Memorandum

March 3, 2020

From: Director of Online & Continuing Education

To: Academic Department Chair

Academic Dean Associate VPAA

Subj: PROFESSIONAL LICENSURE/CERTIFICATION DISCLOSURE

Please review the Professional Licensure/Certification requirements for Licensed Professional Counselor (LPC) in the state of Virginia below. At the end of the document, please indicate if NSU Counseling: Clinical Mental Health Counseling (MSEd) and School Counseling (MSEd) degree/certificate program(s) meets or do not meet these pre-education requirements.

State	Virginia
Professional Licensure/Certification Title	Licensed Professional Counselor
Professional Licensure/Certification Short Title/Acronym	LPC
PLC Agency	Virginia Board of Counseling
PLC Agency Address (Address)	Perimeter Center
PLC Agency Address (Address2)	9960 Mayland Drive, Suite 300
PLC Agency Address (City), (State, Zip Code	Henrico VA 23233-1463
PLC Agency Contact Name	
PLC Agency Point of Contact Title	
PLC Agency Contact Phone	(804) 367-4610
PLC Agency Contact Email	Coun@dhp.virginia.gov
PLC Agency Website URL	https://www.dhp.virginia.gov/counseling/
Link to Rules/Regulations/Statutes	https://www.dhp.virginia.gov/counseling/counseling_laws_regs.htm
Link to Agency Regulations	https://www.dhp.virginia.gov/Forms/counseling/LPC/LPC Licensure Process Handbook.pdf
Parent Agency Name	Virginia Department of Health Professions
Reciprocity Agreement?	Other
Is the PLC Agency a member of a Reciprocity or Regional/National Compact	Individual application
Does the PLC Agency require educational institutions be approved in the state where the individual will apply for PLC?	No

URL for approval process information	
Accreditation required for Degree- Granting Institutions	Yes - Regional (HLC, SACS, MSCHE, etc.) Yes - Professional/Program Accreditation (ABA, AACSB, ACBSP, CAHME, etc.)
Degree Requirements to be eligible for Professional Licensure/Certification	Master Degree
The PLC Agency requires specific type of Education Hours to be eligible for PLC	Semester Credit Hours
Total Credit Hours above/Post Education Hours Required to be eligible for PLC	60 semester hours
Specific Education Undergraduate Requirements	
Specific Education Graduate Requirements	To become a LPC in Virginia, your degree must be either CACREP or CORE accredited or be a graduate degree from a program that prepares individuals to practice counseling, as defined in §54.1-3500 of the Code of Virginia, which is offered by a college or university accredited by a regional accrediting agency and which meets the following criteria: 1. Academic study with the expressed intent to prepare counselors; 2. Identifiable counselor training faculty (licensed LPC faculty) with an identifiable body of students; and, 3. Have clear authority and primary responsibility for the core and specialty area. Additionally, the regulations require you to complete 60 graduate semester hours or 90 graduate quarter hours that must include three (3) semester hours or four (4) quarter hours in the following 13 core content areas: Note: One course may count for one

content area only. 1. Professional counseling identity, function and ethics -This course provides a foundation in professional counselor identity and ethical practice, including the study of the history and philosophy of the counseling profession, professional counselor function and credentialing and ethical standards for practice in the counseling profession. 2. Theories of counseling & psychotherapy - This course provides an overview of the basic tenets and applications of currently preferred theories of counseling and psychotherapy including the study of humanistic, cognitive-behavioral, psychodynamic and post-modern theoretical orientations. 3. Counseling & psychotherapy techniques - This course provides a didactic and experiential overview of basic techniques used in the counseling process including establishing the counseling relationship, setting treatment goals, applying listening and interviewing skills, initiating termination and referral, and recognizing parameters and limitations of the treatment process. 4. Human growth & development -This course provides an overview of contemporary theoretical perspectives regarding the nature of developmental needs and tasks from infancy through late adulthood, the influences of development on mental health and dysfunction and the promotion of healthy development across human life span. 5. Group counseling and psychotherapy, theories and techniques - This course provides a didactic and experiential overview of group counseling process and dynamics, contemporary group counseling theories, and group counseling leadership skills including group selection, group formation, group interventions and group evaluation. 6. Career counseling and development theories and techniques - This course provides an overview of career development and counseling including study of factors influencing career development, contemporary theories of career decision-making, career assessment and group and individual career counseling techniques. 7. Appraisal, evaluation & diagnostic procedures - This course introduces students to the selection, administration; scoring and interpretation of contemporary psychological assessments used by professional counselors and includes the study of formal and information

assessment procedures, basic test statistics, test validity and reliability, and the use of test findings in the counseling process. 8. Abnormal behavior and psychopathology - This course provides students with an overview of the major categories of mental disorders including study of their etiology and progression, their prevalence and impact on individuals and society, their diagnosis according the DSM-V and the use of diagnosis in treatment planning and counseling intervention. 9. Multicultural counseling, theories and techniques -This course provides students with an overview of the diverse social and cultural contexts that influence counseling relationships (e.g., culture, race, ethnicity, age, gender, SES, sexual orientation) including the study of current issues and trends in a multicultural society, contemporary theories of multicultural counseling, the impact of oppression and privilege on individuals and groups and personal awareness of cultural assumptions and biases. 10. Research - This course provides students with an overview of the principles and processes of performing counseling research including the study of quantitative and qualitative research designs and methods, methods of statistical analysis used in research, and reading and interpreting research results. 11. Diagnosis and treatment of addictive disorders - This course provides students with an overview of addictive disorders including the study of contemporary theories of addictive behavior, pharmacological classification of addictive substances, assessment of addictive disorders and currently preferred models of addictions treatment. 12. Marriage and family systems theory - This course provides students with an overview of counseling with couples and families include the study of the rationale for family therapy intervention, the dynamics of general systems theory, the states of family life-cycle development, and contemporary theories of family therapy intervention. 13. Supervised internship of at least 600 hours to include 240 hours of face-to-face direct client contact.

Does the PLC Agency regulate Post-Licensure/Certification programs? Advanced Degree PLC Information

URL to agency responsible for	
approving Post Education Licensure	
degree programs	
Does PLC Agency approval of a	Yes
program for an advanced degree	103
indicate eligibility to practice in that	
capacity	
Agency Name and URL responsible	
for determining eligibility to practice	
What additional PLC Agency/State	
requirements must be met in order to	
practice in that capacity	
PLC Agency requires	
faculty/instructors to be licensed in the	
Licensing/Certification state to teach	
Does PLC Agency require	Yes
Practicum/Internships/Field	
Work/Clinicals (PIFWC)?	
PIFWC Required to be eligible for	The state requires individuals applying for
PLC	Professional Licensure/Certification to have
	completed Practicum/Internship/Field Work/Clinicals
	as part of the Educational Pre-Requisite requirements?
PIFWC Requirement Details	The state requires individuals applying for
The We Requirement Betans	Professional Licensure/Certification to have
	completed Practicum/Internship/Field Work/Clinicals
	as part of the Educational Pre-Requisite
	requirements?
Does the PLC Agency or State require	No
prior notification for PIFWC	
Do Clinical instructors need to be	
licensed to supervise PIFWC?	
PIFWC hours	600 hours
PIFWC setting	Not specified
PIFWC period	Not specified
PIFWC Supervisor	Not specified
requirements/qualifications	
Examinations Required	Yes
1. Examination Title	NCMHCE
2. Examination Title	
3. Examination Title	
4. Examination Title	
5. Examination Title	
6. Examination Title	
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7. Examination Title	
8. Examination Title	
9. Examination Title	
10. Examination Title	
PLC Agency Requires:	State Background Check

The NSU Counseling: Clinical Mental Health Counseling (MSEd) and School Counseling (MSEd) program(s).

□Meets	Virginia	Licensed	Professional	Counselor	(LPC)	PLC	pre-education	requirements.

□DOES NOT meet Virginia Licensed Professional Counselor (LPC) PLC pre-education requirements.

Additional information is needed to make determination:

We combined our Group and Family courses but the content of both courses is covered in one. We'd have to find out if they allow that instead of two separate courses.

Virginia Licensed Professional Counselor (LPC) PLC pre-education requirements reviewed by Northern State University Academics .

Department Chair Review:

APPROVAL CHAIR 03/24/20

Dean Review:

APPROVAL DEAN 03/25/20

Associate VPAA Review:

APPROVAL GRAD/VPAA 03/26/20

Website disclosure pages updated.

Director, Online & Continuing Education Review