examination Title	
4. Examination Title	
5. Examination Title	
6. Examination Title	
7. Examination Title	
8. Examination Title	
9. Examination Title	
10. Examination Title	
PLC Agency Requires:	

The NSU Counseling: Clinical Mental Health Counseling (MSEd) and School Counseling (MSEd) program(s).

Meets New Mexico Licensed Mental Health Counselor (LMHC) PLC pre-education requirements.

DOES NOT meet New Mexico Licensed Mental Health Counselor (LMHC) PLC pre-education requirements.

Additional information is needed to make determination:

New Mexico Licensed Mental Health Counselor (LMHC) PLC pre-education requirements reviewed by Northern State University Academics .

Department Chair Review:

APPROVAL CHAIR 03/24/20

Dean Review:

APPROVAL DEAN 03/25/20

Associate VPAA Review:

APPROVAL GRAD/VPAA 03/26/20

Website disclosure pages updated.

Director, Online & Continuing Education Review