

SHALINI J MATHEW, PHD

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EDUCATION

Doctorate of Philosophy, Rehabilitation Counseling and Rehabilitation Counselor Education, North Carolina Agricultural & Technical State University, May 2019. CACREP Accredited Program

GPA: 3.94

Master of Philosophy, School Counseling, Martin Luther Christian University, August 2014

GPA: 4.00

Master of Science, Health and Behavioral Science, Mahatma Gandhi University, December 2004

GPA: 4.00

Bachelor of Science, Family and Community Science, Mahatma Gandhi University, June 2002

GPA: 4.00

HIGHER EDUCATION TEACHING EXPERIENCE

Graduate Intern (Counselor Education & Supervision Internship) Department of Counseling, North Carolina Agricultural & Technical State University August 2018- May 2019

- Supervising Masters-level students in practicum and internship
(provided clinical individual & triadic supervision for school, rehab and clinical track Masters students)
- Supporting Masters-level and Doctoral students through mentorship
- Teaching the following graduate-level courses
 - **COUN 709 (Statistics and Research Method)**
 - **COUN 740 (Appraisal)**
 - **COUN 770 (Applied Research in Counseling)**
 - **COUN 784 (Practicum)**
 - **COUN 785 (Internship I)**

Graduate Assistant Department of Counseling, NC A & T State University January 2017- May 2017

- Assisting faculty in research and teaching

COUNSELING EXPERIENCE

Counselor-In-Training, Center for Behavioral Health & Wellness, NC A & T State University

CIT- Aggie Emerging Scholars Program

January 2018 – May 2018

AESP is an academic recovery program that has been designed to assist Emerging Scholars at NCAT not meeting satisfactory academic progress. The mission of the program is to help students recover from past academic difficulties, regain good academic standing, and maintain good academic progress after the completion of the program.

- Met one-on-one with students during appointments and drop-in hours to assist with academic recovery, study skill training, interpersonal wellness training, financial literacy training and career skills training.
- Instructed students on how to utilize Grades First, an online student success tool.
- Assisted the special assessment project to measure student satisfaction with AESP.

- Facilitated groups to improve the AESP.

School Counseling, Hagia Sophia Public School, India

August 2013- March 2014

- Met one-on-one with students to address concerns about academic, emotional or social problems.
- Helped students process their problems and plan goals and action.
- Helped students to improve their relationships with parents and teachers.
- Assisted students with college applications, jobs and scholarships.

Mental Health Counselor & Hospital Administrator, Santhula Trust Hospital, India

April 2009- July 2016

- Was able to set up a child clinic in the hospital which caters to the needs of children with ADHD, SLD, and CD
- Conducted two National Conferences in collaboration with Rehabilitation Council of India, on Poor Scholastic Performance-A Clinical Perspective with special reference to Remedial Training and Neurological Rehabilitation in SLD.
- Was a facilitator at the First International Conference conducted by the hospital- SUDARSANAM-Building bridges between spirituality and the science of mind.
- Actively involved in Project planning of the De addiction ward in connection with the state government scheme.
- Financial planning of the day-to day activities of the hospital.
- Recruitment and training of new employees in the administrative wing of the hospital.
- Search Committee member for selecting nursing staff

Career Counselor & Branch Head, National Institute of Fire & Safety (NIFE), India

December 2004- March 2009

- Periodic counseling sessions for students studying at the institute.
- Conducted assessments, evaluations and special tutoring for the students.
- Developed and implemented programs to encourage student participation.
- Parental counseling.
- Career guidance for final year students.
- Coordinator of the placement cell for successful students.
- Project planning and implementation

ACCREDITATION, ASSESSMENT & EVALUATION EXPERIENCE

Institutional Effectiveness Specialist, Office of the Strategic Planning and Institutional Effectiveness, NC A & T State University

August 2017- Present

- Editing and keeping track of Taskstream (TaskStream is a web-based assessment data management software that serves as a repository for planning, assessment, and continuous improvement work. TaskStream is designed to help degree programs, departments, and administrative units manage content, resources, and communication for all assessment processes. The platform provides a centralized hub for information that can be used to improve institutional planning, curriculum development, assessment processes, and student learning).
- Assisting assessment and evaluation, strategic planning, data application for decision making, and accreditation.
- Prepared and reviewed accreditation (SACSCOC) and assessment reports for several colleges.
- Provided training for Associate deans and Department Chairs in the institutional assessment process and

document management.

- Graduate/Undergraduate Transcript Analysis
- Using Qualtrics to build surveys.
- University website management using Cascade (Web content management system)
- Helped faculty with syllabi and rubric preparation.
- Reviewing self-study reports for ABET and CACREP accreditation.
- Helped in preparing a Fact-Book for the College of Education.

CERTIFICATIONS

Certified as a Life Member of Kerala Counselors Forum- Enrollment Number 918/19.

COMMUNITY SERVICE

KMM Geriatric Hospital, India

Part-time Volunteer, January 2004-July 2004

- Palliative care for terminally ill.
- Working with people who are aged and with mental illness and physical disabilities.
- Grief counseling.

Western Guilford Middle School, Greensboro, NC

- 8th Grade Parent representative in the Western Guilford Middle School (Greensboro, NC) Leadership Team.

PUBLICATIONS

- Mathew, Shalini., Khan, Amber., Gay, Yasmin., Augustine, Shirlene., Whittaker, Tyra. (2018). Case Management in Allied Health. Case Management for the Health, Human, and Vocational Rehabilitation Services Aspen Publishers.
- Mathew, Shalini., Khan, Amber. (2018). Recognizing unique challenges faced by immigrants and recommendations for providing effective counseling services. *AMCD Newsletter*.<https://multiculturalcounselingdevelopment.org/wp-content/uploads/2018/08/AMCD-Newsletter-2018-Web-revised.pdf>

RESEARCH EXPERIENCES

- Mathew, Shalini., Gay, Yasmin., & Brooks, Michael. (2018, October). *Do Counselor Education Programs in HBCU's Promote Wellness in their Students?* Round Table session presented at SACES, 2018, Myrtle Beach, SC.
- PHD dissertation- 'A phenomenological Inquiry of Counselors Perspectives Towards the Use of Complementary and Alternative Therapies for Children with Intellectual Disabilities'.
- M Phil dissertation- 'A comparative study of Coping and Perceived Social Support among Adolescents with and without Specific Learning disabilities' (2014).
- Master's dissertation- 'Emotional Maturity and Self Esteem of Adolescents with Hearing Impairments' (2004).

- Presentation on Remedial Training and Neurological Rehabilitation in Specific Learning Disabilities at the National Conference- Poor Scholastic Performance-A clinical perspective (*Continuing Medical Education Program*)
- Presentation on ‘Spiritual Dimensions in the treatment of Geriatric Depression’ at the 6th Biennial International Orthodox Psychotherapy Conference.

GRANTS

Currently part of a project which aims to promote early childhood language and literacy development for ethnically and linguistically diverse youth and families in southeast Greensboro (LLIFE Project). Working with Dr. Jeff D. Wolfgang, this grant project is designed to support responsive practices for educators and families to positively impact the language and literacy skills of children in Greensboro, particularly young boys and girls from the most vulnerable population of our community, using culturally responsive literacy instruction.

My role was in preparing the research design for this grant project.

HONORS

- Langston University ARRT (Advanced Rehabilitation Research Training) External Advisory Panel Member (2017-18)
- University First Rank holder for undergraduate and graduate program (Mahatma Gandhi University, India- 2002, 2004)
- Institutional Effectiveness Council Member (Assessment & Evaluation Advisor) at North Carolina Agricultural & Technical State University (May 2019-present)

PROFESSIONAL ASSOCIATIONS

- American Counseling Association (2016-present) AMCD & ACES (divisions)
- Association for Counselor Education and Supervision (2016-present)

